Growing Up and Growing Older: Books for Young Readers

Sandra L. McGuire Dr., Professor Emeritus, The University of Tennessee

Document Type
Creative Written Work

Publication Date
2020

Abstract
Early children's literature plays a major role in attitude formation. The attitudes children form about aging will play an important role in how successfully they age. This annotated booklist strives to promote positive attitudes about aging and counteract ageism. It is a compilation of carefully selected early children's literature (Preschool-Third Grade) that contains meaningful portrayals of older adults, promotes positive aging, and promotes aging with optimism. Books on the booklist portray aging as a natural and lifelong process of growing and developing, present similarities between young and old, show young and old enjoying each other and learning from each other, and view older adults as valuable and contributing members of society. They help prepare children to live a long-life in an aging world. They assist children to see aging as an opportunity, think in terms of "lifespan activities"—things they do now and can continue to do as an older adult, and explore the older adult they would like to be. The booklist includes a listing of the author's favorite books, over 80 topical listings (e.g., intergenerational learning, intergenerational friendships, family history, lifelong learning, exercise, work, retirement, volunteering, contemporaries, special messages, art) and a multicultural listing of books that illustrate racial, ethnic, cultural, and religious diversity. The booklist, with additional resources, can also be located at [http://library.lmunet.edu/booklist](http://library.lmunet.edu/booklist) and at the [Old School Anti-Ageism Clearinghouse](https://oldschool.info) under "Tools". Read to children! Read books from the booklist. In the words of Dr. Seuss "You're never too old, too wacky, too wild to pick up a book and read to a child.

Recommended Citation
McGuire, Sandra L. Dr., "Growing Up and Growing Older: Books for Young Readers" (2020). Faculty Publications and Other Works -- Nursing. 

---

Other workers and volunteers are rarely found, nor do many books center on themes of companionship, famous older people, older leaders, intergenerational activities, similarities between young and old, and planning for old age. Few books actually portray the real lives of older people. In general, children's literature provides few role models for aging and few elder heroes, and gives children few lessons in the art of growing old. The annotated bibliography contains 95 current titles. It also pinpoint 14 favorite books and lists 9 now out-of-print favorites. Included is a literature analysis form for promoting positive attitudes about aging with young children. (NKA). Addeddate. Read reviews from world's largest community for readers. Ranging across disciplinary boundaries, this book analyzes meta... Combining a robustly critical analysis with a broad view of interdisciplinary theories, Growing Up and Growing Old challenges the stereotypes of aging that stereotypes can play in the lives of particular groups of people. Get A Copy. Amazon. Books for Young Readers. Childhood Education, 79, 145-149. ... children will be the older adults of tomorrow. A resource that can help to educate them about aging and prepare them for the long life ahead is early children's literature (Preschool-Primary). This literature can provide children with a holistic view of aging, teach them about aging and the aging process, promote positive attitudes about aging, and promote positive aging. Selecting early children's literature for aging content, resources for finding early children's literature to promote positive aging, and examples of early children's literature to promote positive aging are presented.