LETTER 1—HULLO, OUT THERE!: A NOTE TO THE READER
2. 1 Thessalonians 5:16.

LETTER 2—I KNOW A STRANGER: A LETTER TO THE REJECTED
1. This retelling of the Leah/Rachel narrative is fictional, not intended to be exegetical. For the actual story, read the book of Genesis.
7. Romans 5:8.
10. See 1 John 4:10.

**LETTER 3—BIRD WITH A BROKEN WING: A LETTER TO THE LONG-SUFFERING**

2. Job 38:3-4, niv.
3. John 11:21-22, nRSV.
4. John 11:32, nRSV.
8. See Matthew 11:30.
9. See Psalm 3:3.
10. See Psalm 51:17.
12. Isaiah 42:3.
15. John 15:5.

**LETTER 4—PROTEIN SOUP: A LETTER TO THOSE LIVING IN CHAOS**

2. Rich Mullins, “We Are Not As Strong As We Think We Are,” Songs, copyright © 1996, Reunion Records, Inc.
4. 2 Corinthians 12:8-9, niv.
5. 2 Corinthians 12:9-10, niv.
6. 2 Corinthians 12:10, niv.
10. 2 Corinthians 4:7, kJV.
11. 2 Corinthians 3:9-11.
12. 2 Corinthians 4:16-17, NASB.
NOTES


14. 2 Corinthians 5:2-4, niv.

LETTER 5—SCARED TO DEATH: A LETTER TO THE FEARFUL


LETTER 6—THE KISS OF THE MOUNTAIN GOD: A LETTER TO THE SKEPTICAL

10. If you don't understand this reference, I hope you will go read *The Horse and His Boy* by C. S. Lewis. Trust me. It's worth your time.

**LETTER 7—THE WHISPER AT OUR BACKS: A LETTER TO THE DISILLUSIONED**

10. Revelation 2:3-5, bsb.
15. *Frederick* by Leo Lionni.
16. Because I used these memories to help combat disillusionment, I’m only including positive stories here. Negative stories offer lessons of their own, of course, but sometimes those treasures are more difficult to unpack.
NOTES

18. Variations of this theme appear throughout Scripture. For example, see Exodus 34:6, Numbers 14:18, Psalm 86:5, and Psalm 103:8.
22. Smith, Desiring the Kingdom, 54.
26. 1 Kings 19:7-8, cev.

LETTER 8—NOT ALL WHO WANDER ARE LOST: A LETTER TO THE EXPAT
2. Tolkien, Lord of the Rings, 32.
4. John 17:15.
6. Smith, Desiring the Kingdom, 33.

LETTER 9—ALL THINGS NEW: A LETTER TO THE HOMESICK


17. Thomas Ken, “Praise God, from Whom All Blessings Flow,” 1674, public domain.


20. Romans 8:24, NIV.


22. Lewis, *Voyage*, 213.

Courage, dear heart. I first experienced that phrase as a child, as I made my way through C.S. Lewis’ famed Chronicles of Narnia. The third book, The Voyage of the Dawn Treader, chronicles a seafaring journey, of both the Dawn Treader and its crew, as they sail across the ocean in search of loved ones lost. On their journey, they come to the Dark Island. Everyone is afraid and they decide to turn back, until Reepicheep, the tiny mouse with a lion’s heart, encourages them to not step back in the presence of fear but to face it. Courage, Dear Heart. Top Songs. See All. Chicago. Courage, Dear Heart. Never Dreamland. Courage, Dear Heart. Relatively Easy (A Jason Isbell Reimagining). Courage, Dear Heart. Chicago. Courage, Dear Heart. Tesseract. Courage, Dear Heart. The Veil. Courage, Dear Heart. Trust Fund. Courage, Dear Heart. Albums. The Future Was Now. Then Lucy hears a whisper in reply: “Courage, dear heart” and she knew it was Aslan whispering to her. I just love this part of the book so much because so often in my life, and probably in yours too, life seems dark and full of turmoil. How many times have we questioned where God was in the midst of our confusion, our fear, and our pain? Those that don’t know the voice of God shake their fists to the heavens and cry out “demanding a reply and a rescue! Courage Dear Heart. Charli Wall. We have all heard stories of courage & wisdom from women we admire. Stories of loss, bravery, and stepping up into the women we were born to be. My name is Charli Wall and my story is one of loss, trauma, addictions, mental health, triumph & courage. I have worked with women all over the world and the one thing that ties them all together is the raw courage & brave vulnerability I see in them.