Sensation Seeking Among Experienced Whitewater Kayakers

Lisa Marie Ivester, University of Tennessee, Knoxville

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Major Professor
Jim Bemiller

Committee Members
Lars Dzikus, Rebecca Zakrajsek

Abstract
Whitewater kayaking is an adventure sport that has been continuously growing in popularity (Brymer, 2010). A better understanding of the risk involved could assist programmers, marketers, and decision makers in the future. This study explores sensation seeking in experienced whitewater kayakers. Demographic variables such as age, sex and skill level are studied to make conclusions about risk perception. Kayakers were recruited nation-wide via social media to participate in a survey involving sensation-seeking and demographic questions. The study consisted of 409 participants who completed the self-identifying survey. Past sensation-seeking literature pertaining to adventure sports suggests that there is a correlation between the sensation-seeking trait and risk taking. The findings of this study support the hypothesis that younger experienced kayakers score higher on the sensation-seeking scale and older experienced kayakers. Using SPSS data analysis software, it was discovered that 60.25 percent of respondents scored as high sensation seekers. Of the four subscales within the sensation-seeking scale, the thrill and adventure seeking subscale had the highest scores of 78% sensation seeking. Also, perception of ability and preference of rapid class results indicate that respondents of this study often paddle at or one class above their perceived ability level while whitewater kayaking.

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The Zuckerman Sensation-Seeking Scale-V (SSS-V) consists of 40 forced-choice questions designed to assess individual differences in optimal level of stimulation. For example, one choice might be, “I would like to learn to fly an airplane” (indicating greater sensation-seeking) versus “I would not like to learn to fly an airplane” (indicating lower sensation-seeking).
The SSS-V can be scored as a general measure of sensation-seeking by summing all items, but can also be split into four 10-item factors: (1) Thrill and Adventure Seeking (TAS; e.g., parachute jumping), (2) Experience Seeking (ES; Sensation seeking among whitewater canoe and kayak paddlers. Article. Mar 1993. The study examined sensation seeking intensity level in males involved in recreational high risk sports and investigated whether its level depends on type of sport practised. Additionally, in case of parachutists, sport experience of study participants were scrutinised with regard to its possible impact on the level of sensation seeking. The research involved 217 males aged 17 to 45, practising [Show full abstract] recreational high risk sports, namely; parachuting (n=98); wakeboarding (n=30); snowboarding (n=30); scuba diving (n=22); alpinism (n=20); paragliding (n=17). Brain responses to repeated visual experience among low and high sensation seekers: Role of boredom susceptibility. Psychiatry Research: Neuroimaging, 173, 2, 100-106. Fein, G., Di, S. V., & Finn, P. (January 01, 2010). Sensation seeking in long-term abstinent alcoholics, treatment-naïve active alcoholics, and nonalcoholic controls. Alcoholism, Clinical and Experimental Research, 34, 6, 1045-51. Cross, C. P., Copping, L. T., & Campbell, A. (January 01, 2011). See more ideas about Whitewater, Whitewater kayaking, Kayaking. Olympic Stamps are very favourite among collectors and with the upcoming Summer Olympics we bring these complete collection of Rio 2016 Olympic stamps. Us Olympics Summer Olympics Olympic Trials Summer Games Canoe And Kayak Olympic Games Summer 2016 Kayaking Athlete. Whitewater Center hosting 2016 U.S. Olympic trials. Olympic kayaker Michal Smolen is looking for gold at the 2016 Olympic games. CBS News' Meg Oliver spoke with Smolen and USA Men's Kayaking Team coach Rafał S Paddle Boarding Surfboard Kayaking Sweet Sports Sport Stand Up Paddling Kayaks Canoe Trip. High sensation seeking (HSS) means a strong tendency to seek out new, intense, or complex experiences — and even a higher willingness to take risks in order to get them. In other words, high sensation seekers are drawn to things that will give them a new feeling, sensation, or type of experience. It’s not necessarily bungee jumping and sweaty mosh pits, though. Dr. Tracy Cooper states in Thrill: The Sensation Seeking Highly Sensitive Person that around 30 percent of HSPs are also HSS. And this combination comes with a unique mix of traits that many people consider to be opposites — even though, for you, they’re natural. So how do you know if you’re one of the rare highly sensitive people who are also high sensation seeking?