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Growing Up and Growing Older: Books for Young Readers

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Abstract

Early children's literature plays a major role in attitude formation. The attitudes children form about aging will play an important role in how successfully they age. This annotated booklist strives to promote positive attitudes about aging and counteract ageism. It is a compilation of carefully selected early children's literature (Preschool-Third Grade) that contains meaningful portrayals of older adults, promotes positive aging, and promotes aging with optimism. Books on the booklist portray aging as a natural and lifelong process of growing and developing, present similarities between young and old, show young and old enjoying each other and learning from each other, and view older adults as valuable and contributing members of society. They help prepare children to live a long life in an aging world. They assist children to see aging as an opportunity, think in terms of "lifespan activities"--things they do now and can continue to do as an older adult, and explore the older adult they would like to be. The booklist includes a listing of the author's favorite books, over 80 topical listings (e.g., intergenerational learning, intergenerational friendships, family history, lifelong learning, exercise, work, retirement, volunteering, centenarians, special messages, music, art) and a multicultural listing of books that illustrate racial, ethnic, cultural, and religious diversity. The booklist, with additional resources, can also be located at <http://library.lmunet.edu/booklist> and at the Old School Anti-Ageism Clearinghouse <https://oldschool.info> under "Tools". Read to children! Read books from the booklist. In the words of Dr. Seuss "You're never too old, too wacky, too wild to pick up a book and read to a child."

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Today's children will be the older adults of tomorrow. A resource that can help to educate the about aging and prepare them for the long life ahead is early children's literature. This literature can provide children with a holistic view of aging, teach them about aging and the aging process, promote positive attitudes about aging, and promote positive aging. Selecting children's literature for aging content, resources for finding early children's literature to promote positive aging, and examples of early children's literature to promote positive aging are presented. ... An annotated bibliography of books for PS-3 that have positive portrayals of aging and promote positive aging. Can be viewed and downloaded at <http://library.lmunet.edu/booklist>. ... Read more. Selected for the bibliography were books that portray aging as a natural and lifelong process of growing and developing, present similarities between young and old, show young and old enjoying each other and learning from each other, and view older adults as valuable and contributing members of society. The annotated bibliography contains 95 current titles. It also pinpoints 14 favorite books and lists 9 now out-of-print favorites. Includes a literature analysis form for promoting positive attitudes about aging with young children. (NKA). Addeddate. Older workers and volunteers are rarely found, nor do many books center on themes of companionship, famous older people, older leaders, intergenerational activities, similarities between young and old, lifespan activities, and planning for old age. Few books actually portray the real lives of older people. In general, children's literature provides few role models for aging and few elder heroes, and gives children little to look forward to in relation to growing old. Selecting Children's Literature for Content on Aging. Reading is a process of constructing meaning (Tompkins, 2001). Books for Young Readers. *Childhood Education*, 79, 145-149. <http://dx.doi.org/10.1080/00094056.2003.10522214>. has been cited by the following article Today's children will be the older adults of tomorrow. A resource that can help to educate them about aging and prepare them for the long life ahead is early children's literature (Preschool-Primary). This literature can provide children with a holistic view of aging, teach them about aging and the aging process, promote positive attitudes about aging, and promote positive aging. Selecting early children's literature for aging content, resources for finding early children's literature to promote positive aging, and examples of early children's literature to promote positive aging are presented "I shall grow old, and horrible, and dreadful," he complains. "But this picture will remain always young.... If it were only the other way! If it were I who was to be always young, and the picture that was to grow old!" He gets his wish, and ho boy, learns to regret it. 2. Everything about this memoir—which is about the annoyances of growing old and being able to do less than you have grown accustomed—is funnier than you might expect from the subject. Yes, it's about getting sick and losing control and requiring the care of others. But it approaches this inevitable part of life with tremendous humor. And for more amazing reads, stock up on the 40 Books Every Woman Over 40 Should Have on Her Bookshelf. 19. The Catcher in the Rye by JD Salinger.