
This book documents an exploratory trip to the Jugal Himal made by three female mountaineers in 1955. These women spent two months in a previously unexplored mountain range in Nepal just two years after Sir Edmund Hillary's first ascent of Mount Everest. It is a real gift to us all that Seal Press reprinted the book in 2000, for it is a delightful read, and a strong lesson in humility. These women achieved something in 1955, with little fanfare, that any of us would be proud to achieve today.

I love this book almost as much for what it is not as for what it is. This is not the story of hip and trendy media darlings bagging peaks and living on adrenalin. It...
repeat their journey. flag Like · see review. Sep 28, 2010 Ellen rated it really liked it. Shelves: outdoor-adventure. Humorous British
understatements at their best and an interesting look at the 1955 all-woman expedition. flag Like · see review. Feb 07, 2016 Anyrock
rated it did not like it. This article was first penned 7 years ago, when Medium didn't exist. Surprisingly, the lessons I learnt during the
expedition, still hold true. The mountains are still the same and so are the mountaineers — both waiting to feel each other. Here's a
recolletion of the remarkable time I had as a part of my trekking expedition in the Great Himalayas. As soon as I reached the base
camp, I came to know that we were 66 in all, called ‘SP32’. Gradually I realized how during the whole trek this new name would become
a whole new identity for me. From one camp to another, wherever we went, we were refe Himalayan Spirit Adventure Trek &
Expeditions organizes one day Kathmandu Day Tour throughout the year. It is the perfect package for adventure lovers who are on tight
schedule. Kathmandu, the capital city of Nepal is the vibrant city where medieval cultures and values go hand in hand with modern way
of living. Read more. Open Now. Annapurna has been listed as one of most excellent trekking routes in the world and it seems as no
shock that the trekking route pull towards you a huge number of tourists, domestic and international, every year. The towering
mountains, the high hills and the great landscape it presents, drag many trekkers to this perfect region of natural loveliness.