Women empowerment has become crucial for alleviating poverty and procuring overall growth. This is particularly true in the present scenario, where phenomenal advancements are occurring in each and every sphere. Although women constitute half of the world's population, yet they are the largest group which is excluded from the benefits of social and economic development. Empowerment of women is a gradual and complicated process. It involves changing the way of thinking of the whole society. From long time it has been stamped on the minds of the people that women are inferior to men. It is not easy to change the stubborn attitude of the people. In rural India, Women have inadequate access to education, health facilities and even the healthy diet.

Since beginning, Indian constitution has always given due consideration to the women category. The Eighth five year plan of Indian Planning claimed to provide benefits form the economic development to women equally. Ninth and Tenth Plans also emphasized on empowerment of women. Rashtriya Mahila Kosh was set up in 1993 to help the economically poor and deserving women. The status of the women has improved considerably in Indian society but even in the present situation, varied inequalities between men and women...