

Liverpool John Moores University

Title: LOSS, BEREAVEMENT AND COMPLICATED GRIEF
Status: Definitive
Code: **6000CPCOMM** (106780)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Anne Smith	Y

Academic Level: FHEQ6
Credit Value: 15.00
Total Delivered Hours: 30.00
Total Learning Hours: 150
Private Study: 120

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15.000
Seminar	4.000
Tutorial	1.000
Workshop	10.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	AS1	3000 word reflective case study	100.0	

Aims

To provide a culturally sensitive approach to the understanding of loss and bereavement, taking account of normal, chronic and complicated grief.

Learning Outcomes

After completing the module the student should be able to:

- 1 Reflect on and synthesise complex information to facilitate an understanding of loss, bereavement and complicated grief
- 2 Critically analyse the beliefs and cultural practices of self and others in relation to loss, bereavement and complicated grief, articulating the values that underpin anti-oppressive working practice
- 3 Critically examine the evidence base for commonly recommended therapeutic approaches to working with loss, bereavement and complicated grief

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflection 1 2 3

Outline Syllabus

Module content will include:

- Attachment and loss theory
- Models of grief - traditional to contemporary
- Manifestations of normal, chronic and complicated grief
- Neurobiological connections to grief
- Diversity of cultural norms, beliefs and values in relation to death, dying and grief ritual
- Assessment for loss and grief

Learning Activities

This module will be delivered by lectures, seminars and workshops which focus on case study methodology. Discussion of research and research papers will inform both lectures and student seminars.

References

Course Material	Book
Author	Cutcliffe, J.R.
Publishing Year	2004
Title	The Inspiration of Hope in Bereavement Counselling
Subtitle	
Edition	
Publisher	Jessica Kingsley Publishers
ISBN	

Course Material	Book
Author	Dyregrov, K., Dyregrov, A.
Publishing Year	2008
Title	Effective grief and bereavement support:

Subtitle	the role of family, friends, colleagues, schools and support professionals
Edition	
Publisher	Jessica Kingsley Publishers
ISBN	

Course Material	Book
Author	Humphrey,G.M., Zimpfer,D.G.
Publishing Year	2008
Title	Counselling for Grief and Bereavement
Subtitle	
Edition	2nd Edition
Publisher	Los Angeles,CA; London: Sage
ISBN	

Course Material	Book
Author	Irish,P., Lundquist,K.F., Nelsen, V.J.
Publishing Year	1993
Title	Ethnic Variations in Dying, Death and Grief:
Subtitle	Diversity and Universality
Edition	
Publisher	Washington D.C.: Taylor Francis Inc.
ISBN	

Course Material	Book
Author	Klass,D., Silverman,P.R., Nickman,S.L. (eds.)
Publishing Year	2004
Title	Continuing Bonds:
Subtitle	New Understanding of Grief
Edition	
Publisher	washington D.C.: Taylor Francis Inc.
ISBN	

Course Material	Book
Author	Machin, L.
Publishing Year	2008
Title	Working with Loss and Grief
Subtitle	
Edition	
Publisher	London : Sage
ISBN	

Course Material	Book
Author	Mallon,B.
Publishing Year	2007
Title	Dying, death and grief:
Subtitle	working with adult bereavement

Edition	
Publisher	London: Sage
ISBN	

Course Material	Book
Author	Stroebe,M.S. et. al. (eds.)
Publishing Year	2001
Title	Handbook of bereavement research:
Subtitle	consequences, coping and care
Edition	
Publisher	APA
ISBN	

Course Material	Book
Author	Worden, J.W.
Publishing Year	2003
Title	Grief Counselling and Grief Therapy:
Subtitle	a handbook for the mental health practitioner
Edition	3rd Edition
Publisher	Brunner-Routledge
ISBN	

Course Material	Book
Author	Yalom, I.D.
Publishing Year	2008
Title	Staring at the sun:
Subtitle	overcoming the terror of death
Edition	
Publisher	San Francisco: Jossey-Bass
ISBN	

Course Material	Book
Author	Lucas, C.
Publishing Year	2007
Title	Silent grief:
Subtitle	living in the wake of suicide
Edition	
Publisher	Jessica Kingsley Publishers
ISBN	

Notes

During this module, students will engage in reflective learning underpinned by research informed teaching and its application to practice. Students will consider normal, chronic and complicated grief in developing a thorough and culturally sensitive understanding of loss and bereavement

Bereavement counselling, whether it be one-on-one with a private therapist or in a group setting, aims to help an individual explore his or her emotions. At the first meeting, the bereaved will likely be asked about his or her loss, about his or her relationship to the deceased, and about his or her own life now that (s)he has lost a loved one. Answering these questions often means tapping into sadness or anger, so emotional outbursts should not be censored. Crying and yelling may come naturally during bereavement counselling and certainly will not offend the counsellor. Allowing an individual to start by marking "The Inspiration of Hope in Bereavement Counselling" as "Want to Read" is a good idea.

This book brings together empirical research and theoretical thinking on hope to give practical guidance to professionals working with the bereaved. Experienced practitioner and academic John R. Cutcliffe takes into account evidence-based practice, describing not only what we know but also how to apply it. A person's sense of hope is essential to the process of bereavement counselling and nursing. This book brings together empirical research and theoretical thinking on hope to give practical guidance to professionals working with the bereaved. The inspiration of hope in bereavement counseling. *Issues in Mental Health Nursing*, Vol. 25, Issue. 2, p. 165.

Caring for bereaved people involves a wide range of interventions, from the compassionate and empathic communication of a terminal illness diagnosis through the in-depth psychiatric management of bereaved people whose grief may or may not have contributed to their illness. There is also a powerful social movement of care that has evolved, particularly in the last three decades, recognizing the needs of, and supporting, bereaved people. Associated with this has been the development of self-help organizations that have contributed to the care and counseling of the bereaved. The inspiration of hope in bereavement counseling.

While most healthcare workers would agree that hope is necessary for healthy living, the current understanding of hope and hoping is limited. Expand. Is this relevant? 2004. 2004. *The Feminist Biographical Method in Psychological Research*. Natalee Popadiuk. 2004. Corpus ID: 55362118. The feminist biographical method is an in-depth interpretive methodology that is useful for research in the field of psychology.

Expand. Is this relevant? Effective bereavement counselling support and therapy treatment for grief and loss with the Priory & the UK's leading independent provider of mental healthcare.

Bereavement and grief counselling. There are few events in life more distressing than the death of a friend or family member. Bereavement or grief relates to the period of time after we've lost people we love, and describes how we adjust to the significant amount of change that usually follows. While we may grieve after other types of loss such as the end of a relationship, retirement, losing a pet or loss of health, the intense range of emotions felt after losing a person we love often affects us most profoundly.