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HYGIEA, WELL-BEING AND BELONGING by Hilary Bond PhD.

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INTRODUCTION

BELONGING

Soft mud, so rich;
Bullrushes growing;
Reaching for the sky.
We are many,
Not one.
We are a tribe,
A family.

We are together,
My loved ones and I,
For we are not just “I”,

“I” and “I” are really “We.”
We belong.
We belong to each other.

Belonging,
Nurturing,
Not clinging,
Not smothering,
Not throttling.
Just loving.
Group roots.
Common roots.
Self-perpetuating.
Belong to the whole

All of you who follow me know that I am writing a book on Hygiea the astrological goddess of health, hygiene, sanitation and wellbeing. This article adds to the concepts of well-being that is the core of Hygiea’s archetype. While certainly a part of well-being, happiness alone doesn’t give life meaning. Positive psychologist Martin Seligman asks us, “What is it that enables you to cultivate your talents, to build deep, lasting relationships with others, to feel pleasure, and to contribute meaningfully to the world? In a word, what is it that allows you to flourish? ”

Well-being" takes the stage front and centre, and happiness or positive emotion, becomes one of the five pillars of Dr Seligman's Master's Degree in Positive Psychology (rather than labelling people with a derogatory mental illness name), along with engagement, relationships, meaning, and accomplishment the permanent building blocks for a life of profound fulfillment that enable us to belong anywhere and everywhere.

Where do you belong?

Who are the people who make you feel good?

Where are the places you feel good?

Does your sense of flourishing or well-being, help you feel you belong anywhere?

Does a certain sound help you feel you belong somewhere?

Does a certain colour or colours help you feel you belong somewhere?

This is all contributes to a sense of well-being.

Well-being refers to various and interconnected elements of physical, mental, and social health that extend beyond the traditional definition of health. Well-being is holistic health. It includes choices and activities aimed at achieving physical vitality, mental alacrity, social satisfaction, a sense of accomplishment, and personal fulfillment.

LOOKING AT WELL-BEING AS AN ASTROLOGICAL CONCEPT

As a child I grew up in an isolated place, in the outback of Australia. Occasionally my family would drive nearly 100 miles into town. This was a splendid occasion where I could visit a park and play with some children. It was fun, a lot of fun. From 1998 to 2004 I lived on and off on a geographically isolated island in the north of Australia. It was a tribal Aboriginal community. After thirty years I met those children I played with in the park again. My grandparents had died and my father had died. My partner and I had separated. But on this island my sense of loss had lessened greatly and I felt like I belonged again. I was safe, secure, loved and I had many friends there. At the time I arrived at this island my South Node was in my 4th house, my Venus and Mercury were up on the midheaven, my Hygiea was on the descendent. My Mars was in my 11th house. I felt good. There was also another link, well two links and I did not know them then. With my Moon in the 8th house I felt I had known these people before. But my children did not feel they belonged there. They missed the city. They did not like the culture. They had no sense of well-being there. Finally, we left because it was vital that my children returned to a place where they did belong.

Consequently, for me, belonging is a feeling, an emotion. It is watery. Belonging belongs to the Moon and the water houses. Astro-cartography may be able to pinpoint your belonging to a place, certainly your ascendant can. Even though the concept of belonging is a lunar one: Cancerian-4th house and strongly Moon-type people need to belong, all children need to feel that their world is a safe place where people will care about them, where their needs for support, respect and friendship will be met, and where they will be able to get help to work out any problems. When these needs are met children develop a sense of belonging. A sense of belonging has been found to help protect children against mental health problems and improve their learning. Children who feel that they belong are happier, more relaxed and have fewer behavioural problems than others. They are also more motivated and more successful learners. You can help your child be being attached to them as they mature.

Many people who have a strong sense of inner confidence and a strong inner child have a sense of belonging. And to many people belonging means acceptance as a member of something: a family, a club, a cohort, a social network, a church, a country, a group of friends, a profession. To Abraham Maslow, psychologist a sense of belonging is a human need, just like the need for food and shelter. But a sense that you belong is most important in seeing value in life and in coping with intensely painful emotions. You may feel a connection to one or two friends, siblings, co-workers or even pets. Some perceive they are connected to all people the world over, to humanity. If we have Indigenous ancestry then we are connected to all our ancestors, the land, the trees, the skies and waterways and of course the spirits of the trees, plants, skies, water and land. For some people life is part of a struggle to find a sense of belonging and their loneliness is physically painful for them.

Thus, we may ask, is Hygiea connected to the old lunar goddesses if she is a watery goddess? Of course, the Moon is watery. The Moon is linked to tides in the ocean and menstrual cycles in females. Certainly, hygiene is a need for washing, for cleansing. We can only be healthy if our body is free from bacteria and parasites and unless we live hygienically good health, vitality and well-being are simply not possible. Hygiea came to prominence because her temples were out in the countryside when a killer plague struck Athens in 430 BC. The Greek people felt abandoned by their major gods and Hygiea and her father came to prominence because they used holistic healing out in the countryside and people were cured. Thus, Hygiea is a goddess of springs, mineral spas, rivers and even the ocean around her temple's points to her need for water.

PSYCHOLOGICAL WELL-BEING

Dr. Tom Lynch, a psychologist spent over 20 years developing Radically Open DBT (RO DBT), an evidenced-based treatment for individuals with overcontrolled personality styles. These people isolate themselves. RO DBT therapists work to reduce suffering by developing skills needed to move toward psychological health. Instead of looking for what's wrong, the RO DBT therapist considers what's healthy for all of us. In RO DBT, psychological wellbeing is a guide for treatment interventions. Lynch notes that an overcontrolled coping style would include being detail-focused, restrained, perfectionistic, cautious, disciplined, structured, conscientious, reserved, overly planful, and overly dutiful. These characteristics are helpful ones in

many ways, but their behaviour may mask their emotional pain. Overcontrolled clients are more likely to benefit from an intervention that teaches them how to actively seek wellbeing. For wellbeing to be the guide for treatment, it's important to define the concept. Psychological health is theorized in RO DBT to have three core transacting features:

1. Receptivity and openness to new experience and disconfirming feedback in order to learn
2. Flexible-control in order to adapt to changing environmental conditions
3. Intimacy and connectedness with at least one other person.

BELONGING AND SOCIAL SIGNALING

To induce connectedness, he works on social signalling. Social signalling means belongingness or being part of a tribe, a family or any group where we feel safe. As a species human engage in coordinated group activities with non-kin and comply without resistance to requests from complete strangers. When disaster strikes, research shows that most humans are calm, orderly, and work together to help others. During times of extreme crisis, we forget about our individual differences, backgrounds, and beliefs and unite together for a common cause. But we are essentially a socially-anxious species. Blank expressions or frowning are often interpreted as disapproving. So, we are constantly scanning the facial expressions and vocalizations of other people for signs of disapproval and are biologically predisposed to construe the intentions of others as disapproving,

Anthropologically and sociologically we haven't moved on emotionally since our early ancestors had to detect a 'true' disapproval signal when tribal banishment was a norm and then banishment or not belonging meant a death sentence from starvation or enemy predators.

When we observe Radical Openness therapy, we find that Radical Openness Dialectical Behaviour Therapy treatment involves both individual treatment sessions and skills training classes, and centres around five themes that can be linked to 8th house problems:

1. inhibited and disingenuous emotional expression;
2. hyper-detailed focused and overly cautious behaviour;
3. rigid and rule-governed behaviour;
4. aloof and distant style of relating;
5. and high social comparison, envy/bitterness and reduced empathy.

Ever since the publication of Charles Darwin's seminal *The Expression of the Emotions in Man and Animals* (1872), a number of theorists and researchers have argued that our emotions evolved for the purpose of communication. RO DBT links neuroregulatory theory and the communicative functions of emotional expression to the formation of close social bonds, and introduces a unique thesis regarding the mechanism by which overcontrolled behaviour leads to psychological distress. What is overcontrolled behaviour. From an obvious observation it clearly comes from a childhood that was not safe and from a shamanic-past life point of view it indicates past lives that still need healing. Overcontrolled behaviour indicates that biological-temperament-based threat sensitivity, combined with overlearned tendencies to mask inner feelings, are hypothesized (by a socially distressed person) to engender social ostracism and loneliness, thus exacerbating psychological distress. Bio-temperament refers to genetic and biological ancestors who originated these behaviours of suspicious, watchful emotional perception and regulation.

Radical Openness is a way of behaving, but it is also a state of mind informed by the central premise that emotional well-being involves the confluence of the above three features:

- openness,
- flexibility,
- and social connectedness.

As a state of mind, Radical Openness involves actively seeking our wellbeing through our personal unknown in order to learn from an ever-changing environment. Radical Openness also enhances relationships because it models humility and the willingness to learn from what the world has to offer.

THE ASTROLOGY OF BELONGING

The word "belonging" can be ambiguous and means different things to different people, depending on their outlook on life, social status and history. Here are some of the different perspectives.

1. Belonging is knowing who you are, through trials and struggles, that you will be familiar with yourself and can understand the reasons for your uniqueness. Here we see the egotism of Sun and Mars.
2. Belonging is not only about being accepted into a circle, but earning that place. Not just a member, but a leader. Here we hear the 11th and 5th house.
3. To belong, you must first know what you want. Here we sense the 2nd house. What are our resources. Are we confident?
4. It is possible to belong in an environment in which you are rejected because belonging is about how you see the environment, not how the environment sees you.

What is the environment here?

Is it your family who point to the 4th house?

Is it your work place?

If it is your work place then this is the 6th house and if the environment is your siblings then the environment is the 3th house.

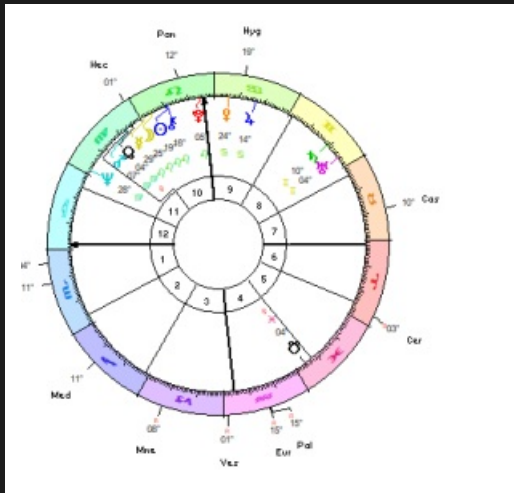
Is the environment your social standing? If so, this is your 10th house.

Is it your church or place of worship? Then this is your 9th house.

But again, we return to the basic focus: does one feel that without belonging, one cannot identify themselves as clearly, thus having difficulties communicating with and relating to their surroundings. Certainly, according to attachment theory if our childhood has been insecure and our parents or caregivers did not give us the love all children needed then an insecure child will turn into an adult with a wounded insecure child within them, regardless of the way they present to the world.

5. So is being true to yourself and is being who you want the perfect definition of belonging? Certainly not if we isolate ourselves and are insecure.

THE PSYCHOLOGIST WHO WROTE "FLOURISH" and who helps people belong to themselves.

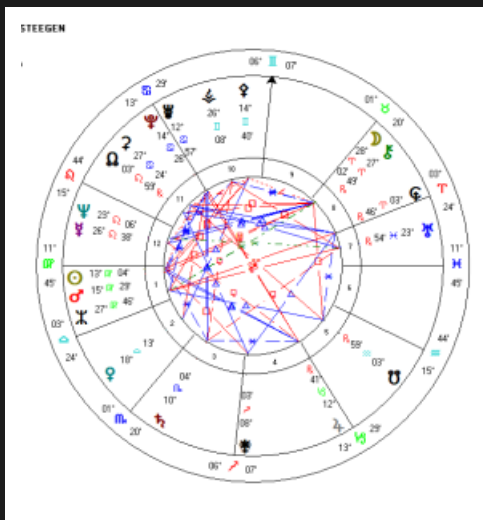


I found a number of books by lovable, positive Dr Martin Segilman whose Positive Psychology strengthens people's holistic health and gives them a sense of inner belonging. Martin Segilman has his Hygiea, the asteroid of well-being, midpoint between Venus 24 degrees and Jupiter 14 degrees all in Cancer; motherly, caring Cancer, the sign of belonging and soft cuddly blankets where you can wrap yourself up on cold nights and feel snuggly, safe and warm. The asteroid goddess Hygeia activates the Venus- Jupiter midpoint and bestows enthusiastic appreciation, a generous display of feeling and encouragement and support of loved one's clients and students. In his writing and lecturing to his psychology student's Dr Segilman assists others to access the universal love which is readily abundant. He conveys the information that well- being is to be found in all areas of life, and his books and psychological theories have a transformative and enriching effect on all people and their beliefs, emotions and relationships. Does this convey belonging? Yes. We all have an environment where we believe we belong, but what is most important is the feeling of belonging in our own body.

We all belong in our own etheric body. The etheric body can be characterised as the life force also present in the plant kingdom. It preserves the physical body's form until death. Then it disconnects from the physical body and the physical returns to natural disintegration.

One of his books is "Flourish: A Visionary New Understanding of Happiness and Well-Being." Dr Seligman had already written Learned Optimism and Authentic Happiness, an optimistic guidebook on finding and securing individual happiness. The positive psychologist writes his book, Flourish, with his dynamic new concept of what well-being really is. Traditionally, the goal of psychology has been to diagnose and relieve human suffering, but the goal of the Positive Psychology movement, which Dr. Seligman has led for fifteen years, is about encouraging people to flourish and grown naturally. Flourish builds on Dr. Seligman's game-changing work on optimism, motivation, and character to show how to get the most out of life, for individuals, for communities, and for nations. Seligman now asks, "What is it that enables you to cultivate your talents, to build deep, lasting relationships with others, to feel pleasure, and to contribute meaningfully to the world? In a word, what is it that allows you to flourish? "Well-being" takes the stage front and center, and Happiness (or Positive Emotion) becomes one of the five pillars of Positive Psychology, along with engagement, relationships, meaning, and accomplishment, the permanent building blocks for a life of profound fulfillment.

So here we look at Hygeia in Cancer where we look at the emotionally sensitive male, the male who gains well-being and seeks well-being for his tribe by being emotionally sensitive, but at the same time, actualising a practical sense of how to liberate oneself from negative and toxic emotions. And this is what Dr Segilman specialises in when he writes "Flourish" and "Learned optimism and Authentic Happiness."



She was 14 when she joined the Dutch resistance, though with her long, dark hair in braids she looked at least two years younger. When she rode her bicycle down the streets of Haarlem in North Holland, firearms hidden in a basket, Nazi officials rarely stopped to question her. When she walked through the woods, serving as a lookout or seductively leading her SS target to a secluded place, there was little indication that she carried a handgun and was preparing an execution. The Dutch resistance was widely believed to be a man's effort in a man's war.

Yet Freddie Oversteegen and her sister Truus, two years her senior, were rare exceptions, a pair of teenage women who took up arms against Nazi occupiers and Dutch "traitors" on the outskirts of Amsterdam. With Hannie Schaft, a onetime law student with fiery red hair, they sabotaged bridges and rail lines with dynamite, shot Nazis while riding their bikes, and donned disguises to smuggle Jewish children across the country and sometimes out of concentration camps. In perhaps their most daring act, they seduced their targets in taverns or bars, asked if they wanted to "go for a stroll" in the forest and "liquidated" them, as Ms Oversteegen put it, with a pull of the trigger. "We had to do it," she told one interviewer. "It was a necessary evil, killing those who betrayed the good people."

It was, she said, a source of pride and of pain, a five-year experience that she never regretted, but that came to haunt her in peacetime. Late at night, unable to fall asleep, she sometimes recalled the words of an old battle song that served as an anthem for her and her sister: "We have carried the best to their graves, torn and fired at, beaten till the blood ran, surrounded by the executioners on the scaffold and jail, but the raging of the enemy doesn't frighten us."

Her parents divorced when she was a child, and Freddie and Truus were raised primarily by their mother, a communist who instilled a sense of social responsibility in the young girls; she eventually remarried and had a son. In interviews with anthropologist Ellis Jonker, collected in the 2014 book "Under Fire: Women and World War II," Freddie Oversteegen recalled that their mother encouraged them to make dolls for children suffering in the Spanish Civil War, and beginning in the early 1930s volunteered with International Red Aid, a kind of communist Red Cross for political prisoners around the world. Although living in poverty, sleeping on makeshift mattresses stuffed with straw, the family harboured refugees from Germany and Amsterdam, including a Jewish couple and a mother and son who lived in their attic. After German forces invaded the Netherlands in May 1940, the couples were moved to another location; Jewish community leaders feared a potential raid, because of the family's well-known political leanings. "They were all deported and murdered," Ms Oversteegen told Jonker. "We never heard from them again. It still moves me dreadfully, whenever I talk about it." Ms Oversteegen and her sister began their resistance careers by distributing pamphlets ("The Netherlands have to be free!") and hanging anti-Nazi posters ("For every Dutchman working in Germany, a German man will go to the front!"). Their efforts apparently attracted the attention of Frans van der Wiel, commander of the underground Haarlem Council of Resistance, who invited them to join his team with their mother's permission. "Only later did he tell us what we'd actually have to do: sabotage bridges and railway lines," Truus Oversteegen said, according to Jonker. "We told him we'd like to do that. 'And learn to shoot, to shoot Nazis,' he added. I remember my sister saying, 'Well, that's something I've never done before!'"

I have described this courageous woman enough for you to guess that Freddie Oversteegen had a very strong Mars, probably a strong Pluto and a powerful Saturn. I have her birth to 6 am so she would have an Aries Moon and a Sun conjunct Mars in her first house which means she is incredibly brave, mechanically minded and strong willed. And like many Moon in Aries people I know she likes guns. She also has Pluto at 14 degrees conjunct Hygeia in Cancer at 13 degrees which gives her a ruthless sense of belongingness to her country and people. Freddie's sun and Mars are exactly sextile her Hygeia conjunct Pluto so she has no doubt been a fighter with a strong sense of internal power and security many times in past lives. Her Saturn too has connections to Pluto as it is in Scorpio and is sextile her Sun-Mars. So, she has an iron will and is incredibly organised. Her South Node in Aquarius also means that she is dedicated to her community and has a joy in belonging to her

country and community. But what does Pluto conjunct in Hygeia Cancer really mean? There is no doubt Freddie's life path to well-being is to care for her fellow country men and her tribe and family, for she belongs to them and they belong to her. Her emotions are constellated around her family, her society and community and friends (Hygeia in the 11th) and her childhood experiences where her mother taught her to be a communist. The formative experiences that bought her well-being (Pluto in Cancer conjunct Hygeia) were an upbringing where she was part of the International Red Cross and she protected and helped Jewish, Lithuanian and German people escape from German Nazis. This gave her emotional security. Attachment to parents, family and her work were health-giving and nurturing relationships for her soul.

This is a hard position because with Pluto and Hygeia in the 11th house there is a need to develop a unique sense of identity, which is free from the externally imposed familial bonds where she belonged to a tribe that gives her security. It seems that putting Hygeia-Pluto in Cancer as a generational situation combines here with an Aquarian-11th house archetype where she sought to find a meaningful role in a social group where she could act in an unconventional manner to find well-being.

BELONGINGNESS SUMMARY IN RELATION TO HYGEDIA

In traditional astrology planets belong and feel comfortable in certain signs and houses. Uranus is at home in the 11th house and Aquarius. Venus is at home in Libra and Taurus and in the 7th house and 2nd house. Mars is at home in the first house and Aries. The Sun is at home in the fifth house and Leo.

So, can we find the home and exaltation of Hygeia and where she belongs by nature? Yes, Hygeia is a healing goddess and a goddess of hygiene and sanitation so she belongs naturally in Virgo and the 6th house. Does that mean she is not at home or fallen in the 12th house and with Neptune and Pisces? No, because Hygeia used dreams for healing. She is a holistic healer and she is just as concerned about healing the mental and emotional body and the shadow as she is with the physical body.

Hygeia's temples are in the country, in nature and so she is exalted in Taurus, in Venus and in the 2nd house. Does that mean she does not belong in the 8th house, in Scorpio and with Pluto? No. Hygeia is a natural psychologist and she is attracted by ritual, the occult, surgery, and she is attracted by helping herself and others understand the layers of herself and others; the unconscious layers, the past lives, the shadows and they are all healable.

Hygeia is at home with and in the 7th house, Libra and Venus because she works with Asclepius who may be her father or husband. She helps people understand and recover from co-dependency and how relationship patterns work and she helps us holistically find prior life relationship patterns. Does that mean that Hygeia is uncomfortable in the first house, with Mars and in Aries? No, Hygeia works with energy and vitality. She works with holistic health to help us find ourself.

Hygeia works with her siblings. Hygeia as well as her four sisters each performed a facet of Apollo's art: Hygeia ("Hygiene" the goddess/personification of health, cleanliness, and sanitation); Panacea (the goddess of Universal remedy); Iaso (the goddess of recuperation from illness); Aceso (the goddess of the healing process); and Aglaia (the goddess of beauty, splendour, glory, magnificence, and adornment). Sometimes Hygeia is accompanied by Telesphorus, the dwarf with a cowl on his head, who is a symbol of the recovery. According to some myths he was the brother of Hygeia and a deity in Thrace. Her brothers, the physicians Machaon and Podalirius, were mentioned by Homer in the Iliad. Both Machaon and Podalirius were highly valued surgeons and medics. He was also supposed to possess herbs which were bestowed to his father Asclepius by Chiron, the centaur. Both brothers led the Thessalians against Troy. Does it mean that Hygeia is not comfortable in the 9th house? Of course not. As holistic healers Asclepius and his daughter Hygeia healed in concert with the gods and part of their ritual was to analyse and work with the dreams that their patients had. Belief was a strong part of their healing. Hygeia was at home in the fifth house as she worked with music, theatre, love and fun and she worked with the community, taking in patients for free. Consequently, Hygeia belongs with all the astrological archetypes. Oh dear. I missed the 4th and tenth house; her roots and social standing; her mother and father. Well, I assure you she belongs there too.

In case you wondered the Nosoi were the personified spirits (or daimones) of plague, sickness and disease. They were numbered amongst the evil spirits which escaped from Pandora's jar. The Keres were also sometimes portrayed as personifications of deadly disease. In most Homeric literature, however, the arrows of Apollo and Artemis were the bringers of plague and sickness rather than bands of daimones. The Roman counterparts of the Nosoi were Morbus, Lues, Pestis, Tabes and Macies.

This year I added another branch of astrology to my repertoire. I added Evolutionary Astrology. I have my South Node in Cancer square my Moon and quincunx my Venus and I always wanted to belong to my whole family. However, we all know what quincunxes do. This year I gave up caring. I have friends who I call family. I have an audience I write my StarCounsel articles for. I have my own children and grandchildren. I have a forest of trees, a do and a garden. I belong. Today I also found another solution on Facebook. Today I found a post that my dear friend Lindsay McKenna had posted. It was written by Bert Hellinger. It said, "The So-called 'Black Sheep' of the family are, in fact, seekers of liberation roads for the family tree. Those members of the tree who do not adapt to the rules or traditions of the family system, those who were constantly seeking to revolutionize beliefs, going in contrast to roads marked by family traditions, those criticized, tried and even rejected, those, in general, they are called to release the tree of repetitive stories that frustrate entire generations. The 'Black Sheep', the

“Scapegoat”, those who do not adapt, those who scream rebel, repair, detoxify and create a new and blooming branch of countless unfulfilled desires, unfulfilled dreams, frustrated talents of our ancestors manifest themselves in their rebellion looking to take place. The family tree, by inertia, will want to continue to maintain the castrating and toxic course of its trunk, which makes its task difficult and conflicting. However, take care of your ‘rarity’ as the most precious flower of your own tree. You are the dream of all your ancestors.”

Some people will never like you because your spirit pushes their buttons, but we all belong, somewhere, with someone, some forest, some country, some beach, some garden, some tree and most of all, to your own soul.

May love follow you wherever you go and whatever you do.


May every sunrise bring you hope.

May every sunset bring you tranquillity.

Many bright blessings for you in 2019, from,
Hilary.

And P.S. If you would like to contribute to my Hygeia book, just message me and I will answer.

TRANSITING PLUTO SYMBOLISM by Hilary Bond PhD

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INTRODUCTION

The outer planets of our solar system: Jupiter, Saturn, Neptune, Uranus, and Pluto move very slowly, particularly Neptune, Uranus and Pluto; changing signs every year or even longer; every one to fifteen years. As a result, these outer planets shape the larger developments in your life such as the initiations of school, puberty, marriage, college, university, career, divorce, accidents, births of children, parental deaths, mid- life crises, successes, publication of one’s books and retirement. Neptune, Uranus and Pluto orbit the Sun so gradually that they may affect generational fashions (clothes, music, films), wars and trends.

Pluto represents a highly transformative, intense energy. It is associated with renewal and rebirth, as well as spiritual growth. In your chart Pluto shows areas of life where you will face the intense powers of creation and destruction. It is the phoenix of planets whereby the explosive compartments of primitive power that lie within our unexplored ancestral seeds and unconscious mind launch forth and destroy old habits, emotions, thoughts and behaviours to generate a new transformed person. We can accept and welcome this transformation or we can resist it and face the consequences which can be dire and depressing. One cannot avoid the astrological fact that Pluto means change, not fast, traumatizing, electrifying, revolutionary Uranian change, but slow and evolutionary or devolutionary transformation. Pluto’s change is consciousness changing and can bring awareness if one has an open loving heart and a soul that seeks higher awareness. A Pluto transit can also mean death. Many of us have had a father or mother who died on a Pluto transit and many of us have become very ill in the process of a Pluto transit. If you are a Plutonian person natively the onset of transiting Pluto aspecting your natal luminaries or angles or even your inner planets may not be dynamic, but if you are not Pluto can shake your foundations. What do I mean by a “Plutonic person.” I am one. My sun’s ruler is in Scorpio. My ascendant’s ruler is in the 8th house and my Moon is in the 8th house. My Pluto is the apex of one of my yod’s. My Sun, Neptune, Chiron and Mars all aspect my Pluto. My sun is the ruler of the house my Pluto inhabits. I am a Plutonic person.

If we are vigilant, we will be on the lookout for Plutonic symbols that alert us to the fact that change is waiting for us. Plant, rock, animal, bird, insect and amphibian symbols are there for us to read and our soul guides will point them out.

Pluto has many specific symbols:

- The Helmet of Invisibility (Cap of Invisibility)- Given to Pluto by Cyclopes for battle against the Titans
- Pomegranate- Fruit of the Underworld
- Mint- One of his lost lovers
- Black Sheep- They’re black and dark
- Key and Scepter- To show he protects the Underworld greatly and makes sure that the Dead stays down there and doesn’t escape.
- Staff- He used it to bring unwilling spirits down to the deeper parts of the Underworld
- Black stallions

- Black pigs
- The Phoenix
- The medial woman (Persephone, Pluto's Queen)

But there are other symbols of transformation and primal energy. Today my article concerns some Pluto symbols that you might not normally see on a Pluto transit.

I did give my son a large earthen pot of mint which I had lovingly grown for Christmas. I did see a bush full of pomegranates in the last three days and I did see some Suffolk black sheep on my travels in the last week. But as for a helmet of invisibility and scepter, I don't have them in my spare room or garden shed. I did, however, watch Lord of the Rings and The Hobbit in the last few days and Gandalf has a staff. That was unusual because I don't normally watch television. And I did see a phoenix in my meditation.

However, in a period of three days over Christmas 2018, I saw, in real life and meditation three symbols; an amphibious green frog (a water and earth creature) sitting on the front seat of my car, a pair of nesting curlews (air and earth creatures) nesting among logs in my back garden and a flamingo (an air and water creature) in my meditation. I saw the frog with my son so it was a symbol for both of us, but the flamingo and curlews I saw alone. These are unusual symbols that one may associate with transformation and this is why I am calling attention to them.

THE FIRST SYMBOL



I stayed with my son and his family for a week over the 2018 Christmas season. I drove up to a northern city where they lived. It was a six-hour drive flat out: eight hours if one was sensible and took breaks. The night before I left to come home, I was packing up my car just as the sun was setting. There were a couple of things I had to move on my passenger front seat. It had been quite hot that day and the car was warm. I looked down and there was a large green frog nearly the size of my hand. Quite illogically, I yelled out to my son who was sitting nearby, "Did you put this green frog in my car?" My son is a Capricorn sun with a Capricorn ascendant the same degree as my Capricorn sun. He never plays tricks. I picked up the frog and put him under a tree and in some thick wet grass. He was quite dehydrated. My son bought a large clean baking dish with a half an inch of water in it and put the frog him in it to hydrate him.

When I had packed the car, we looked up "green frog symbolism" on the internet. I am an experienced shamanic healer, but I like to see the ideas that other healers have. This is what my son and I found.

Frog is the timeless symbol for prosperity. Green is the colour of bountiful nature and the colour of money (in the USA). Green frogs symbolize spiritual cleansing because it is an amphibious creature that has its childhood in water and it cleanses the blocks in people so abundance and fertility is free to enter. Like the asteroid goddess Hygeia frog constantly seeks to renew and cleanse mind, body and spirit. Now this cleansing depends, of course, which house and planet Pluto is associated with. If your Pluto is in the first house or associated with Mars the martial, impulsive will is constantly pushing outwards and onwards, but Pluto seeks deep unconscious security in the old and familiar. So, there may be constant cycles of implosion and explosion. The implosion will express as depression. If the Pluto is in the 6th and Mars the first there will be illness as an expression of the implosive need for unconscious security. Frog thrives in clear water and hints at the need for a deep well of clear water refreshing the person with Plutonic conscious meaning and clear awareness, but if you hang onto the familiar it becomes stagnant water and you may feel trapped, stifled and without purpose. But a combination of frog and transiting Pluto conjunct natal Sun where natal Sun is already aspecting natal Pluto is impossible to resist.

There is going to be a thorough cleansing and that is that. Frog is constantly going in and out of water and onto the ground, cleansing and releasing old energies and taking on new energies. One of the lessons is the need for ritual cleansing just as Juno did at her sacred spring. Ritual cleansing is a kind of alchemy that teaches how cleansing invokes, transforms and manifests the lessons of abundance and prosperity- Pluto lessons.

The frog also brings the blessings of true love, not just from others but for oneself. And note well this is not narcissism but self-confidence. This strengthens the 2nd house-8th house axis. Pluto rules the 8th house and true self-confidence is included as a second house criteria.



Today I saw a pair of curlews nesting. The curlews seem to be associated with Plutonian symbolism which I will explain.

The Curlew bird was historically believed, by the Celts, to be associated with sorrow. One of the names that the Scottish Highlanders have for the curlew is 'Guilbhron' (Wail of Sorrow) or 'Guilbinn' (Wailing Music). The curlew is the bird of Dalua, the faerie fool, who is often called "The Shadow Lord". The curlew is also said to be a Storm Bringer.

In Australia, the sound of a curlew crying at night has many meanings according to Aboriginal lore. Xavier Herbert writes in book "Poor Fellow My Country" that curlew calls the spirits of souls wanting to be born. In the northern areas of Queensland, it is the sound of the dead returning to the Dreaming. Tragically, it has also been regarded as the cries of a mother who has lost her children, so she forever mourns them. Sorrow and bereavement certainly apply well to the tragic cries of this bird. The face of death as a personal experience of loss and bereavement is an unavoidable transition or life change, we all face sometime, and may be one part of curlew's message. It's not necessarily a death, it could be the end of something important or the loss of something that means something.

Parenting and grief, or separation, seems to be a common theme around dreamtime stories featuring the curlew. As a native symbol, curlew may refer to the pains and sorrows of parenting, from minor playground spats to a fear of loss or harm to one's children. The energies of parenting may also relate to caring for animals and projects which require time and guidance or teaching on some level.

Curlew's energies may bring to the surface the need to protect others, to be responsible for their well-being, or feel that way. Perceived failure in this respect brings not only sorrow, but great guilt, even if every care was taken. Tragedies and loss are a part of our material existence, and curlew's bereft calls may bring a poignant reminder one is not always safe from loss and emotional pain. Separation is perhaps the main cause of curlew's pain, and this may be reflected in our world in many ways, children leaving home to go to school for the first time, or as young adults about to begin the journey of growth and experience as independent beings. Children of separating or separated parents can be represented here too.

And uncomfortable as it is to face, death is perhaps the greatest separation. 'Letting go' and acceptance are the main lessons with curlew, as well as the human experience of sorrow and emotional pain surrounding a meaningful separation and navigating how to express it and work through it.

Love's shadow side is illuminated by the cries of this bird. With love, the fear of loss, and even an actual loss, can dim the beauty and joy of love and its expression. And it is quite fitting that curlew can mean new life, new beginnings, the spark of something new. You don't often see curlew fly, he's mostly a land bird, so if you do, perhaps take the opportunity to look at where you march to a different drumbeat to others and indulge in it!

The curlew may be heard at night, in the dark, when all is still, quiet and mysterious, even in the rain, the flood of Biامي's tears. Biامي is the Moon, a male moon of my ancestral Aboriginal tribe, the Darug people. The curlew reminds us when we see or hear them that it might be an opportunity to count blessings and appreciate the loved ones in your life. Remember the best qualities of the parent and child relationship when you hear curlew in the wee hours before dawn, when night is at its darkest. This separation reminds of us of Demeter (Ceres) trying to find her child, Persephone when Zeus (Jupiter) and Hades (Pluto) conspired to take Persephone.

The curlews biological name *Numenius arquata* combines a Greek and a Latin element, both with the same connotations. *Numenius* comes from the Greek, meaning 'like a new moon', a reference to the crescent shape of the long decurved bill, while *arquata* in Latin means 'shaped like a bow', which is a similar idea. I like the thought of a 'New Moon' bird. The New Moon bird is a reminder of cyclical change and renewal.

The curlew is associated with doom and dread. The 'Seven Whistlers' fly at night, portending death or danger. An old Highland prayer begs for one 'to be saved from witches, warlocks and aw lang-nebbed things. This lang-nebbed [long-beaked] whaup (curlew) was also a goblin that moved around under the eaves of your house at night. These are myths that have become

snowballs, gathering size and picking up bits and pieces from other folklores as they roll through the ages. No one can stop them to construct them more neatly or make them internally consistent, as we would scientific theories. But they also flare brightly in our imaginations, like a comet streaking across the sky in a blaze, trailing its comet's tail of vaguer associations, memories and intimations.

THE THIRD SYMBOL



A flamingo entering your life in any way has a multitude of symbolism. For me with transiting Pluto conjuncting my natal Sun it meant transformation, new awareness, evolution and the healing of the old and outmoded in many forms. Thus, when one sees a flamingo it is time to bring in new life, ideas, concepts, and people into your life.

Flamingo signals the end of one phase and the beginning of something new and brighter. Transitionally if transiting Pluto aspects your Moon we need to transform our emotions and look at the influence of our mother. However, in my case transiting Pluto squaring my Moon conjunct Hygiea and Poseidon occurred not long before transiting Pluto began to conjunct my Sun. I know many people whose Mother died and went through long and tragic illness. For some people it takes ages to process the raw emotions that come to light or are bottled up and fester. If one comes from a codependent and dysfunctional family who one has separated from years ago a mother's illness and death will bring family and siblings together and this can be explosive.

All the symbolism of flamingo reminds us to really look at and feel the emotions that may be dominating our thoughts. Then you can grow from what you feel. In other words, if you bottle things up, you will find yourself reacting rather than acting appropriately. Therefore, flamingo meaning dictates that you must allow yourself to release your feelings so that you can come into balance again.

It may be that flamingo appearing might be reminding us to be sociable, loving, stable, adventuresome and fun loving. Socializing will be helpful in letting go of stressful situations and coming to terms with changes in your life. Correspondingly, this bird also brings new ideas and options that will come to you while immersing yourself in the company of others. It will also allow you to find to balance and gratitude for what you have. In fact, it will give you a greater appreciation of those around you. The colour pink in the flamingo is a heart colour and the orange is a hara (sacral) chakra colour which is ruled by Scorpio and is the area of the etheric body. It represents your positivity, stamina and vitality.

Conversely, flamingo symbolism may be pointing out that you are blending in a bit too well right now. In other words, you need to allow yourself to be different and to think for yourself. Thus, flamingo meaning prompts you to maintain your individuality within the crowds.

Flamingo also symbolizes your sense of community and cooperation. In other words, if you focus on working together toward a common goal, you will be successful. A dream of this type may also indicate that new experiences and situations have now come into your life. Alternatively, it could also mean that you are overly concerned with your physical appearance and have failed to love yourself as you are.

Additionally, a flamingo dream may also represent decisions from the heart. Therefore, be open to the things that are most sacred to you, by finding what is nourishing and healing to the soul.

Additional Associations for Flamingo:

- Our abilities and talents,
- our association with archangel Raphael the guardian angel of healing,
- our clear sightedness,
- our need for color,
- our need for living within a community,

- our emotions,
- our filters,
- our need for group consciousness,
- our happiness,
- our lessons,
- our need for love and open-heartedness,
- our need for personal power,
- and our soul and soul purpose.

ANIMALS, BIRDS AND THE NATURAL WORLD AS MIRRORS OF US.

The twelfth-century theologian and poet, Alain de Lille, remarked, 'Every creature in the world is for us like a book, a picture and a mirror'. We see ourselves and our situations mirrored and reflected in the animals around us. This can play out in crude forms of sentimentality or anthropomorphism, of course, if we make the mistake of projecting human emotions, capacities and values on to creatures of a quite different kind. But as the famous French anthropologist, Lévi-Strauss pointed out, animals can also be 'good to think with'. The point of many animal myths, fables, allegories and metaphors is to use animals to see things in ourselves we might need to discover and recognize. This can be very liberating and illuminating, but we shouldn't assume that we can extract literal truths from these other forms of speech or translate them back into more transparent descriptions without remainder. Nor should we assume that in this case the myths are just false. We often use the English word 'myth' in a pejorative sense to mean 'false belief', but the original meaning of muthos in Greek is simply 'story'. The stories may be revealing or otherwise, but they are not just true or false. All of nature is charismatic which means 'touched with grace' or "touched by God."

PLUTO AND SYMBOLS

Of all the planets Pluto is the most unconscious, the darkest and besides Neptune it harbours the most dangerous emotions and behaviours, but also the most diverse, for we Plutonians can be clairvoyant, able to change direction midstream, be truly spiritual, have clear beliefs, have power, be intense, be creative and be in control. But of all the planets Pluto has the most potential to be criminal, be aggressive, be self-destructive, be a fanatic, be obsessive, and have a huge shadow. And yet Pluto represents the idea of hidden riches and treasure and by understanding our own security needs and the issues and complexes held within, that we unconsciously default to when we are under stress, we can become aware of the specific content of the subterranean wealth in our chart guarded by the lord of our underworld. Jeffrey Wolf Green writes that from "a purely psychological point of view Pluto relates to the deepest emotional but unconscious patterns in all of us." These unconscious deep security needs are linked with repeating clusters of past lives and early childhood experiences and experiences.

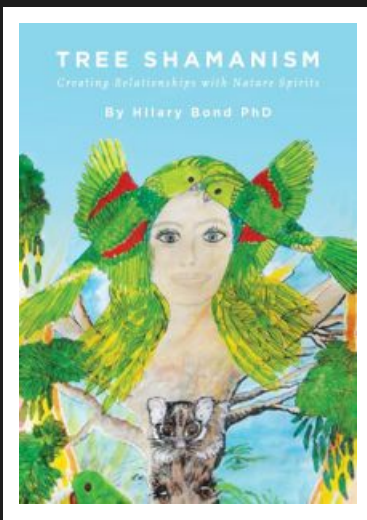
Symbols speak to you on many levels. Some of these are levels that you may not be conscious of. Your subconscious is aware of all sorts of information that you never think out loud. You weren't fully conscious of knowing, and therefore your knowing was more like a whisper. Symbols help me to be more intuitive. Of course, I cheat and as soon as I see something unusual that is not part of my every day life, I look it up on the internet to help my direction.

I like symbols. Symbols (this includes a story, sensation, or a metaphor) speaks to the deeper part of yourself; your subconscious and Pluto is so very subconscious. Once that part of you receives the information, shifts can occur at this deeper level. You might see a lion and soon you begin to start considering bold and courageous ways to approach your problems. I see a green frog and soon I am feeling more grounded and considering making new creative ways to gain prosperity.

I hope you can begin using symbols to help you navigate your astrological transits.

I also hope you have a wonderful year in 2019. Happy New Year for 2019, from Hilary.

MY BOOK : TREE SHAMANISM: CREATING RELATIONSHIPS WITH NATURE SPIRITS by Hilary Bond PhD



MY BOOK : TREE SHAMANISM: CREATING RELATIONSHIPS WITH NATURE SPIRITS by Hilary Bond PhD
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My book "TREE SHAMANISM: CREATING RELATIONSHIPS WITH NATURE SPIRITS" is being published today. It has been an exciting four years of learning about nature spirits, fairies, devas, elementals, angels that come through the thin places in special old forests (Australian Aboriginal sacred places) and all sorts of unseen forest folk. Some of them were friendly, some were not. Some of the trees spent days with me explaining all sorts of knowledge. Some of that knowledge came from the stars, some from the beginning of time. My book is also full of the stories from my years of living with tribal Aboriginal people on their geographical communities close to the equator and my encounters with the spirit world. I also spent weeks walking the 50 mile circumference of the fairy forest looking for energy centers and doorways into other dimensions, but being very careful to check these doorways via remote viewing. I did not hear the songs and conversation of trees in forests. I also listened to desert trees, sand dune trees, river trees, trees in creek beds and trees growing over ley lines and serpent lines. The knowledge trees told me about star constellations, guardian trees guarded soul pieces or dissociated soul parts of people. But rather than me talk endlessly about what I saw and heard clairvoyantly and clairaudiently, if you would like to buy a copy of my book you can read about all my adventures and of course calming meditations with my trees friends.

My healing partner, John who owns the forest that is the centre of so much of my writings, let me walk through his forest, a place that in time I named the "fairy forest. It was a forest of two and a half-thousand acres of fascinating trees and wonderful nature spirits. Even John could not see "the Lady of the Forest," (a beautiful deva), "the Battle of Britain air sylphs", the "Power Tree", a tree with a giant personality and many lessons in assertiveness, "the Star Tree" "the Amazon Queen" on the north hill, "the Blue Deva" who lived along the creek banks, "Bob the Fat Brown Fairy" and the endless other wonderful nature spirits who became my friends and protectors.

Imagine not knowing you owned a fairy forest. But to tell you the truth most people do not know what holders of wonderful knowledge the trees and plants in their garden are. And the people who go to the beach to swim; have they ever spoken to the pandanus palms up in the sand dunes? And the people who go to the river to relax, with their fishing rods, have they ever spoken to the boundary protector spirits who mark the demarcation between Aboriginal tribes? I do and I have and I hope by the time you have read my book six times you will at least try to converse with various trees or even your geranium. That's not a joke. Years ago when I did an online shamanism course with a lady from Hawaii she spent two weeks teaching us about talking to our garden plants. My geranium was very stuck up and haughty.

I spent a lot of time each time I came back from the forest with some like-minded friends on Facebook. These women and two males all could see what I could see in the photographs I talk of various parts of the forest. This encouraged me so much I decided to write a book. In this time I learned much from the trees at my home, trees I saw in my travels in the Northern Territory, trees and tree spirits I saw in the mountain regions of Queensland and New South Wales in Australia and then I began remote viewing of various Australian forests and some remote soul retrievals and extractions. It made me remember different parts of my life, not just my childhood, but the times I had spent on three Aboriginal communities and even overseas. My children were part of this and various friends.

My beautiful daughter Sophia Mary Mac patiently designed the graphic design for my front and back cover. I don't know what I'd do without her. Sophia has spent hours this week patiently listening to my requests to JPG rather than PDF attachments, adjusting pictures, retrieving my bar code from my ISBN services, giving me wise technical help. I could not have done this without her. All she asked for was a sweet pumpkin pie and another special desert. Thank you so much my darling daughter.

And thank you so much for the days of painstaking work my editors Paul Secomb and David Lowe did. They poured over my script and found grammar and spelling mistakes after I had looked and looked for mistakes in my document, at least twenty times. And where would I be without Facebook because I met so many wonderful people who gave me their learned

suggestions to help with my book, on Facebook.



What do I write about in my book? I specifically write about creating relationships with tree spirits and all the different types of nature spirits. And for those of you who wish to learn how to communicate with fairies, devas, dryads, unseen forest folk, pitaroos, even tree and spring goddesses and forest angels you'll learn lots in my chapter two. I talk about how to see clairvoyantly and clairaudiently in the spirit world. I discuss how to recognise the "spirit of the place." I analyse what can destroy thin places or the places the Australian Aboriginal people call sacred places. I discuss the boundaries and doorways into other dimensions and how I relate and created relationships with tree spirits, healing trees, knowledge trees and guardian trees.

For those shamanic practitioners who are interested in buying my book I speak a great deal about the Middle World and about soul retrievals and about how trees respond to soul retrievals. I even talk about how guardian trees hold human soul pieces until those pieces are ready to return.

I still have to see the post office about the postage prices from Australia to the USA and EUROPE or GREAT BRITAIN. It depends on the weight of my 180 page book. My price for my "TREE SHAMANISM" book will be somewhere in the vicinity of AUS \$24.95 which is US \$18.99 or 15.96 Euro. That is today's values.

Love and my very best wishes to all who read this post and big hugs to those who decide to buy this book.
~Hilary~

HYGEIA IN YODS, QUINCUNXES AND INCONJUNCTS: PART ONE by Hilary Bond PhD . (Copyright to Dr Hilary Bond.)

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HYGEIA IN YODS AND INCONJUNCTS by Hilary Bond PhD

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INTRODUCTION.

Articles on the yod constellation and the quincunx aspect and the astrological goddess Hygeia are the two areas of astrology that most people read on my website so today I am writing about people who have yods or quincunxes that contain Hygeia. I see Chiron as firstly, the astrological symbol of holistic healing and secondly, in your horoscope, Chiron symbolises the Rainbow Bridge which links earthly reality and the transcendent realms leading to a healthy whole. Like Chiron Hygeia is, firstly, the feminine symbol of holistic health and secondly she links the divine to healing. Hygeia is the goddess of hygiene, health, sanitation, wisdom, purity, soundness of mentality and spirituality and holistic well-being. The asteroid Hygeia's placement in an astrological chart signifies purification, as well as meanings associated with health issues, sickness, cures and the moral and physical wholeness that are implicit in ideas of good health or good order. Thus Hygeia is similar to the rune Ansuz which also means good order as a manifestation of pure "spirit" and I have found lately that if Hygeia's placement in a horoscope is challenging (squares, difficult conjunctions, oppositions and quincunxes) this may sometimes indicate an unclean (or unsanitised) mentality or psychiatric problems. Wherever Hygeia is in the horoscope, she ideally tries to cleanse and sanitise behaviours, but in Ted Bundy's horoscope, which I analyse in this article Hygeia's presence points to a very unclean mind.

I'll use Ted Bundy's yod in the following explanation of yoddish energies. What Karen Hamaker-Zondag states in her "Yod Book" is that:

1. Clarity is lacking in a yod,
2. Because the three planets or points come from such different backgrounds of element, sign and house (1. Hygeia retrograde, fire, Aries, 9th house; 2. Venus retrograde water, Scorpio, in a 6 planet stellium, in the 4th house and 3. Uranus retrograde, air, Gemini in the 10th house) all kinds of tensions and ambiguities arise. (Ted Bundy also had a second yod in which his Venusian ruler, Pluto, took over. Apex Athena in Capricorn, earth in the 5th house quincunxed Pluto fire, in Leo in the 12th house and Uranus air, Gemini in the 10th house.)
3. Why do tensions and ambiguities arise in yods? Because one of the planets (planet 1 Hygeia) wants to intervene with planet 2 (Venus) and planet 2 loses some of its energy in this altercation.

4. Then planet 3 (Uranus) joins in with all their beliefs and basic assumptions.
5. "The result is an ambiguous ball of emotions, feelings, turbulence, feeling of incapacity and a chain reaction that creates a lack of direction".
6. Although yiddish people may be full of extreme emotions, practical advice from an astrologer should be to retain integrity at all costs, not be radical, not be pompous or egotistical regardless of insecurity and be grounded, mindful and rational, in all circumstances, rather than escaping into another reality or losing your grip on your true path.
7. Vitally, we must look at the pattern of attachment the yiddish child received. Karen Hamaker-Zondag maintains that "only when children with a yod have received safe guidance in their childhood can a form of orientation and real direction develop."
8. Yod people can end up in totally unforeseen circumstances, especially when yiddish people fall in love with a partner who drags them into a problematic world.
9. Yiddish people may hold a lot of 'old business' that belongs to their parent's generation or a family shadow (a repression of a particular theme that has happened over several generations.)
10. Yiddish people may be endlessly searching for the right career, the right relationship, the right path, the right place, the right direction,
11. But yiddish people are unique and they travel a unique road in life.
12. And often the second half of the life of a yiddish person will be very different to the first half and this may be the result of unforeseen circumstances.
13. In yiddish people lives an unexpected event (the hand of God) can offer a turning point.

Sometimes the abstractness of a horoscope can make astrology difficult to understand, so let us look at Hygeia in common sense terms, because in this article Hygeia is part of every yod and yods are difficult to understand. Hygeia is a goddess of spas, springs, wells and oases where water comes up out of the ground. In ancient times water was vital for people and all creatures, so a spring or oasis was an important camping spot. As springs, oases or soaks attracted not only humans, animals, birdlife and reptiles also were part of a spring ecosystem. So in the indigenous, tribal world of Europe springs became first, a totemic fertility place or a place of plenty and safety in the otherwise harsh environment. As time went on springs became a place of the Great Mother and they were places of healing as sacred water, especially thermal mineralised can cleanse, sanitise and heal everything. Hygeia was a Greek goddess of healing springs. Other healing spring goddesses were Sirona, Hygeia, Isis, Hathor, Sulis, Coventina, Brigantia-Bridget, Minerva or Athena and in time Mother Mary. Sirona was a Celtic European goddess of healing springs and Sulis, Coventina and Brigantia were British goddesses of healing springs. So the goddess Hygeia became a symbol of therapeutic abilities in a horoscope and the ability to sanitise ourselves mentally and physically. To understand the astrological symbolism of Hygeia we need to remember that Hygeia's temple of healing became a sleep temple which also included dream work, dream oracles, a gymnasium, a hospital and spas. These temples were like today's health resorts or alternate therapy centres where you can see a transpersonal psychologist, an osteopath, a Bowen therapist, a naturopath, an acupuncturist or a kinesiologist and maybe even have a vegetarian lunch. Thus we see Hygeia as a goddess of holistic healing, where people with a strong Hygeia may be drawn to health resorts in the country side, shamanic healing, acupuncture, naturopathy, dream therapy, exercise regimes, meditation and sound therapy.

We associate the 8th house with surgery and psychology and we associate the 6th house with health. The 6th House is traditionally called the "House of Health", because of its vast importance to your general well-being. Lyn Koiner states that the esoteric 6th house Sixth House creates healers who help others to change negative patterns in their lives in order to improve overall health and well-being. Lyn maintains that spiritually, this House rules health and human services, healing services and nutrition. A planet in the 6th House does not necessarily lead to an illness or other health issue, but it increases the risk of it – simply because the planet increases the activity of that house. The 6th House ingredients are normally ones of strength and capacity, but when work stress accumulates one's strength and capacity for good health become exhausted and thereby cause lasting health issues. The twelfth house of spirituality heals quietly in quiet environments such as retreats. Meditation, hypnosis, dream therapy, water therapy and sound therapy would be 12th house healing. Lyn Koiner, who is a wonderful medical astrologer, says that second house is a healing house and it rules body movements that sustain the body such as yoga, aerobics and bioenergetics. She states that the second house is the most compulsive house and planets here behave compulsively. Lyn states that spiritually, the esoteric second house is for sharing what we have with others, fair trade organizations (with the 4th House) and agriculture in under-developed areas of the world. This is a medical house tending to the physical body, body movements and techniques for its maintenance. I love Lyn Koiner's definition of the esoteric 8th house. She suggests that this is a major healing house for healing those who are totally out of control. I can see that this would include lunatic asylums and health retreats. Healing can be physical, emotional, mental, spiritual, economic and even technological (x-rays, CT scans). It has great power for transformation and rejuvenation. Neptune here rules a spiritual guide of someone we knew in our youth. With the 4th and 12th houses the 8th house rules our connection with our soul group. When there are strong afflictions between the 4th and 12th Houses, this often indicates a violent death in the past life. This can be part of the trauma. It rules psychic dreams, out of body experiences, life after life studies, near death experiences (inconjunct to ruler) and a connection with spirit guides. It can help others make transitions. What sign or house do we associate Hygeia with? I would say the second, sixth, eighth and houses.

We must remember that Hygeia is a goddess of sanit-ation and hygiene. In ancient Greece and Mycenae many people believed that mental disorders or in-sanity came from the gods. The gods made the mind unclean. And in a world where many important phenomena such as mental illness were not readily explicable, the whims of the gods were the fall-back explanation.

Physicians and others fought against this idea from an early date (600 B.C.), giving physiological explanations instead. Many people sought magical-religious remedies such as going to spend the night in a temple of the healing god Asclepius and his daughter Hygeia, in the hope that he would work a cure or tell you how to get cured, while physicians sought mainly medical ones. No one thought that it was the duty of the state to care for the insane. Either their families looked after them, or they ended up on the street. Asclepion temples allowed the poor in their temples. So a Hygeian type of health includes sanitation, as well as sanity and hygiene. Hygeia obviously included a hygienic soul, body, mind and spirit. I have included the worst (murderers) and best people who have Hygeia as part of an astrological yod in this article.

Now let us look at yods and then we will combine Hygeia with a yod. Yod Bearers are the seekers of the Zodiac. When you have a yod, you have mountains to climb. The Yod is indeed a challenging aspect, but challenges are a gift to help us learn and grow. We remember from my previous articles that yods and inconjuncts produce people who may have health problems that stem from a lack of focus on the mechanisms of one's body. Second, you can tell where the illness may be by looking at the apex planet. The build up from emotional stress in yod or inconjunct people can develop and explode and this is a major reason for illness. So psychologically and physically and we would assume spiritually a yod or inconjunct person lacks awareness about themselves. They are quite inept at identifying internal psychological, repressed or suppressed emotions or physical needs that may be perfectly clear to more aware people. So we who watch this or read about it can see that this is an aspect that produces a block in awareness, so a Uranian transit could well open it up so the person at least sees a psychological astrologer, a good counsellor or psychologist or perhaps a long suffering and empathic friend.

How do I know? Firstly, I understand yod and inconjunct energy because I have two yods and I have been through all the stages, from total lack of awareness to complete awareness of my own personality. I am the result of a great number of past life healings, ancestral healings, soul retrievals that have returned dissociated and traumatised parts of myself. Uranian transits at various times in my life, especially after all the therapy I have had have really opened my eyes to the possibilities in my life. Secondly, I know because I have had many clients in different states of awareness. I love dealing with clients who want to evolve. I look at Ted Bundy in this article who really was at the bottom of the yoddish woodpile. As a shamanic practitioner and counsellor I would say that even as a child he was very dissociated and to have begun his career as a serial killer he was certainly insane. Sanity is definitely a major province of Hygeia the goddess of sanitation.

I have three people, who have Hygeia as part of a yod, to analyse in this article. Two have been clients. I also have some challenging person who has Hygeia in his horoscope as part of a yod. This is Ted Bundy, a serial murderer. In part two I will look at other Hygeia yods.

THE ORB FOR INCONJUNCT ASPECTS

Inconjuncts can be semi-sextiles (30 degrees) or quincunxes (150 degrees) and yods are an astrological configuration of two quincunxes forming an isosceles triangle with a sextile as the base of the triangle. If you go back to my previous four "yod" articles you will remember that the interaction between your two planets or planet and asteroid or planet and point is in two dissimilar signs. The orb I use will only be around four degrees. Karen Hamaker-Zondag suggests in her Yod Book that she uses up to 3.5 degrees in her orbs.

BALANCING INCOMPATIBLE QUINCUNX ENERGY

So how on earth do we balance the dissonant quincunx-inconjunct planetary energy? The key attitudes and actions to balance the inharmonious energy of a quincunx are:

- Adjustment between your semi-sextiling planets
- Trade-offs between your quincunxing planets
- Compromising between your internal energies
- Modification of your attitudes
- Re-evaluating your behaviour and thoughts
- Reviewing your life and cycles
- Perceiving one's lack of moderation
- Recognising a need to prove oneself
- Negotiation between one's psychological attitudes and behaviours
- Recognising excessiveness or inhibition
- Describing the energy to one's self and others, brainstorming then trying to solve this problem through thinking outside the square
- Gestalt mediation or counselling so one turns each planet into a person who performs a psychodrama
- And the most important one. Does the person with the yod really want to evolve, move on or get better, because I have met a number of people who come to me to "fix" yods, but as soon as we begin a dialogue they go into denial and they may also heartily need to blame someone, in fact anyone, and the astrological transits that could have moved them on have been and gone.

Thus the first step to "fix" a yod or quincunx is the balancing of a desired need or wish for a practical outcome. This requires finding a balance between wish fulfilment and responsibility. It usually manifests as an attitude towards oneself and the world and in the end one must limit one's self. So there is a feeling that you must surrender something. And this would cause

resentment and frustration. So rather than feel resentful, blaming and frustrated or totally avoiding the issue or procrastinating there has to be a compromise, a change of attitude or an “aha” moment that, “I really need to look at myself quietly and seriously”. I also suggest soul retrievals for this life or past life healing. Mary’s yoddish life was radically changed when she began studying soul retrieval in South America.

Joan Kellog suggests another way of unlocking yods. Let us look at this. Joan suggests that the apex be called the “foot” and the way out she calls the activation point. Joan Kellog (page 4) states that the activation point is the midpoint between the sextile of the two quincunxes that emerge from the apex of the yod. Joan suggests that the midpoint and apex is what she calls the axis of awareness.

So as we move from horoscope to horoscope look at murderer Ted Bundy’s astrological-psychological graph we see that according to Joan Kellog’s book

1. Ted Bundy’s axis of yodal Hygeian awareness is 20 degrees Taurus in the 10th house, as the activation point, opposite his Venus retrograde in the sign of Scorpio in the 4th house.
2. Mary’s axis of awareness in her yod is 21 degrees Hygeia in the sign of Taurus in the 8th house opposite 22 degrees Scorpio on the 2nd-3rd house cusp, as the activation point. conjunct Hygeia.
3. Finbar’s axis of yodal awareness is 2.5 degrees Scorpio 1st -2nd house cusp, as activation point, opposite his Admetos 5 degrees Taurus conjunct Hygeia Taurus on the 7th-8th house cusp. Finbar’s Admetos conjunct Hygeia quincunxes Pluto.

CASE ONE: TED BUNDY–APEX VENUS retrograde quincunx URANUS retrograde quincunx HYGIEIA retrograde.

Ted died aged 42 by execution via electrocution. He had five pseudonyms and convictions for aggravated kidnapping, attempted murder, burglary, murder and killings. He had 30 plus victims whom he killed over 16 years in Washington, Utah, Florida, Colorado, Oregon, Idaho and California. He was actually a serial killer, kidnapper, rapist, burglar and necrophile who assaulted and murdered numerous young women and girls. Bundy was regarded by many of his young female victims as handsome and charismatic, traits that he exploited to win their trust. He typically approached them in public places, feigning injury or disability, or impersonating an authority figure, before overpowering and assaulting them at more secluded locations. He sometimes revisited his secondary crime scenes for hours at a time, grooming and performing sexual acts with the decomposing corpses until putrefaction and destruction by wild animals made further interaction impossible. He decapitated at least 12 of his victims, and kept some of the severed heads in his apartment for a period of time as mementos. On a few occasions, he simply broke into dwellings at night and bludgeoned his victims as they slept. Bundy confided in Special Agent William Hagmaier of the FBI Behavioural Analysis Unit. Hagmaier was struck by the “deep, almost mystical satisfaction” that Bundy took in murder. “Hagmaier related that, “After a while, murder is not just a crime of lust or violence, it becomes possession. They are part of you ... [the victim] becomes a part of you, and you [two] are forever one ... and the grounds where you kill them or leave them become sacred to you, and you will always be drawn back to them.” Bundy told Hagmaier that he considered himself to be an “amateur”, an “impulsive” killer in his early years, before moving into what he termed his “prime” or “predator” phase at about the time of Lynda Healy’s murder in 1974. Biographer Ann Rule described him as “a sadistic sociopath who took pleasure from another human’s pain and the control he had over his victims, to the point of death, and even after”. Attorney Polly Nelson, a member of his last defence team, wrote, Ted “was the very definition of heartless evil.”

Firstly, we note Karen Hamaker-Zondag’s advice to astrologers regarding people with a yod or in the case of Ted Bundy, two yods. She maintains that although yoddish people may be full of extreme emotions, practical advice from an astrologer should be to retain integrity at all costs, not be radical, not be pompous or egotistical regardless of insecurity and be grounded, mindful and rational, in all circumstances, rather than escaping into another reality or losing your grip on your true path. Ted had Uranus I the 10th house inconjunct his Venus conjunct Mercury in Scorpio so he was by nature rebellious, easily irritated and unconventional so, as Ted was given up at birth by an unwed mother to his extremely religious grandparents, his Uranian traits and his grandparents extreme religion were not cohesive with a healthy attachment pattern or keeping a grip on reality. But you can make up your mind about this case as you read this article.

Note that Hygeia is in Aries in the 9th house of the divine or scared (ruled by Mars in Sagittarius conjunct the Moon) and Hygeia quincunxes Venus in Scorpio retrograde. Venus is ruled by Pluto in the 12th house of the mystical. Hygeia in Aries also trines Pluto in Leo retrograde in the 12th trine Moon in Sagittarius (which is part of a six planets, Juno and South Node stellium).

Pluto in the 12th house is part of two yod’s in Ted Bundy’s chart and importantly it is the ruler of his Venus in Scorpio. In the words that Robert Phoenix, an astute and insightful astrologer, who writes about Pluto in the 12th house, it is easy to see Ted Bundy. Robert Phoenix states, “I can ... predict that something dark, painful and often tragic has occurred in the lives of these folks. It’s often a secret pain that they carry throughout the course of their lives. Pluto plants a dark seed there and it blooms into ... Rimbaud’s ‘Flowers of Hell.’ In many instances, the placement of natal, 12th House Pluto leads to careers in hospitals, mortuaries, and hospices”. Here I shivered as Ted Bundy made a career of death. Robert continued, “Pluto can also represent something much more ominous, on a supernatural plane. Pluto is power. Pluto in the 12th, without surrender to the shadow which becomes illuminated, is a form of obsession, compulsion and even possession”. Isn’t that amazing.

Now we look at Ted Bundy’s Pluto in another light. Nancy B Detweiller maintains on her Pathway to Ascension astrological

retrogrades website that, "Pluto retrograde in this grand trine indicates a carry-over of psychic powers from previous lifetimes and these powers are supposed to be used in constructive ways only. A karmic debt is owned to humanity stemming from the age indicated by the sign in which Pluto is located. This debt is to be paid through selfless service to humanity". This is the time of the Babylonian and Egyptian civilizations. Nancy also suggests that Pluto retrograde people may have, "Tremendous possible spiritual growth and you have the opportunity to rise above the karma of the human race and step off the wheel of rebirth". Rather than this high vibration Pluto in this chart as the ruler of the yod apex (Venus in Scorpio) is only attracted by an obsession about rape, kidnapping, necrophilia, murder and total degeneration. This is the bottom rung of the Pluto archetype. Here Hygeia in Aries manifests as brain damage or neurocognitive dysfunction, a core feature of schizophrenia, which is thought to contribute to the impulsive violent aggression manifested by some homicidal individuals. So the grand trine with Hygeia, Moon and Pluto manifests as manic (stellium with six planets) aggressive emotional need (Mars conjunct Moon) for self-seeking thrills (Hygeia in Aries in the 9th) via perverted (Uranus) intense, obsessive, sexual acts which include murder, kidnapping and necrophilia (Venus in Scorpio. Alan Epstein in his book on "Understanding Aspects: The Inconjunct" states that Uranus quincunx people are rebellious and may carry high levels of anxiety, rage and unpredictable behaviour. They love to shock. And he certainly did.

Venus, Mercury, Hygeia and Uranus in this yod are retrograde. When a planet is retrograde, its energies are turned inward and become more subjective. The energy is slower manifesting in the external world, partly because the individual with retrograde planets tends to think more deeply about the energies involved. According to Martin Schulman, in his *Karmic Astrology: Retrogrades & Reincarnation*, Vol. II, retrograde planets tend to break the time barrier. The individual brings memories of prior lifetimes into the present incarnation. There may be feelings of a "blending of lifetimes" characterized by the person attempting to resolve issues that still appear to be unfinished. The memories can be so vivid that the person does not recognize them as "memories." The individual keeps re-living the experiences that relate to the particular retrograde planet which could create schizophrenic behaviour in someone like murderer Ted Bundy. Jeremy Neal in his article "Hygeia, Virgo and the 6th" suggests that Hygeia is a principle of cleanliness, clean-living, of washing, eating well and looking after you. Jeremy maintains that Hygeia fits neatly with the 6th house and with principles of right-living, in a near Buddhist sense; right livelihood, right intention, right speech, taking care that our habits are conducive to a good state of mind and a healthy outlook. This could not be further from the truth for Ted Bundy's bizarre state of mind and behaviour. Jeremy also maintains that, "If we are burning the candle at both ends, drinking too much, eating junk food and not washing enough we are offending Hygeia, and her judgement will be handed down in the form of degeneration and habitual instability". I am quite sure that Ted Bundy was far too busy carrying out his degenerate habits to know about Hygeia in his horoscope. Jeremy emphasises that, "Anyone with a stressed, angular or debilitated Hygeia probably has quite chaotic lifestyle habits." And yes, Ted Bundy took the cake for being chaotic, evil and totally anti-Hygeia.

Ted Bundy has Mercury, Venus, Saturn, Uranus and Pluto all retrograde. Oh, and I forgot Hygeia. Retrogrades operate through multiple dimensions at the same time. Nancy B Detweiller states that "Venus retrograde indicates difficulty in expressing freely one's love and affection for others. You may feel that you lack emotional fulfilment and tend to interpret life's events through the lens of 'how much am I loved or deprived of love?'" She continues, "Emotionally based relationships can be difficult because you tend to internalize and thereby exaggerate hurts. Venus retrograde people may have soul memories of past life painful relationships and a great misunderstanding about the nature of love." And that was an understatement with Ted Bundy. The prior life intense emotional pain may result in a present tendency to cut yourself off from fully experiencing the richness of love out of fear of being hurt once more. Ted Bundy was an illegitimate child who had no known father and he was raised by his grandparents. His early conditioning and attachment problems must have had a severe effect on his emotional growth.

After graduating from high school in 1965, Bundy spent a year at the University of Puget Sound (UPS) before transferring to the University of Washington (UW). In 1967 he became romantically involved with a UW classmate Stephanie Brooks. In early 1968 he dropped out of college. Shortly after Brooks ended their relationship, frustrated by what she described as Bundy's immaturity and lack of ambition. In this year to 18 months transiting Neptune was conjuncting Bundy's natal Venus, the apex of his Hygeian yod. As Venus is in his fourth house transiting Neptune would have been evoking all sorts of delusional thoughts and feelings. With natal Venus and Moon in his 4th house his memories of his mother would have been mixed with his whole romantic then crushing experience and obviously something snapped. At the same time transiting Chiron, Pluto, Uranus and Saturn are all squaring Bundy's natal Uranus which quincunxed his Venus, Mercury and Juno. While he was enchanted with Brooks some unconscious reactions were taking place.

Psychiatrist Dorothy Lewis would later pinpoint this crisis as "probably the pivotal time in his development". Ted Bundy was totally devastated by Brooks's rejection enrolled for one semester at Temple University. In mid 1970, he re-enrolled at UW, this time as a psychology major. He became an honours student, well regarded by his professors. In 1971 he took a job at Seattle's Suicide Hotline crisis center. There he met and worked alongside Ann Rule, a former Seattle police officer and aspiring crime writer who would later write one of the definitive Bundy biographies, "The Stranger Beside Me". Rule saw nothing disturbing in Bundy's personality at the time, describing him as "kind, solicitous, and empathetic". During a trip to California on Republican Party business in the summer of 1973, Bundy rekindled his relationship with Brooks, who was amazed that he now was a serious, dedicated professional seemingly on the cusp of a distinguished legal and political career. In the fall of 1973 Bundy matriculated at UPS Law School and continued courting Brooks. They discussed marriage. In January 1974, however, he abruptly broke off all contact; her phone calls and letters went unreturned. Finally reaching him by phone a month later, Brooks demanded to know why Bundy had ended their relationship without explanation. In a flat, calm voice, he replied, "Stephanie, I

have no idea what you mean” and hung up. He later explained, “I just wanted to prove to myself that I could have married her”; but Brooks concluded in retrospect that he had deliberately planned the entire courtship and rejection in advance as vengeance for the breakup she initiated in 1968. By then, Bundy had begun skipping classes at law school; by April, he had stopped attending entirely as young women began to disappear in the Pacific Northwest. The devastating experience with Stephanie Brooks may well have been an echo of his relationship with his mother and it clearly describes his Venus retrograde apex Hygiea behaviour. Allan Epstein describes a Venus quincunx person as one who is vulnerable to manipulation through the withholding of love (page 35). His victims all resembled Stephanie Brooks. With Venus in Scorpio quincunx Uranus in Gemini he needed to take an ethical path as learning to release the past suggests allowing the release of relationships that have not worked. Learning to be flexible rather than intense, unforgiving, obsessive and vengeful means allowing yourself to move on without emotional turmoil so you will grow and evolve rather than stultify or devolve.

What makes Bundy’s quincunxes worse is they are all retrogrades. Uranus Retrograde may be in a Groundhog Day situation where you are rerunning previous lifetimes. Uranus retrograde suggests that you are a free spirit and cannot be bound by seeking to have others understand what you are about. Your path may be long and crooked, but you can know extreme [but perverted] happiness while traveling it. Uranus retrograde relates to karmic family and societal difficulties. You may have difficulty with relationships because of your changeability. Your mental and emotional bodies may struggle with each other, as you know you need to do one thing while feeling that you need to do another”. Well that is enough about one baddie. Now I write about an amazing Hygiea woman who is totally the opposite of evil Ted.

HYGEIAN YOD CASE TWO

MARY –APEX HYGEIA Quincunx SATURN retrograde and Quincunx JUPITER retrograde

Mary, who personifies the goddess Hygiea, came to me as a client a number of years ago. I performed with my divine guides some soul retrievals for her. She had just trained as a shamanic healer and she had been a masseur who works brilliantly with patients whose bodies have an invasion of cancer.

Many astrologers note the yod’s three facets: the first house, the sixth house and the eighth house. As a compassionate woman, shamanic practitioner and mother Mary addresses people’s personality and soul (as the Ascendant first house is in esoteric astrology. As a masseuse who works with oncological clients Mary looks at health issues and diet. As a shamanic practitioner- energy healer Mary works with the eighth house subconscious behaviours that result, first, on a psychological level from not being aware of oneself. Second, Mary would also be aware of ancestral or intergenerational shadow patterns that surface in yoddish people, whom, at a soul level, volunteer to take on a mediation-catalyst role for the family shadow. Unconsciously or consciously thoughts may eventually turn into invasive life threatening cancers. A shamanic practitioner can extract or remove these etheric forms.

This is one of her posts on Facebook and it speaks highly of Mary: The pinkification of breast cancer does very little to raise actual practical awareness. Instead, I’m offering some more practical tips from Sarah Johnston-Knight:

* Check the ingredients in your deodorant. We have very important lymph glands in those armpits and their job is to expel toxins. Chemicals on the skin just makes them have to work much harder. Find a natural more caring brand, have a day off from wearing any at all every now and again. And if you have to wear it, made sure it isn’t an antiperspirant! If your diet is good you shouldn’t smell too bad anyway. If you do smell bad, your body is doing its job, it is expelling toxins.

* Use natural skin care products

*Detox your home of harmful chemicals and go for organic, low allergy products – anything that touches your skin you should investigate the ingredients, including washing and dish washing products.

*Stop eating sugar; it’s one of the most toxic substances in the modern diet and leads to many health issues.

* When you are relaxing at home take your bra off, those straps and wires restrict the flow of the lymphatic fluid that is working really hard to remove toxins from your body. If you can, find a comfortable wire free bra if you really have to wear one during the day.

* If you consume animal products please try to switch to the organic variety, you really don’t want all those added hormones floating around in your body playing havoc with your endocrine system. Butter, milk and soup bones are the easiest (and least expensive) place to start switching to organic.

* If you have unresolved emotions, talk to someone, get some counselling or talk to someone who you trust. Thoughts can be toxic too and grief can lead to dis-ease.

* Drink lots of water, move your body, massage yourself (or get someone else to) and really invest in your health, it is the most important thing you have.

*Get out in the morning or late afternoon sun, exercise, walk, laugh & have fun.

* Do what you love – being trapped in a job you hate or even a relationship that isn’t supportive is denying the nurturing and love your body needs. Follow your heart and your passion.

Mary has two yods with Hygiea as part of the yod. In her first yod she has Hygiea as the apex of a yod. Hygiea is in Taurus on the 8th/9th house cusp. Hygiea quincunxes Saturn in Sagittarius retrograde in the 3rd house. Hygiea also quincunxes Jupiter in Libra in the 1st house in Libra. Jupiter is retrograde too. The second yod has Saturn as the apex of the yod with Hygiea and Juno in Cancer quincunxing Saturn. The third yod she has Juno in the tenth house as the apex and Saturn and Chiron in

Aquarius in the fifth house quincunxing Juno. Mary's Hygeia is in the 8th house so her psychological, mental, spiritual and physical health depends on de-traumatizing her challenging past lives and ancestral lives both of which are revealed in her 8th house and in her 9th house of travel and moving to a foreign country. Mary's ancestors came from Europe and even her daughter's past lives cantered around the ancestral country. Usually one's nodal axis reinforces the newly aware yoddish person and Mars's North Node is in Scorpio. Her Neptune retrograde conjuncts the North Node.

Mary's Hygeia quincunxes Saturn retrograde and Jupiter retrograde. And this is why I suggest to all my clients with yods that we do some healing of their past lives. Probably three-quarters of my clients are happy to clear past lives. Retrogrades operate through multiple dimensions at the same time. Schulman states that the person may "be either behind or ahead of himself in this life while still another part of self is not yet in this life at all. In addition to this lack of synchronization with chronological time, which in itself would be enough to upset most individuals, he also experiences on still another plane, a rather unique orientation in space." I always suggest that the client buy a copy of Barbara Hand Clow's book "The Eye of the Centaur" as this describes the author before she worked with a psychologist-hypnotherapist who helped her see all her past lives which were plaguing her. Again quoting Schulman: "The Retrograde planet, with its powerful karmic lessons being brought forward in this life tends to emphasize the matter or form side of life, throwing man into the more primitive parts of himself where his struggle for survival amid the conditions and people around him becomes predominant over the fulfillment of his Soul". And this strange state is where the clients in denial about their yoddish behaviour are stuck.

Schulman maintains this potential schizophrenia becomes even more heightened in the case of the personal retrogrades (Mercury, Venus, & Mars) through which man deals with the very same intimate, personal, and private parts of himself which he has been struggling with since his beginning in time." It is comforting and encouraging to know "that soul and spirit are above the laws of karma" and all difficulties can be resolved with determination and self-awareness. Much spiritual growth can take place through the overcoming of the difficulties involved with retrograde planets and yods and quincunx aspects.

Mary has Saturn retrograde. Her Saturn and Jupiter are both retrograde or they were stuck in another time and both quincunx her Hygeia. Saturn is the planet of self-discipline, and it helps us bear our karma and successfully pass our tests. Until we willingly accept self-discipline, we experience Saturn as feelings of limitation, deprivation, delay, and disappointment and therefore there is denial and blame if they are not ready to evolve. This is exactly how Mary felt. Those that harbour these negative feelings seem unable to see that Saturn's real need is to grant us wisdom and compassion. Saturn retrograde indicates a second chance at perfecting a botched life, so some may feel the burden of dealing with two lifetimes at once. So Mary, before we healed the Saturn lifetime, experienced inner doubts about her self-worth and her ability to overcome difficulties. The good news is that her soul knew she had achieved the spiritual maturity required to re-do successfully a lifetime, but only after she had embarked on her shamanic healer training. Before that she was a very unhappy person. She had in prior lifetimes advanced through great personal struggles and sacrifices. Now, as she learned to flow with Saturn's discipline, she will be rewarded with enormous wisdom. Saturn in retrograde develops the capacity to tap into all of her past life wisdom and talents, so it is obvious that Saturn retrograde is a sign of an old soul who has advanced far on the spiritual path. They have come back for one last time to perfect what they have learned.

Certainly the depressed Mary I met years ago before she began learning shamanism and I enlisted the help of my divine guides to clear her toxic past lives no longer exists. The beautiful woman who works with patients to either save them from death (Hygeia in the 8th) and ease their journey through death fully encapsulates the bountiful (Jupiter) reality (Saturn) of Hygeia (holistic health and joyful living is now larger than life itself).

CASE THREE :FINBAR. HYGEIA in TAURUS in the 7th house conjunct ADMETOS quincunx NEPTUNE in Sagittarius & quincunx PLUTO in LIBRA

Finbar's yod activation point is widely conjunct his first house Moon conjunct Cupido. Eileen Nauman in her excellent article on Cupido states that: "On a spiritual level, Cupido can connect the person with their divineness, which means they could bring back incredible skills from former lifetimes and utilize them in this incarnation. This only happens when the person aligns themselves with their own, inner core of who they are in this lifetime." Eileen also suggest that Cupido people (Finbar's Cupido sextiles his Sun too) are in a present lifetime that revolves around issues of love, being loved, how to be loving and how to receive love from others. Finbar's heart chakra is very important as, first, he has a Libra ascendant which is ruled by Venus, the mother of Cupido and second, here Cupido is in Taurus which is ruled by Venus. Cupido people learn the levels of love and move upward into a state of continual compassion. Hygeia here is midpoint Chiron in Aries and Cupido which suggests to me that Hygeia is cleaning and making whole a wound that indicates you may not feel loved and your self-esteem may need polishing. This is echoed by Moon conjunct Uranus which indicates a mother who seemed cold but really did love you. Eileen Nauman maintains that Cupido people are always optimistic about life and no matter how difficult their life is, they always see the positive side of it. They are very optimistic people, generally speaking. They see beauty in everything and every one. But this may also suggest a "caregiver" archetype where you are the chief 'mother' to your spouse, children or family. And along with Moon-Uranus trauma the stress from always watching that you must 'look after' creates immune system problems and you may get burned out, fatigued, used up and exhausted. This is echoes by your 'motherly' and 'very responsible' Sun conjunct Saturn conjunct Mercury mental attitude. It also echoes your Ceres conjunct Juno conjunct Jupiter in Pisces in your fifth house. This small stellium suggests a huge motherly-wifely caring behaviour, which brings you great joy but puts others first and you last.

Now let's look at Hygeia midpoint Admetos-Chiron as the apex of Finbar's yod. Hygeia here is ready to clean out this wound

and bring healing. What are the wounds? Well first they centre around partnership (7th house Chiron-Hygeia) and he money of the partner (8th house Admetos) as apex or the foot of the yod. Admetos according to Eileen Nauman can indicate suffocation around feeling of anxious because of a partnership, a stultifying, a meaningless job, or physically, mentally, emotionally or spiritually suffocated by family or circumstances. Autism, where one has a deep inner life but no outlet to the real world, is also under the rulership of Admetos. Silent people who enjoy quiet time are Admetos people. Give them the mountains, hiking, camping, fishing, riding and they're happy. They do not like crowds. Being alone recharges their battery. This again is echoed by Pluto conjunct Ascendant. Every Admetos person has mother (Moon) issues. The more hard aspect to the person's Moon will stamp the Admetos person heavily and scar them for life. Not every woman is capable of cuddly mothering, so Admetos may search all of his life for sustenance, life quenching, life giving experiences through people, places and things.

But says Eileen Nauman, regardless of the cold mother, no one has more ideas than Admetos. They can tap into the world of archetypal symbols, past and present, so the treasure chest of all knowledge from all times and cultures becomes available to them. They write or talk or teach on a wide, broad canvas that few people can match or imitate. They are a seed of all possibilities from all times or eras and often Admetos people are inventors, who love all the ancient sciences. At the highest level, Admetos people are hooked into the fractal world and reflect completely new theories and concepts. And although there are negatives in their life that first eighteen years, Admetos draws in mentors, experiences and situations that allows Admetos to bloom over a long period of time. So Finbar with his Admetos-Hygeia apex in his yod is a "late bloomer", but when he blooms it's an ongoing, amazing process that leaves people in awe.

But Eileen Nauman suggests that the Admetos people need to check for high cortisol levels if they have come out of a dysfunctional family, a family where abuse of any type was practiced and or suffered some type of Post Traumatic Stress Disorder (PTSD) and they still have it. High cortisol is caused by PTSD. It is a 'hidden' element and hormone that can make a person feel like a monster is inside of them (the PTSD reactions) and they struggle to suppress or repress it by looking and behaving 'normally' but they don't feel normal. My acupuncturist gives me a herbal mixture of dong quai and bupleurum that strips out the cortisol and calms my nerves. Forgiveness for the childhood wounds is vital for Chiron-Hygeia-Admetos. If Admetos can not work through the wounds and give them 'life' or 'voice,' then they will attract a dis-ease. If they can release the bitterness of their childhood, make peace with their mother, then their health will improve remarkably. This is so important for the two quincunxing aspects to the Hygiea-Admetos aspect.

Careers for Admetos people can be :

- Working with jewelry; gemstones, gem essences, faceting and being a "rock hound" or rock hobbyist.
- Geology.
- Mining.
- Environmentalist.
- Landscaper.
- Real estate work/job/career.
- Architect.
- Artist of any type.
- Writer.
- Psychologist or detective.
- Farmer.
- Gardener.
- Police person.
- Builder.
- Song writer.
- Philosopher.
- Visionary who makes physical manifestation occur.
- Meditation is very necessary for the Admetos person. Because they are fully tapped into the Cosmic Treasure chest, this 'time out' is like a car filling up with gas. Only, for Admetos, it renews their energy and helps them to move back into balance.

Finbar is much more in touch with the cosmos than the material world and he knows far more than you can express in words. He may tend not to trust his intuition, even though you are highly intuitive. Please practice listening to your intuition. Neptune quincunxing Admetos and Hygeia makes the issue of being obligated to one's partner (Hygeia in the 7th) and their money (Admetos in the 8th) even more of a burden. Hygiea rules mental health and Finbar needs to use a high pressure hose to cleanse the whole idea of self-sacrifice. He also needs to sanitise the idea of unrealistic ideals that lead to disillusionment and clean out problems of self-doubt, uncertainty and allowing others to use your vulnerable, compassionate nature. Solitude and more superficiality (Venus in Gemini as ruler of Hygeia) instead of intensity will nurture your inner nature and allow you to breathe. Travelling, dancing, photography and art or creativity of some kind with really help.

The other leg or side of the yodal triangle is Pluto in Libra in the 12th house. Pluto rules elimination so here old, useless, obsessive, over-analytical, manipulating, controlling and stuck ideas, especially from one's childhood needs to be cleansed and sanitised (Hygeia) so you can be mentally and physically healthy. Spontaneity and letting go and letting God allow you to breathe and relax.

Finbar needs to develop an appreciation of his own skills and talents. This goes hand in hand with developing a sense of self-worth. With an eighth house aspect you may value the work and talents of others more than your own. A sense of personal values will be born out of inner fears, risks, personal morality and ethics. As Hygeia is in the 7th house the activating point here is the first house and here this whole life time emphasis is about the development of a strong sense of self, which with a Libra Moon and Ascendant is very difficult. Rather than assimilate the partner's mannerism, ideas, values, outlook and perceptions one must develop one's own ideas, values and career. In past incarnations a sense of self-responsibility has not been developed. We must have a strong sense of self-awareness to be spiritually aware and to be able to grow. Both Hygeia and Pluto in quincunx indicate cleansing or eliminating all that will not bring health of mind, body and soul. So Finbar may have to work very hard at letting go of old ideas so he can assimilate new ideas. This placement may be obsessive about sexual love to increase situations of certainty and security in his life. Along with Neptune-Hygeia the Hygeia in Taurus-7th house and Pluto in Libra in this yod, he is very romantic and idealistic and he needs to utilise his Venusian-Neptunian-12th house creativity into a career so music, photography, dancing, the ocean or waterways, a study of earthquakes and or volcanoes or tsunamis, poetry, mystical visions, fantasy, travel or entertainment is incorporated into his path in life. Finbar, your Part of Fortune is in your fourth house of home family and roots, and you have Sun, Mercury and Saturn in Cancer, so please go back to your childhood and see what gifts and talents you were born with have that been swept under your proverbial carpet and then look at your family shadow and see whether you can utilise any repressed family talents.

Best Wishes to Mary and Finbar and best wishes to all who read this article.

~ Hilary at Starcounsell~

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YODS, INCONJUNCTS & QUINCUNXES (Part Four): HOW TO MODERATE & HEAL THEIR OLD "STUCK" ENERGY

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YODS, INCONJUNCTS & QUINCUNXES (Part Four): HOW TO MODERATE & HEAL THEIR OLD "STUCK" ENERGY by Hilary Bond, PhD. Copyright. All rights reserved.

INTRODUCTION

What do I need to know about yods and quincunxes when I see them in my chart and why are they important? The quincunx as an aspect is a red flag for health problems. It is the most difficult and impregnable aspect to deal with, because one of the planets in a quincunx or inconjunct is a shadow planet, point or asteroid. What is a shadow planet? Briefly a child born with a quincunx or inconjunct expresses publically all the problems and secrets that most family members have been trying to hide for several generations. So that child and future adult will feel all the negative emotions and may inherit the family health

problems. The yod –quincunx children are like a lighthouse shining light on the vile emotions and behaviours that the secretive and repressed family members are projecting, because people in a family with festering, poisonous secrets hold those secrets to their chest like Gollum with his “precious ring” in Lord of the Rings. Similarly, like Gollum the family members become twisted psychologically and emotionally as time goes on. We call this intergenerational trauma and the yod or quincunx child becomes the little boy who tells the truth about the Emperor’s New Clothes. Subsequently if the projection and trauma is intense and it manifests in the 4th, 8th or 12th houses the child will have all sorts of negativity dumped on them and they will feel rejection for a lifetime because they are being honest.

So how do yod and inconjunct people behave? How do they think? What is different about them to others?

Eileen Nauman suggests that an inconjunct or quincunx is like a pressure cooker harbouring emotional and psychological rubbish that builds up and builds up and turns into disease. The reason being is that the yod-quincunx-inconjunct person is not expert at identifying their suppressed emotions or working out why they feel ill. I have two yods and I am now sixty and it has only been in the last eighteen months that I have finally identified what caused a life time of headaches and vomiting. And no, it was not a doctor or naturopath or energy healer, who identified this, it was me. So yod and inconjunct people can traipse from medical person to medical person, but there is no quick fix. I have been for years of acupuncture and this works temporarily. I have five quincunxes and one semi-sextile and one quincunx involves Chiron where one must accept, gracefully that one must give up, but there is permanent damage in my case foetal damage. People with quincunxes also need a tailor made diet. Eileen Nauman in her book on Medical Astrology states that the most potent inconjuncts, quincunxes or yods for nutritional deficiencies are Sun-Moon, Sun-Saturn, Sun-Neptune, Moon-Pluto, Mars-Saturn, Mars-Pluto, Jupiter-Saturn and Saturn-Neptune and I would say Chiron-Sun, Chiron-Moon, Chiron-Mars, Chiron-Neptune and Chiron-Saturn quincunxes also suggest nutritional deficiencies.

Alice Portman in her article on yods and quincunxes suggests that the quincunx aspect is similar to bridge between signs that are different by element and modality. She adds that they pinpoint the person who has an unusual, idiosyncratic and open attitude to situations that puzzle people who don’t have planets in these signs and by association yod and inconjunct people are skilled at problem solving. She adds that these people have minds that are off the bell curve they can always see funny side of life in almost all circumstances, so they regularly appear in the charts of comedians.

But because people with quincunxes or inconjuncts in their charts are trying to marry two planets in totally different modalities (cardinal, fixed, mutable), elements (fire, earth, air and water) and modalities (feminine & masculine- reaction & action) the result is often turbulence, ambiguity, agitation, insecurity and instability. What if you had a Sagittarian Moon in the 12th house quincunx a Jupiter in Taurus in the 5th house? Yes, I am talking about a real person. He is a solid, but idealistic husband who drops everything every so often and goes on a very, long motor bike trip on a trail bike with his mates and flirts outrageously with women because his wife developed plumpness and didn’t wear makeup. What would you do if you were his wife? Would he understand if his wife nagged him? No, he’s not my husband.

Inconjuncts can be semi-sextiles (30 degrees) or quincunxes (150 degrees) and yods are an astrological configuration of two quincunxes forming an isosceles triangle with a sextile as the base of the triangle. If you go back to my previous three “yod” articles you will remember that the interaction between your two planets or planet and asteroid or planet and point is in two dissimilar signs. The orb I use will only be around zero to 2.5 degrees. Karen Hamaker-Zondag suggests in her Yod Book that she uses up to 3.5 degrees in her orbs.

BALANCING DISCORDANT QUINCUNX ENERGY

So how on earth do we balance the dissonant quincunx-inconjunct planetary energy? The keywords to balance the inharmonious energy of a quincunx are:

- Adjustment between your semi-sextiling planets
- Trade-offs between your quincunxing planets
- Compromising between your internal energies
- Modification of your attitudes
- Re-evaluating your behaviour and thoughts
- Reviewing your life and cycles
- Perceiving one’s lack of moderation
- Recognising a need to prove oneself
- Negotiation between one’s psychological attitudes and behaviours
- Recognising excessiveness or inhibition
- Describing the energy to one’s self and others, brainstorming then trying to solve this problem through thinking outside the square
- Gestalt mediation or counselling so one turns each planet into a person who performs a psychodrama

Thus the way to “fix” a yod or quincunx is the balancing of a desired need or wish for a practical outcome. This requires finding a balance between wish fulfilment and responsibility. It usually manifests as an attitude towards oneself and the world and in the end one must limit one’s self. So there is a feeling that you must surrender something. And this would cause resentment

and frustration. So rather than feel resentful and frustrated there has to be a compromise or a change of attitude.

Again here I go back to Susan Boyle, who has Sun in Aries at 11 degrees and Neptune at 10 Scorpio in the 5th house. She has suddenly become famous and she has to reorganise her life to take on her new glamorous role (Neptune in the fifth) and change all her old delusional (Neptune) behaviours. She refuses to hire a body guard or even move to a condominium with a security guard so she keeps getting bullied by thugs from the low socio-economic area where she lives. Susan made headlines in June 2017 after being victim to vile bullies in her hometown. Witnesses said the singer has been left in fear after being insulted and intimidated. A spokesman for the 56-year-old said the situation has become so bad they had asked for police help.

This bullying causes traumas which bring on “melt-downs” because she has Asperger’s Syndrome Disorder and therefore she can be emotionally distressed at even tiny amounts of stress. She was bullied at school too. I taught children with Asperger’s Syndrome Disorder for many years and they were all terrified of being bullied.

Is she adjusting or reorganising her life to fit her new found fame? In some ways she is, in some ways she isn’t. So the “ground hog day” behaviour continues in some ways. Born and bred in Blackburn, West Lothian in Scotland, home has always been where her heart is for Susan. After seeing her debut album top the charts, Susan bought the four-bedroom ex-council house in Blackburn, for 65,000 pounds. She had lived there with her mother and she still lives there. She also paid £300,000 for a brand-new five-bedroom house, but found it hard to settle in so she moved her niece there and moved back to the ex-council house.

Does she have the capacity to re-evaluate her thinking and behaviour? No, I don’t believe so. People with ASD do not have the necessary tool kit of social skills. I am truly surprised that she has no minder. So her accustomed way of dealing with life is not nearly adequate to cope with her present conditions. Susan accused police of treating her ‘like an animal’ during a frightening Heathrow airport meltdown and she revealed the stress of catching a flight combined with her Asperger’s led to her panicking. Her brother left her alone and she was frightened. Her mother and sister always looked after her. Why is she left alone though when she clearly does not cope?

Does Susan have self-destructive behaviour with a refusal to compromise and a refusal to listen? This is a difficult question as this type of behaviour is one behaviour that some people with quincunxes display. But so do people with ASD and it is part of the repetitive habits that make people with autism feel safe. So does she refuse to listen? She does not have a great number of fixed planets, although her Neptune is part of two inconjuncts and Neptune is in a fixed sign. Often though a quincunx or inconjunct is a neurotic aspect that causes whinging, complaints and bad health and it often shows where the person refuses to face reality. I have struck many quincunx people who do refuse to look at themselves clearly and they continue to blame others.

If we trace the ruler of sun and Neptune back, it is Mars and her Mars is in Cancer in her first house. What does this tell us? First, that she has a great deal of perceived, unfiltered, combative emotion. Her Mars in an emotional sign is the apex of a T square between her Moon in Libra opposing her Sun and Mars squares both her luminaries. Susan also has an inconjunct (a semi-sextile) between her Neptune in Scorpio and her Moon in Libra. Astrology charts are often full of echoes of similar behaviour.

But she has adjusted to fame and health challenges on many other levels. In her success, we see a phoenix rising from the ashes of disappointment, sadness and heartbreak. We see prosperity after recession. We see good triumphing evil and we see a restoration, albeit ever so slightly, to the belief that dedication and perseverance can pay off in the end. We also see a person who does not have Hollywood good looks rising to fame in the entertainment field. She has lost a great deal of weight and now looks quite pretty with a new hairstyle. She has adjusted here on a major level because solar quincunxes often reject the body or mind to obsess on one or the other. Previous to her singing success Susan certainly did not seem to value her body, but now she is. Her singing is also another manifestation of her solar quincunx and that is the search to find meaningful work. She entered the Britain’s Got Talent singing contest where she shot to fame because her mother wanted her to do it. And in her voluntary work for her church she finds an avenue in her search for truth, meaning, purpose and validity in life.

I will discuss Susan Boyle’s Moon–Neptune inconjunct now. For a start regarding family background a Moon-Neptune aspect suggests enmeshment which suggests a total lack of emotional clarity in the family. There are no boundaries. The siblings and parents are highly interdependent in psychic and emotional ways. The mother is the dominant parent. My antennae went up when I saw Susan Boyle in photos with her mother. Lunar inconjuncts tend to produce a person who has to hide their feelings or a person who has difficulty expressing their emotions appropriately and they fear the disapproval of others. In the photos Susan’s mother turns away from her whilst it is plain that Susan adored her mother. The mother fell pregnant with Susan at 45 and Susan was oxygen deprived at birth. While Susan has a very high IQ she has some brain damage, but regardless of the fact that Susan was bullied at school in my experience people are not bullied unless they are already the subject of derision at home. And the lunar inconjunct indicates emotionally rigid parents, who may be inconsistent in their behaviour to their child.

The Neptune part of this inconjunct also suggests a person who acts inappropriately due to her inability to see the world

realistically. The fantasies may emit from heartbreaking childhood experiences of being hurt and humiliated. And this creates a person who is very sensitive to the whole issue of trust, deceit, hypocrisy and deception. They can be mystical or visionary but also open to being deceived. However, success will be found through the entertainment industry and travel. Well that is all for Susan. Now we will look at some intergenerational quincunxes.

ANALYSING A SECOND NATAL QUINCUNX AND A NATAL INCONJUNCT

What is so important about inconjuncts and yods is that they contain the energy of two contradictory behaviours. Let's use my friend Leandra who does not mind being a guinea pig. Leandra has Vesta in her fourth house of home and family. Vesta here is 17 degrees Gemini. Vesta is quincunxing Saturn at 19 degrees in Scorpio in the 9th house. Clearly the difference between Scorpio energy and the Gemini vibration is monumental. Scorpio is deep and intense, to put it mildly Geminian energy is far less so.

Vesta symbolises the principles of focus and commitment and she is the goddess of the hearth fire, so psychologically she rules the solar plexus and she is essentially the core energy of a person. As Vesta is an asteroid she echoes the solar vitality. As a very prominent Vesta suggests sexually active people it stands to reason that a person with Vesta inconjunct Saturn in Scorpio may be inhibited and in denial about sex and intimacy and lacking commitment in relationships. As Vesta rules focus a badly aspected Vesta may suggest a vague, space cadet type person. Equally so the subject may not have a healthy focus about self-worth and confidence. They may lack inner resilience, self-discipline they and may be co-dependent. There is a possibility that their focus may go into being a scholar, a teacher or light bearer or even a workaholic. The 4th house is the house of father and Leandra's father was a workaholic and scholar so the workaholic-teacher-scholar is highly likely to be Leandra's path and it was until Leandra woke up to herself when transiting Chiron squared her Vesta. Chiron gauged out her wounded sense of family sacrifice and she began saying, "No!" to the family. Vesta in Gemini focuses on conveying information through writing, so communication is particularly important to these people for a fulfilling sexual relationship. They must be wary of their thoughts dominating their feelings though and they must stay in their body during their intimate times because staying in their head will ruin these experiences. Vesta in the fourth suggests a family who expect the Vesta person to take excessive responsibility and to work for the family, even to sacrifice oneself like the maiden aunt.

So with Saturn inconjuncting Vesta there is an excessive expectation on the part of the family to feel that the offspring should feel obliged to take on family responsibilities. So a Vesta in the 4th house will be just as enmeshed as a Moon-Neptune aspect. If the subject does not jump in to be dominated and vampired by family responsibility not the family will alienate the individual and cast them out. It seems that the father's attitude is that everyone in the family must be a workaholic. And with Saturn in Scorpio the standards of perfection are intense and obsessive.

Eileen Nauman in her wonderful book on Medical Astrology maintains that people with an emphasis on their 4th house are strongly conditioned by parental expectations and they don't even think about the normal need their offspring have to express their own individuality. The healthy approach here is one of confrontation of the self and casting out parental psychological expectations or parents living vicariously through their offspring. The fourth house is an unconscious house and this subconscious imprinting will affect the subject's health unless they take steps to be themselves.

Alan Epstein in his great book on "Understanding Aspects: The Inconjunct" maintains that the person who has a Saturn quincunx or semi-sextile is burdened with an unconscious attitude about obsessively (Saturn in Scorpio) assuming the responsibilities of others and in this case his or her family or possibly migrants (9th house) or university students (9th house). They need to seem responsible to others as a badge of merit. They need to feel respected and they desire acknowledgement as an authority figure who has impossibly high standards. As a result of teetering on this self-imposed pinnacle the subject feels lonely and isolated from normal people.

I hope so far you are finding this method of analysing inconjuncts and quincunxes easy.

HOW TRANSITING PLANETS SOLVE QUINCUNX-INCONJUNCT PROBLEMS

I know Leandra well and she is highly intelligent, an experienced counsellor, sociologist and an experienced astrologer and yet her seemingly innocent Vesta-Saturn quincunx was the source of many problems, but it was also an echo of similar behaviours and situations. She had a Sun-Chiron in Capricorn in the 11th house and this manifested as a woman who desperately wanted real friends, but she always had very few, except for four years she had lived on an island community and she had to leave there to educate her daughter. So this was also a lonely, workaholic aspect. She worked to support her daughter and because it was an unconscious copy of her workaholic ancestors. Her Sun quincunxed her Pluto which meant that unconsciously she felt unwanted and she felt she had to justify her worth by working too hard. Her father had compared her relentlessly to her sisters (Vesta in Gemini quincunx Saturn in the 9th) so it did not matter how many university degrees she had, she could not win. She was a mere teacher, even though she had a doctorate, but one of her sisters was a professor and the other a lawyer who owned her own huge business. She had Mars in Pisces and she was always helping others and with Mars quincunx Pluto in the 6th she was verging on obsessively helping others who posed as friends, but they used her. This over-kindness was an echo of the co-dependent Vesta-Saturn. Her Mars also quincunxed her Neptune in Libra so she could

not see her own illusions clearly. Her mother also constantly compared her to her sisters and over the years it became worse. Unfortunately she became more and more anxious and more ill because she never stopped trying to prove herself to her critical parents with their severe, unreachable standards (Hygeia semi-sextile [inconjunct] Saturn.) And then she became deaf in 2011. She could no longer work in the positions she had been used to. She had used all her money educating her daughter and had saved nothing.

What transits were happening? Transiting Pluto sat on her North Node. Transiting Uranus squared her north node, which meant she had to stop her old South Node in Cancer Great Mother behaviour. No more helping others. Her daughter had grown up and left home. Transiting Pluto semi-sextiled her natal Venus and natal Mercury and without work and not even enough money to survive on her self-esteem plummeted (T Pluto inconjunct Venus) and obviously the transiting Pluto affecting her Mercury meant a death of her old methods of communication and her career as a teacher-communicator. Transiting Uranus square her nodes meant an awakening, a sudden shock or chaos. It also meant she could fall back on her talent as an astrologer. But no, she went back to being a helper and she became a carer for an invalid relative and the outcome was chaos; financial chaos and Leandra being the target of more abusive behaviour. She had not woken up. But at this time she had finally consolidated her skills and qualifications as a clairvoyant-energy healer which with her natal Hygeia conjunct Moon in her 8th house she may be able to earn money.

In December 2013 she had a Saturn return. This triggered off her Vesta- Saturn and Saturn-Hygeia inconjuncts. She finally gained a disability pension after three tries. She began writing wonderful books with her clairvoyant abilities and her travels and articles. Transiting Neptune was very close to her ascendant and at last she had enough money to survive, not thrive, but at least she was no longer starving. She was going for regular therapy and acupuncture, but try as they may the therapists could not stop her "helping" her elderly abusive relative.

By late 2015 transiting Uranus was opposing her Moon and Pluto was squaring her Libra Moon in the 8th. Her health had severely degenerated from constant verbal abuse. Her digestive system had broken down and she became excessively thin and in constant pain. "Why", her therapists asked, "Why do you persist in sitting with this abusive woman." Through it all she was writing her books. By the end of 2016 the old woman died and left Leandra enough money so that she was not in constant danger of losing her house to the bank.

She finally woke up in late 2016. Uranus had moved into her second house and her self-esteem improved hugely. A few months before the old lady died she suddenly refused to see her. Why? Leandra told me, "She does not speak to me in an acceptable way." Transiting Uranus also squared her Sun. This triggered off two natal quincunxes, two natal squares and one natal opposition. She had stopped working excessively. Her health had begun to improve. She began going out with a man for the first time in many, many years. Transiting Saturn conjuncted her natal Venus. She found that life and love could be fun.

Let's hear about the re-organisation of the two quincunxes. Leandra's Sun in Capricorn at 24 degrees conjuncts her Chiron at 28 Capricorn. Both Chiron and her sun quincunx her Pluto at 26 Leo in the 6th house. Her solar energy in earth is wounded by being so close to Chiron. Liz Greene sees Chiron as essential in deepening our understanding of solar consciousness; for in order to choose to live life to the full, we have to face that part in us that would rather seek death. By its nature, Chiron's collective implications signify something collectively "unhealable", because the wound exists in the collective and is ancestral. By its nature, the Sun reflects each individual's sense of purpose and meaning in life, and these are intimately bound up with the will to live and to become oneself. I coached Leandra with this and urged her to do a special colour and crystal meditation where she would begin with pushing her consciousness deep down into Mother Earth and bring back red rubies and red jasper and swirl them around the base chakra. I encouraged her to seek the best traits of her ancestors and blow away the etheric dross of the unhealed and wounding energy of negatively behaving ancestors.

I urged her to meld into her energy all the Sun-Chiron energies such as :

- Wisdom
- Patience in the face of that which cannot be changed
- Toughness and grit
- Understanding of deeper patterns
- Melancholy which leads to depth of thought and feeling
- Determination to make a contribution to the welfare of others
- Compassion
- Feelings of specialness tempered by an acceptance of human limits and
- Activation of the will to live

ANOTHER BRIEF DISCUSSION OF A QUINCUNX

Nothing is simple in astrological charts, as people are complex creatures. We cannot just examine two or three planets without considering the holistic ambience of the chart and the life of the person. This person, Finbar, has Vulcanus (6 degrees 25 minutes), Sun (6 degrees 27), Saturn (8 degrees 4 minutes), Mercury (10 degrees) and the Midheaven (14 degrees 50 minutes) all in conjunction in Cancer, so he is very feeling, emotional, tied to tradition, his family country and perhaps even

Mother Earth and all things historical. Finbar's AsC is Libra and his Moon in Libra is in the 1st house too so his mother is an influence and the need to be a "nice mother" also looms large. But his stellium (Vulcanus, Sun, Saturn, Mercury, Midheaven) is in his 9th house of travel and higher study and Sagittarius is the sign of his North Node. Thus Finbar is not a superficial lighthearted person by nature, and this intense stellium is quincunx (remember a quincunx is an aspect of 150 degrees.) His Cancer-9th house stellium squares Finbar's Ascendant in Libra (10 degrees) and his Pluto (4 degrees) again, despite the desperate need for balance, niceness and harmony Pluto sets the tone as an invisible and complex being who is an unconscious underworld figure or archetype, and he (as the god of deep transmutation) calls continually for regeneration and transformation. Finbar asked me about his life direction. As Cancer is a cardinal sign his mind is active, quick, insatiable and enthusiastic he will always be ambitious whatever his career. But it seems for a start his need to be caring and have a romantic and life partner could well sabotage his career prospects or at least weaken them. He may follow his partner rather than travel where his partner wishes to go rather than follow his path, so he has to balance this need to compromise rather than be frazzled by it. I have seen many people with a Libra Moon give in to a partner and have to begin again on a new path.

Now onto the quincunx. Neptune is the planet that quincunxes Finbar's stellium and this archetype is a figure of spirituality, the arts, music, entertainment, photography, the sea, water, but also illusion and delusion thus Finbar needs to adjust his need to have Neptunian areas in his life so perhaps he could keep on or more of these areas as a hobby. But Neptune can be a huge sabotaging problem. Neptune will often propel people into self-sacrifice rather than following their own path and a quincunxing Neptune is the worst at this. Here the problem of obligation arises; obligation to internal, subconscious parental expectations stalemates life directions as his Saturnian father and Uranian mother are cold, authoritative and lack in enthusiastic for this bright 9th house boy (Finbar.) He may also be obligated to his partner and feel a strong sense of "What should I do," due to father's behaviour when he was a child. He really must throw off this self-sabotage or compromise and communicate clearly with his partner, The problem with a 3rd house Neptune there can be a lot of misunderstanding and vagueness. So he should strive for clarity and if need be mediation.

To return to Finbar's stellium we analyse Vulcanus first. Vulcanus, known as Hephaestus the blacksmith-silversmith by the Greeks. Vulcanus was the son of Juno-Hera and he was not sired by Jupiter. He was a virgin birth, but his mother and Jupiter threw him out of heaven because he was not beautiful or perfect. He was looked after by the daughters of Oceanus- the sea nymphs and when he hit the earth he broke a leg so badly that it was never repaired so strongly Vulcanus people feel deformed and imperfect and they never really accept themselves as worthy people. We also have an archetype here of lack of acceptance by the parents and Finbar must get help; therapy to recover from this cruel conditioning and self-sabotage. We also need to consider that Vulcanus quincunxing Neptune suggests that he could use silversmithing or any craft as an interest. Secondly, is it an illusion or nagging doubt that he is imperfect or deformed. No human is perfect, but in God's eyes we are and the ninth house, where Finbar's stellium is is the house of God.

To be a solar person we shine and are radiant, but Vulcanus in a precise conjunction to the Sun, so Finbar probably does not radiate confidence. Vulcanus people are excessively hard working and they are not fond of socialising so the normal Sun in 9th house exuberance does not occur here. He will be humble and quiet, but he pushes himself beyond endurance. He needs to relax more and not expect so much of himself or he will burn himself out.

The Sun is also conjunct Mercury and Saturn and in Cancer the thinking can be a mixture of precise, mathematical, scientific and emotional. Finbar's thinking also could be quite youthful, but serious. With Saturn-Sun the father looms large with unrealistic expectations, (and with Vulcanus conjunct Sun, the father could be violent and cruel); in fact with the Neptune quincunx Finbar will suffer from illusionary expectations and this leaves a feeling of conditioned obligation on Finbar's part to continually be obliged to do more than his fair share, an obligation to authority figures and again a conditioned response from childhood to seek approval, recognition and acceptance. The Saturnian-Neptunian father also suggests that Finbar is not good enough and he may have humiliated Finbar. This is common where the Sun is quincunxed and the lack of direction and purpose or a vacillating life purpose is typical. This aspect is related directly to the problem of finding meaningful work. This is related to childhood rejection and feeling unwanted and unneeded and hiding behind a role in life. So the need to find a soulful direction in life is not the immediate problem; the real problem is getting rid of the cruel parental conditioning. So again I suggest a soul retrieval or past life healing or years of cognitive behavioural or Jungian therapy. I have a Sun quincunx and I have had all four. It is a slow path, but worth while for one becomes a whole, purposeful and awakened person rather than a cork-type person bobbing along in the ocean of life pushed, pulled and impelled by every tide, tsunami and wave. Finbar's direction in life depends on casting off this cruelty from his childhood. Because this is all in his ninth house Finbar is capable of profound mental study and a connection with super-consciousness so he really can do anything he sets his mind to. Ninth house people learn from lessons learned from living. So Finbar, whatever therapeutic path you take as long as he forgets about his mother's coldness (Moon conjunct Uranus in the first house- with the Moon as ruler of his Sun sign Cancer) and father's (Sun in Cancer - ruler Moon conjunct Uranus) you will eventually stop feeling that no one really accepts you and you will forget the internal belief that life can be unpredictable and traumatic. I have found shamanic soul retrievals, past life therapy or cognitive behavioural therapy to forget these painful childhood experiences and I am a shamanic practitioner and I perform past life healing too and counselling.


Good luck and blessings Finbar, may you live a long, happy life and prosper.

CONCLUSION

People with inconjuncts take longer to throw away negative psychological conditioning and they find it even harder to realise they have sabotaging psychological programming. As a result their physical health and sometimes their finances suffer. If you realise you have semi-sextile or quincunxes get help to uncover what the problem could be.

I wish you all luck and blessings,
Hilary.

APOLLON, THE URANIAN PLANET OF LIGHT

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APOLLON – THE URANIAN SHINING LIGHT

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Apollon, the Uranian planet is named after Apollo the God of Light and the God of the Sun. Apollo's father was Jupiter and the symbol of Apollon is the glyph of Jupiter with the glyph of Gemini contained within it. Unlimited expansion of Jupiter coupled with the multiple abilities, dexterity, skills and talents of Gemini. Here would expect people with a strong Apollon archetype to be shining stars and possible geniuses.

APOLLON SYMBOLISES WIDTH & BREADTH

In regards to space Apollon is a Uranian archetype of width and breadth. Apollon people spread out. In appearance they are giant. Clint Eastwood, the actor is a giant of a man. He has Apollon in his tenth house and part of an earth grand trine with Saturn and North Node in earth houses. So one would expect that he has financial abundance.



I am a school teacher, scholar, university teacher, counselling astrologer, writer and blogger and with my Apollon in the 7th in Virgo I spread out and shine in all these areas. My Apollon trines my Kronos (resilience and great strength) in earth in the 3rd house and my Sun in earth and in the 11th house of friends and groups. One of my counselling specialties is in relationships.

APOLLON SPREADING TOO THIN

It's all very well to be multi-talented like the Gemini part of Apollon, but sometimes we can spread ourselves too thin and burn ourselves out, like an A type over-achiever with Chronic Fatigue. Helios was a Titan and a god of the Sun too, like Apollo.

Helios had a son who begged him to be allowed to drive the chariot that went across the sky each day. Phaeton, Helios's son due to his inexperience lost control of the chariot and set the earth ablaze. Karen Carpenter and John Belushi both burnt out, one in a blaze of fire and the other barely a skeleton.

Let's look at Karen Carpenter first. She was a brilliant singer and she was very beautiful to look at, but she had anorexia. She convinced herself that her body shape was not good enough and she starved to death. Karen had Apollon in Virgo in her fourth house of home and family this was quincunx Jupiter conjunct Mercury in the ninth house in Aquarius. She never seemed to adjusted to becoming iconic. The crux of her illness seemed to be the square from Apollon to Chiron conjunct Hygeia in the 6th house of health and work. Hygeia in a negative aspect can point to mental health problems. If we see Hygeia as a goddess of sanitation, we can look at a lack of balance in our psychological health as in-sanity. The fourth house in Karen Carpenter's chart is a quagmire with Saturn in Virgo which points to obsession conjunct Apollon and Juno conjunct Mars conjunct Poseidon and Poseidon is conjunct Neptune in the 5th. Her pitiful self-image seems to come from anger and violence in her home life and a stern, authoritarian father who squashed Karen's light.

Most people know of John Belushi, Jake from the Blue's Brothers who existed in real life on a cocktail of heroin and cocaine. He was a comedian, musician and actor who only lived to 33; essentially a puer eternus who had intense energy and a raucous attitude. He had Apollon in the 8th house of other people's resources and his ancestors. His Apollon squares his Moon in Sagittarius in the 12th house. This is the Moon who seeks to escape and sweep their problems under the carpet. It's a manic Moon that is the eternal teenager. His partying Jupiter and Venus in the 1st trines his Apollon and as a result he is a shining star.

THE APOLLON ARCHETYPE AS THE BRILLIANT SCIENTIST OR BUSINESS PERSON

Apollon always enlarges, expands or indicates far off places. Apollon also can indicate a scientific or business business-minded person. Apollon, Vulcanus and Kronos were linked to the same axis in 1997. This was a time of huge business expansion and stock market growth and dramatic expansion in the economies of the world. Mark Zuckerberg has Apollon in the first house and sextile Uranus in the 3rd house.

APOLLON AND SPREADING DISEASES

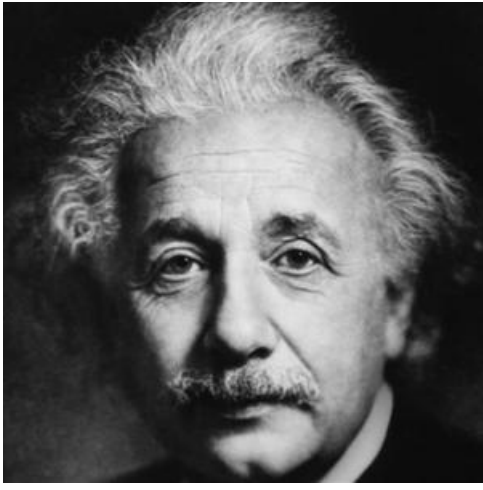
Regarding our body if there is a transit of Apollon or our Apollon receives a significant transit Eileen Nauman suggests that "spreading medical problems" can occur. She says that a health problem, such as the 'spreading' of the disease or symptoms can occur and she uses the example of Poison Ivy because it 'spreads'. I would also suggest bind weed. Eileen also states that Apollon can cause the multiplication of some 'thing'. It could be a tumour, where cells multiply or a metastatic cancer. This can include Lyme disease, jelly fish stings and Chronic Fatigue or Epstein Barr virus.

Patrick Swayze died of cancer and he was also a shining star. He was best known for his roles in the movies Ghost and Dirty Dancing. He had a veritable swarm of Apollon aspects. His Apollon in Virgo is conjunct his Ascendant and his Juno. He adored and was married to his wife Lisa for 34 years. His Apollon is also sextile his Jupiter in Cancer in the tenth house so he is very popular, larger than life and caring. I suspect that his Moon in the 7th quincunx his Apollon suggests that his substance abuse did not gel with his relationship or his body (Moon). His Apollon inconjunct (30 degrees) his Mercury in the 11th which is conjunct his Pluto, Sun and Hygeia in Leo. It seems he gave a lot to his friends and was very much loved by his friends. His Hygeia conjunct Sun and Mercury is supported by his practice of Transcendental Meditation, Buddhism and EST, but he was a chain smoker and alcoholic for many years which eventually caused the cancer.

One of my dear friends M.G. has Apollon in Virgo, in wide conjunct (4 degrees) to her ascendant. It is square her Saturn in the 3rd, inconjunct her Venus in the 7th in Aries and trine her Hygeia in the 8th in Taurus. It is also sextile her Juno in Cancer in the 10th. She is a masseuse who works in hospitals with oncological patients; people who have cancer of the lymph nodes.

APOLLON AND ITS RELATIONSHIP WITH MATHEMATICIANS & SCIENTISTS

You have read they are great at business and science. Apollon people are fantastic at mathematics, geometry, calculus and physics. Albert Einstein one the greatest physicists, and mathematicians of all time has Apollon conjunct South Node in his sixth house trine Saturn in earth.



Stephen Hawking is also a well known scientist and mathematician who has Apollon conjunct his North Node and trine his Sun.

THE LIGHT BEARERS

Because Apollo was a sun god, Apollon people are shining stars and they are attractive. Apollo was a god of light, so they may be radiant people, shining their light wherever they go or people like Florence Nightingale, the Lady of the Lamp; the nurse who went to the Crimean War to improve nursing conditions there. She has Apollon conjunct MC. BJ, my Aboriginal mentor for years shone light into everyone's life. He had Apollon conjunct ASC. Fran Drescher, the exuberant nanny out of the television series: the Nanny has Mercury conjunct Apollon. A beautiful, shining Facebook friend from Europe has Apollon as part of a yod. Apollon in the 9th house in Virgo sextiles her North Node and the apex of this yod is Hygeia; she is a natural holistic healer. Brian Weiss a brilliant hypnotherapist who shines light into people's past lives has Apollon sextile his Sun conjunct Mars in his 1st house. The Dalai Lama with his Apollon conjunct his Moon conjunct his Neptune shines his spiritual light and his radiant, loving values to the world. His Apollon sextiles his sun conjunct Ascendant.

I do apologise for any mistakes. I rushed to finish this article.

I hope you enjoyed reading about Apollon. Blessings to all who read this ~ Dr Hilary Bond ~

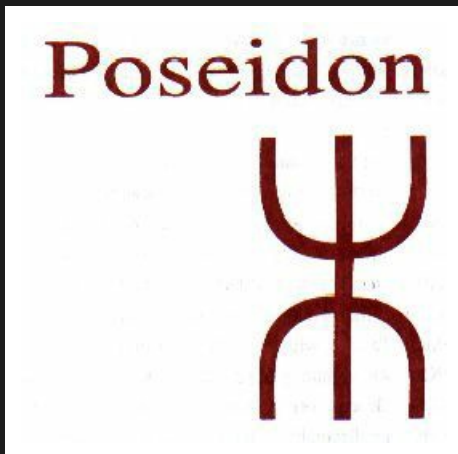
POSEIDON- AN ARCHETYPE OF TRUTH AND ENLIGHTENMENT by Hilary Bond PhD, Copyright. All Rights Reserved.

Posted on September 6, 2017 Standard 21



Poseidon is one of the 12 Uranian planets discovered by Alfred de Witte in World War I. Charles Emerson extended the knowledge on the Uranians and then Eileen Nauman did a huge amount of excellent research, which you may find from pages

11-14 in her book on "Medical Astrology" and her wonderful "Medicine Garden Articles" on the internet. POSEIDON was the God of the Ocean and as an ARCHETYPE POSEIDON is a higher spiritual octave of Neptune. POSEIDON is the 'master' energy expression far beyond Neptune. This archetype symbolizes the 'initiate,' just as Chiron does. If you read Jane Ellen Harrison's book on early Greek Gods and Goddesses you will find more information on "the initiator." The book is called "Themis." Initiators teach secret knowledge and they lift seekers of the truth and the "True Straight Way" to a higher vibrational level.



Poseidon as an archetypal flavour points to an ethical person who specialises in truth or a deviate who lies and twists the truth habitually, depending upon the person, their energy expression and their spiritual evolution. Poseidon has information that causes enlightenment or awakening and Poseidon people ground this awakened knowledge into human consciousness in a practical, every day pragmatic use. They are interested in truth, enlightenment, spiritual evolution, and the search for 'Truth'. Positive Poseidon people are ethical, and morally incorruptible. They have high moral standards, they are trusting and are honest to a fault. Negative Poseidon people can be swindlers, cultists and brainwashers and they often seek to hurt others.

There are some Poseidon people who are deemed autistic. They generally lack social skills. Harvey is a young man who has been ascertained with Aspergers Syndrome Disorder. ASD is a type of autism and it was named and "discovered by Hans Aspergers. Harvey's Poseidon in Libra in the 9th is conjunct Pluto and quincunx Ceres in the 2nd house, and quincunx Chiron conjunct Juno in the 4th house. He is genius level, with a university degree, but only speaks to his mother and brother. He has a large number of people he avoids and he avoids them or he is abysmally rude to them. He lives mostly in a darkened room. I have found that vibrational healing can help autistic people hold down jobs.

Positive Poseidon people talk and write for a living. They lecture, speak, write and teach professionally. You will find them in universities and colleges as teachers, tutors, professors and academics. They may be newsreaders and talk show hosts and even actors. They often write fiction and nonfiction books. They are bloggers on web sites. They are politicians, judge, solicitors and lawyers.

In the New Age world they can be oracles, prophets, spiritualist mediums, clairvoyants, shamans, astrologers, tarot readers and those who can see through the veil into the other dimensions to heal and search for "Truth" and 'enlightenment' for themselves and others. So here we have shaman Carlos Castenada (Poseidon sextile Mars and trine South Node conjunct Jupiter) and Rudolf Steiner (Poseidon conjunct MC trine Hygeia) they are universal messengers who bring truth and light to our world.

Other writers who are Poseidon people are Marsha Linehan (author of Dialectal Behaviour Counselling for Borderline Personality Disorder: Pluto conjunct Hygeia sextile Poseidon & Poseidon trine Uranus conjunct Mercury), Douglas Baker – esoteric astrologer (conjunct North Node conjunct Ascendant), Marilyn Fergusson (Poseidon 10th house), and Marija Gimbutas who wrote "The Gods and Goddesses of Old Europe" and "The Language of the Goddess"(Saturn conjunct Poseidon square Ceres square Juno & sextile Moon.)

I find Poseidon people who are branded as having mental disorders ranging from acute psychotic break, to chronic psychosis, schizophrenia, and obsessive-compulsive disorders, may just need lots of vibrational healing. One I know was born on an old Aboriginal mission, in Australia. She was an empath who could hear and see the poor people (ghosts) who died of grief and being poisoned. She had Poseidon trine Sun conjunct Chiron exactly and Poseidon sextile Saturn exactly. As I have taught many children with Aspergers Syndrome Disorder I know they see ghosts too.

One of my ancestors, my great grandmother, who was known as an angel had Poseidon conjunct Jupiter in Leo trine Hygeia. She brought joy and inspiration into everyone's lives.

Metaphysical writers and speakers who share their ideas with the world are often Poseidon people. They choose to come to our planet to lift our planetary vibration through their knowledge and message. Doreen Virtue has Poseidon quincunx Hygeia. Edgar Cayce had Poseidon in the first house trine Jupiter and Neptune. Louise Hay has Poseidon conjunct Venus in her 3rd

house quincunx Chiron. Edward Bach has Poseidon conjunct DESC conjunct Vesta conjunct Ceres.

Linguists who speak two or more foreign languages are Poseidon people. They are able to pick up a foreign language very easily. My grandad spoke ten languages. He had Poseidon conjunct ASC trine Sun conjunct Juno conjunct Ceres. His Poseidon squared Sagittarian/Gemini nodal axis.

I have Poseidon 29 minutes away from conjuncting my Moon. It is five degrees away from conjuncting my Hygeia in my 8th house of ancestors and trine my Vesta in Gemini in my 4th house. Yes, I have inherited my Poseidon characteristics from my ancestors. My paternal Nana had Poseidon in Virgo quincunx Kronos the archetype of invincibility and Athena the mentor. And Nana was my protector from when I was born to when she died when I was 35. Now she is one of my spiritual guides. My only neice too is a Poseidon woman. She is a nurse and a clairvoyant with Poseidon in the 8th conjunct Sun, conjunct Mercury conjunct Chiron. Her Poseidon is in a grand trine with Ceres and Kronos. My son is a gifted clairvoyant and shamanic healer with Poseidon conjunct Pluto very close to the MC and trine Athena. My grandson has Poseidon In Scorpio in the 9th trine Ascendant and trine Kronos all in water. My Grandson's Poseidon is also sextiles Mercury and Vesta. My Mother's Poseidon was conjunct South Node. One of my few cousins was a teacher, artist, and clairvoyant and she had Poseidon sextiles Athena and quincunx Chiron.

What about you? I hope you have enjoyed this short article on Poseidon.

Cheers and blessings for a really happy day,
Hilary

SACRED PLACES TOUR 2018. To be guided by HILARY BOND PhD.

Posted on  July 23, 2017  Standard  Reply



INTRODUCTION

I am still "umming" and "ahring" about exactly where the tour will go next year. I will definitely go to Glastonbury, Dodona, Delos, Athens and Epidaurus in Greece. I am going to Glastonbury in a few weeks. And I have been researching how to get around in Greece and finding out how much everything costs. I definitely need five people, as well as myself, to make the tour worth while.

GLASTONBURY- CHALICE WELL

Chalice Well is one of Britain's most ancient wells, nestling in the Vale of Avalon between the famous Glastonbury Tor and Chalice Hill. Surrounded by beautiful gardens and orchards it is a living sanctuary in which the visitor can experience the quiet healing of this sacred place. For over two thousand years this has been a place where people have gathered to drink the waters and find solace, peace and inspiration.

The Chalice Well is among the best known and most loved holy wells in Britain. It is even more well known than Bath. Many legends are attributed to its chalybeate waters, which flow ceaselessly at a steady rate and temperature that never varies. Not

least among these is that they represent the blood of Christ miraculously springing forth from the ground when Joseph of Arimathea buried or washed the cup used at the Last Supper. For others the waters are acknowledged as the essence of life, the gift from Mother Earth to sustain its living forms and so a continuous spring like Chalice Well is a direct expression of an unbounded life force.

Druid priests and society considered Glastonbury their 'holy mecca'. Complete with temples, stone circles, fertility sites and a sacred Goddess Center, druid high priests and high priestesses were trained, initiated and centered at the Tor and Chalice Well. I have seen a past life where I and many other Chalice Well priestesses were cut down by Saxons around 400 AD when the Romans no longer protected Britain. At that stage we could not call the Christian ladies nuns.

In ancient times before the Christians arrived the Chalice wellspring was considered to be the earth source for the Goddess, Gaia. Her red waters were sacred and used for healing.

The small village of Glastonbury itself is lovely and quaint, cradled among a series of velvety green hills. The tallest of these hills is the famous Tor, an oblong 'whale shaped' hill formation with the impressive monolithic remains of a church tower on top, dedicated to the Archangel Michael.

At the foot of the Tor is the Chalice Well and the spherical dome of Chalice Hill. Below in the town center lay the ruins of the great Abbey, site of Joseph of Arimathea's church, and gravesite of the legendary King Arthur.

Wearyall Hill, location of the legendary thorn tree is on the west entrance to the village. I am sad to say just recently vandals have destroyed the Thorn Tree that Joseph of Arimathea bought to Glastonbury and planted at Wearyall Hill.

GLASTONBURY VORTEX SITES

There are four powerful energy sites within the township. Each site activates one of the upper chakras. That in itself is an extremely interesting phenomenon. The earth currents in the Glastonbury sites are all 'electrical' vortices, meaning the flow is outward. These four vortex sites work synergistically to balance all 4 upper chakras, and resonate in unison as the World Heart Center. These resonate as follows:

7th Chakra -Crown : The Tor (Archangel Michael Tower)

6th Chakra – Third Eye : The Chalice Well (Kings Court)

5th Chakra – Throat : Wearyall Hill (Sacred Thorn Vortex)

4th Chakra – Heart : Abbey Ruins (Lady Chapel)

Three of the vortices listed above, The Tor, Chalice Well and Lady Chapel, are created by the spinning effect of the Michael and Mary leylines intersecting. These 3 sites also contain a myriad of other energetic sources, but those equally sacred energies are not telluric in nature. The vortex at Wearyall Hill occurs only on the Michael line. (The Mary line is not present). Precisely at the Holy Thorn an energetic node occurs with a powerful earth- current vortex spinning upward. The vortex has a diameter of about 8 feet.

In addition to the primary power-points in Glastonbury, numerous other energy centers occur. The locations in Glastonbury that I feel resonate to the first three chakras are:

3rd Chakra – Solar Plexus – 'Egg Stone' (Northwest side Tor slope)

2nd Chakra – Creative Center – Chalice Spring Wellhead (Chalicerwell Gardens)

1st Chakra – Base Center – White Springs Wellhead (Westside Chilkwell Street)

The combined Glastonbury energies resonate as a heart center, and accordingly vibrate to the number four.

The Chalice Well gardens are open almost every day of the year. From April 1st – October 28th they are open from 10:00 am to 6:00 pm.

The small village of Glastonbury itself is lovely and quaint, cradled among a series of velvety green hills. The tallest of these hills is the famous Tor, an oblong 'whale shaped' hill formation with the impressive monolithic remains of a church tower on top, dedicated to the Archangel Michael. At the foot of the Tor is the Chalice Well and the spherical dome of Chalice Hill. Below in the town center lay the ruins of the great Abbey, site of Joseph of Arimathea's church, and gravesite of the legendary King Arthur. Wearyall Hill, location of the legendary thorn tree is on the west entrance to the village.

Glastonbury was a major religious center long before the time of King Arthur or Joseph of Arimathea. The Druids utilized the Tor from 2500 BC as an initiation center for priests. Megalithic Age remains dating from 5,000 BC reveals Glastonbury as the site of a massive astrological calendar combining a stone circle, with solar and lunar alignments, (atop the Tor) and a land carved zodiac map, ten miles in diameter.

Glastonbury-Shaftesbury is believed to be the 4th Earth Chakra, the Heart. Located in the Southwest corner of England is the legendary village of Glastonbury. To say that this village is legendary is actually somehow an understatement, it has been recognized as a spiritual center since the megalithic era. It is the site of the first Christian church in the British Isles and claimed to be the Avalon of the King Arthur tale. The village of Glastonbury itself is pretty small but very quaint, cradled among

a series of velvety green hills.

THE TOR

Tor is an English word referring to a high rock or hill, deriving from the Old English Torr. The Celtic name of the Tor was Ynys Wydryn, or sometimes Ynys Gutrin, meaning "Isle of Glass". Tor's ruins originated around the same time as when Stonehenge was constructed. Thousands of years ago it was an island. Before modern drainage, the Tor in winter would have towered above the flooded Somerset Levels. The tallest of the hills is the famous Tor. At the top of Tor are impressive remains of a church on top, dedicated to the Archangel Michael. The top of the Tor was levelled at some point in the 10th or 11th century to build a large stone church. In 1275 an earthquake levelled this church. Years later a smaller church was rebuilt on the site in 1323 and lasted until the demise of Glastonbury Abbey in 1539. The church was quarried for stone and now only the tower survives.

At the foot of the Tor is the Chalice Well and the spherical dome of Chalice Hill. Below in the town center are the ruins of the great Abbey, site of Joseph of Arimathea's church, and gravesite of King Arthur himself. Wearyall Hill, location of the legendary thorn tree is on the west entrance to the village. On 2/22/2002, archaeologists Nancy and Charlie Hollinrake of the Glastonbury Antiquarian Society announced that they have unearthed on top of the Tor the foundations of what looks very much like an ancient circular temple.

Glastonbury was a major religious center long before the time of King Arthur or Joseph of Arimathea. The most famous legend of Glastonbury tells the story of Joseph of Arimathea and the Holy Grail. After the Resurrection of Jesus, Joseph shifted the archetype of Everlasting Life -the Grail- from Jerusalem to Glastonbury. The Druids utilized the Tor from 2500 BC as an initiation center for priests. Megalithic Age remains dating from 5,000 BC reveals Glastonbury as the site of a massive astrological calendar combining a stone circle, with solar and lunar alignments, and a land carved zodiac map, ten miles in diameter. Druid priests and society considered Glastonbury their "holy mecca". There were temples, stone circles, and fertility sites.

CHALICE WELL

The energy is soft and healing. The famous well is located at the back of the ample garden, and there are benches located throughout for relaxing and taking in the beauty. The gardens have a comforting feel and a vibrational purity. There are three distinct, yet harmonic energy sources within the gardens. These are the leyline energies forming the vortex in the King Court, the anionic energy formed by the Chalice wellspring and flowing waters, and the soft energy field of the vibrant trees and plants. All of these have tangibly different effects that vary from meditative, gently relaxing to vibrant electric intensity. The Chalice Well holds another dense energy around the wellhead area. The Goddess speaks from within that field, she is most tangible there. The wellhead is at the rear of the gardens with a perfect view of the Michael Tower atop the Tor, just a few hundred meters away. The wellhead is adorned with the sacred geometry symbol of the Vesica Pisces. The Chalice Well itself is very therapeutic and healing. The waters have been thoroughly tested and analyzed. The spring water is slightly radioactive, rich in iron and carries a detectable magnetic charge. There are countless documented accounts of healing taking place here. In the mid 1700's an English aristocrat was healed of a long-term infirmity after he was 'instructed' by an angelic apparition to drink from the well for five consecutive weeks. The highly publicized cure created a renewed notoriety for the Chalice Well. Visitors stream in from all areas of Europe to drink the water.

GLASTONBURY ABBEY

Glastonbury Abbey held a prominent and sacred position in the Christian world. Still today revered as holy grounds, the Abbey Ruins are the site of the first Christian Church in Europe, and are reputed to be the burial site of Joseph of Arimathea, the Virgin Mary, Saint Patrick and King Arthur. Legends claim both the Holy Grail and Arc of the Covenant were kept in the Abbey grounds. Glastonbury was a site of religious importance in pre-Christian times and the abbey itself was founded by Britons, and it dates at least to the early 7th century. Later medieval Christian legend claimed that the abbey was founded by Joseph of Arimathea in the 1st century. This legend is intimately tied to Robert de Boron's version of the Holy Grail story and to Glastonbury's connection to King Arthur, which dates at least to the early 12th century. Glastonbury fell into Saxon hands after the Battle of Peonnum in 658. The Saxons under Cenwalh of Wessex conquered Somerset as far west as the River Parrett, perhaps with the intention of gaining control of the valuable abbey. However, Cenwalh allowed the British abbot, Bregored, to stay in power, a move perhaps intended as a show of good faith to the defeated Britons. After Bregored's death in 669, he was replaced by the Anglo-Saxon Berhtwald, but British monks remained for many years after.

THE LADY CHAPEL

I found this chapel the most powerful location on the Abbey grounds is the hallowed Lady Chapel. It is found just outside the museum exit, in the main body of ruins. It is in the subterranean section of the cathedral assemblage. It is intact on three sides, and is topped by a low stone ceiling. A symmetrical stone altar occupies the center of the small chapel. The Lady Chapel is located at a precise crossing of the Michael and Mary Leylines, in what was clearly the most 'Christian' employment of telluric energy in the religious mecca of Glastonbury. The heavy stone altar in the Lady Chapel was placed in the exact center of the

Michael & Mary vortex. As such it radiates a very bright, telluric energy. Glastonbury is the Heart center of the World, and the Lady Chapel is the Heart Center of Glastonbury. It resonates to the 4th chakra. This is where I saw Mary and I spent an hour listening to her. This is why I am going back.

GLASTONBURY – THE TOR

On my 2018 Sacred Journey to Avalon and very soon, in late 2017, I will take the footpath to the top of the Tor, where we'll enjoy sweeping views of the Somerset countryside. You can see for miles, all the way to Bristol! Rich in legend and mythological associations, the Tor may have been a place of ancient ritual. Today, it's still a destination for spiritual seekers.

The terracing on the slopes of the Tor may be the remains of an ancient observatory, a seven-tiered sacred mount, a great three-dimensional labyrinth, a ceremonial way to the Otherworld. From the bottom of the hill coming out of Chalice Gardens, there is a sacred path that goes around the hill a number of times. This is a labyrinth and a sacred walk for one to take, even among the cow herd that is there. The cows won't hurt you. I recommend trying it. Start at the bottom, follow the path up to the top.

At the top of the Tor are the remains of the Medieval St. Michael's Church, dedicated to Archangel Michael. And if you are clairvoyant you can see Archangel Michel who appears to be around two hundred feet tall. He is blue and stands with his sword, completely passive, looking to the east.

Though the Tor is a majestic hill rising enigmatically above the flat surrounding meadows, it's no ordinary hill! Some say it's home to the King of the Fairies, Gwyn ap Nudd, a psychopomp who helps those who cross over to the Otherworld. These fairies who are the size of tall humans cluster around the legs of Saint Michael. To me they appeared as pastel colours rather than shining, rainbow colours. They are pale yellow, pale blue, pale pink, pale purple.

At the top of the Tor stands the remains of the Medieval St. Michael's Church, dedicated to Archangel Michael.

– As you take the footpath to the top to enjoy its sweeping view of the Somerset countryside, take time to gaze at the landscape; you can see for miles.

Centuries of legends and folklore about the Tor all arrive at the same conclusion: it is a place where the veil between the worlds is thin.

THE ARTHURIAN MYTHS OF GLASTONBURY

Arthurian Glastonbury, modern-day Avalon, is home to some of the Arthurian legends. One is of Morgana sister to King Arthur who is supposedly buried at Glastonbury Abbey. Morgana, also known as Morgan le Fay, is a fairy queen and sorceress of Arthurian legend. She may have roots in a Celtic sea Goddess. Her epithet "le Fay" translates to "the Fate" (or "the Fairy," itself derived from "fate"), aligning her with a Goddess of the ending of cycles.

She is one of three elder half-sisters to Arthur who are the daughters of Ygraine and Gorlois, the others being Morgause and Elaine. Morgana hated her half-brother Arthur nearly from the day he was born; the legends are full of her attempts to bring his downfall. Like Vivian, she is said to have been a pupil of Merlin. She is also the Goddess of beginnings. For though Morgana is forever trying to destroy Arthur, she also has powers of healing, and in the end she takes Arthur in to Avalon, to be healed of his wounds. According to prophecy, Arthur will wake, reborn, from an enchanted sleep to return to Britain in the time of its greatest need. Her predecessor Argante, called queen of Avalon in earlier legends, was also famed as a healer.

Morgana OR Morgan le Fey is associated with the magical island of Avalon. Avalon, which means "Apple Trees," is a magical paradise-type island or joyous land of the dead which is usually described as an island in the seas of the west. Avalon is also identified with Glastonbury, a great hill or tor in present-day Somerset in southwestern England, which in modern Welsh is called Ynis Afallach, "Isle of Apples." (Glastonbury Tor was once an island in a shallow marshy lake before the land was drained). An earlier name for it was Ynys Wydrin, or the "Isle of Glass" (though, oddly enough, the English word "Glastonbury" is not a translation), and glass is a substance associated in the Celtic mind with the Otherworld. Many legends speak of fantastic castles or towers made of glass, i.e. made from air or sea water, and Otherworld castles are frequently said to be islands in the sea or the sky, like Caer Arianrhod.

THE EGG STONE AT Glastonbury

This ancient stone was found last century in the middle of the grounds of The Abbey. After being ignored like a piece of old unwanted rubble, and being shifted about a great deal, it was moved to the back outside wall of the Abbots kitchen, where it sits today, waiting for those who recognize its sacredness to come and experience it.

– The Egg stone is roughly 'egg shaped' but flattened. Its measurements are approximately 3ft by 2ft 4 inches by 1 foot 4 inches. One of the flat sides is exposed and was found to be artificially leveled over a considerable area. In the center it has a roughly hollowed cavity.

– It's believed by some researchers to be a former Pagan shrine that was honored as an Omphalus, which in ancient times

was the most universal representation of the great Goddess, the Pagan equivalent of the Holy of Holies, the vagina, the womb or egg, the source of life itself. In fact the Shape of the Omphalus is that of the female birth cone or cervix. Today Neo-Pagans of the Glastonbury hold various fertility rites at the Egg stone. Dowzers have reported that the Egg stone emits powerful vibrations.

Nicholas Mann, author of Energy Secrets of Glastonbury Tor and The Isle of Avalon.

NEAR BY BATH TO THE NORTH:

Sulis was a deity worshiped at the thermal spring of Bath, England (the only hot springs in Britain). She was considered as a nourishing, life-giving mother goddess. Sulis's name come from a root meaning "eye" or "gap", referring both to the spring from where half a million gallons of hot water still well up every day, as well as to Her powers as seeress.

Her hot spring has been renowned for its healing powers since ancient times, and when the Romans arrived in Britain they built a bath complex around the spring, and named the place Aquae Sulis ("the Waters of Sulis"). Pilgrims came from mainland Europe to bathe in the therapeutic waters, and references to Sulis are known from as far away as Germany.

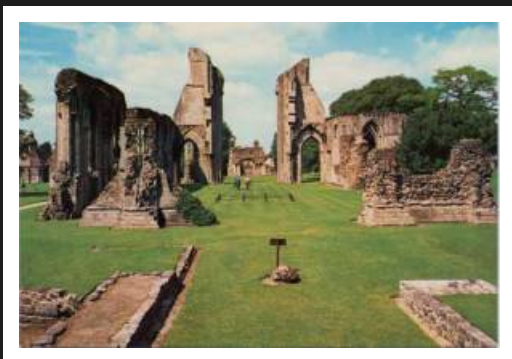
CONCLUSION

Today I have only spoke about Glastonbury. It is worth staying at least three if not five days here. I love staying in the High Street and if you book ahead the Bed and Breakfasts are a reasonable price and have a wonderful hot breakfast. I love the Arithmathean B & B which is around Aus \$100 a day and very close to Chalice Well and the Tor.

If you come on my tour I will do your relocated chart. Glastonbury is right on my North Node, Hygeia and Vesta and it feels just lovely for me. So it is a place of healing and revelation for me. On Solar maps Glastonbury is right on my Nodal Axis so it focuses on this life as well as past lives. My North Node is early Capricorn. Greece is very healing for me with my Sun, Mercury, Chiron, Jupiter, and Hygiea strong here. If you contact me to check whether this sacred tour is a power spot for you, I can look up your relocation chart.

I will talk more about the tour next week. Have a wonderful week, full of love, fun and abundance.

~ Hilary~



ASTROLOGICAL SUBPERSONALITIES (or distorted archetypes): SNOW WHITE Versus THE WICKED WITCH OR THE PSYCHOPATH By Hilary Bond PhD Copyright

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INTRODUCTION

Ideally we should live in a world of Taoism where we flow with life, gently and calmly. Daniel Goleman in his book "Healing Emotions: Conversations with the Dalai Lama on Mindfulness, Emotions and Health" discusses the attributes of mindfulness meditation in healing our health and our emotions with the Dalai Lama. The Dalai Lama maintains that if we have painful experiences in childhood we shut them off or repress them. But he says on page 133, that "But when you repress this kind of childhood pain, it throws off the inner balance and harmony of the body-, it dysregulates the body on a profound level and it comes out as a disease."

My article examines archetypes and we all have them. Caroline Myss calls these archetypes "Sacred Contracts." Some of these archetypes are "the saboteur, the victim, the prostitute, the martyr, the hero, the mediator, the scholar, the artist, the healer, the mystic, the queen, the mother, the warrior, the shaman, the mentor, the innocent child, the lover, the liberator" and many others and these are pure "types" or "models of behavior" common to mankind all over the world. Obviously in its purist form "the lover" is Venus in your horoscope, the teacher is Saturn, the shaman is Chiron, the mentor is Athena, the queen is Juno, the mother is the Moon or Demeter, the warrior is Mars, the liberator is Uranus, the mediator is Mercury as go between and psychopomp, but the saboteur can also be Saturn or Mercury in his trickster form or Eris the goddess of discord. Caroline Myss notes that each of the archetypes has a shadow side or a distortion. However, recent research has revealed sub-personality integration in the psychosynthesis therapeutic setting can help clients relieve anxiety and rebuilt their identities when dealing with culture shock, enhance creativity, and help to awaken personal and spiritual growth in self-identified atheists.

What are these sub-personalities? Essentially they are distortions of pure archetypes repressed childhood painful experiences. A secure child, who had caring parents, who were always available, will have secure children, who grow into adults who have high emotional intelligence, positive social cognition and high interpersonal competence. Maltreating or permissive (neglectful) parents or caregivers, create mental representations in a child that in times of need and anxiety no one will be available or mental beliefs that you will be punished, rejected, abandoned or abandoned. Thus adults who come from these experiences will resort to any way of surviving that they see fit.

Many of these ways of surviving are copied from the parent-caregivers and these may be resultant "psychopathic-wicked queen" or "distorted innocent-snow white or gullible Pollyanna" behaviour. Both are distorted parts of a Neptunian-Mercurial-Chiron spectrum as they are formed from beliefs (Mercury) and illusions, glimmers (masks) and delusions (Neptune) and neither have boundaries. They both are wounded as a result of reacting to their dysfunctional childhoods and often these people have no idea because they are still reacting to old memories. They also are wounded as a result of reacting to situations in erroneous ways that just cause huge scenes or dramas and this further traumatizes them. Neither the psychopath-sociopath-evil queen or the distorted gullible innocent-Pollyanna-Snow White sub-personalities have emotional intelligence, social understanding or interpersonal competence so they do not understand themselves or others.

Often transits such as Pluto or Uranus or even Saturn, Chiron or Jupiter transits can trigger an opportunity to behave in new and positive ways. Shamanic soul retrievals can help enormously to work in with these transits. In my experience Uranus transits cause huge awakenings. They are very helpful. It is sad to see people who do not respond to the Uranian call as often these people choose to be traumatized further. In the example horoscope I use at the end of this article if Uranus or Pluto has transited their Chiron in Capricorn they will wake up to the fact that they do not have to control others through fear, hurtful statements or even shamanic sorcery. They may realise that there are honest ways of gaining money and they may awaken to the fact that if they speak truthfully and sincerely that they will be recognized, appreciated, respected and noticed.

I will be explaining the Psychopath-Sociopath extreme first, then the Evil Queen and Snow White and then a very mixed up man who presents as a psychopath. Will I say, "Enjoy". It doesn't sound appropriate. But I do hope you gain some value from this article.

PSYCHOPATHS- AN ASTROLOGICAL SUBPERSONALITY OF WOUNDED FIRE- PROMINENT and DISTORTED CHIRON, NEPTUNE, SATURN, MERCURY AND PLUTO.

1. Psychopaths can con anyone. Everyone, including the experts, can be taken in, conned, and left bewildered by them. A good psychopath can play a concerto on anyone's heart strings. Thus both the "Innocent-Gullible-Pollyanna-Snow White archetype" are on the Neptunian spectrum. Psychopaths are deceptive and wear a Neptunian and even Chironic mask- yes they are very wounded, especially when they have a first house Chiron. And look out for them if they have Neptune in their 10th house. A Neptune in the 1st house or Pisces ascendant person will be Pollyanna-Snow White- the innocent who is the epitome of the gullible-goodie two shoes. These are the people that psychopaths will target.
2. Pure psychopaths cannot admit to their guilt. Has person you know, an intimate friend or a co-worker of yours, ever made a big mistake and tried to pin it on you or, even worse, manipulate you into believing the predicament is all your fault? Lack of guilt as a key psychopathic trait.
3. A true psychopath feels no remorse. This characteristic is associated with a remarkable ability to rationalize their behaviour, to shrug off personal responsibility for actions that cause family, friends, and others to reel with shock and disappointment.
4. One of the key symptoms of psychopathy is egocentricity. Psychopaths do everything based on their own needs, because they are the centre of the universe. They have an inflated view of their own importance and have no trouble breaking the law, or reforming an unethical action. They live life according to their own rules.
5. Psychopaths lie to achieve their own ends. And if they get caught in a lie, they simply change their story to back it up. If you catch a psychopath in one of their lies, and I have, you will be amazed with all the contradictory versions they feed you. Psychopaths are proud of their ability to lie.
6. Psychopaths don't spend much time weighing the pros and cons before acting. Impulsive by nature, their goal is rather to "achieve immediate satisfaction, pleasure, or relief. And that includes sexual gratification. They might tell you that you are the only person they have ever loved, but think about what they want short term and long term.

7. Most, but not all sociopath-psychopaths cannot plan ahead. Their impulsiveness makes psychopaths unable to plan ahead. Many psychopaths show a failure to follow any life goals.
8. Psychopaths are always searching for thrills. They run on adrenaline, whether it's generated by legal or illegal activities. Their addiction for excitement is an inability to tolerate routine or monotony. There is a large slice of the puer eternus – Peter Pan- in them. Look for a Sagittarian Moon, or an Aries Venus or Moon or a stellium or excessive number of planets in fire. Roaring around on their motor bike, just missing cars on the freeway as they exceed the speed limit, skydiving, bunji jumping, showing off to their mates even when they are in their sixties and seventies are some of the actions of this thrill seeker.
9. Psychopaths seem to suffer a kind of emotional poverty that limits the range and depth of their feelings. They seem unemotional, even when they have tantrums and outbursts.
10. But they cast themselves in a good light. It is very hard, for even people who are not gullible to pick out a psychopath because, most of the time, psychopaths are fun and easy to approach. They are careful to show their best side. They can be entertaining with their unlikely stories. They generally are voluble, verbally facile, charming and they seem well educated.
11. Psychopaths have a large well of internal rage. They are quick to react strongly to what they perceive as an insult or slight. The slightest provocation is sufficient to overcome their inhibitory controls. But even when their outbursts are intense and they threaten or insult you, they regain their composure quickly and then they will be quick to accuse you of having a problem with rage. They will suggest that you need to see a psychiatrist.
12. They had early behavioural problems and dysfunctional childhoods where one parents may also have had a narcissistic or sociopathic personality.
13. People do not become a psychopath or sociopath overnight. It is a mental and behavioural aberration or a condition that most often begins at an early age. Behavioural problems in children might include persistent lying (often to avoid beatings at home and it becomes a habit. So because it is a habit we look to the 4th house, Cancer, the Moon and the South Node. We may also say the lying is a type of addiction. Look for a challenging aspect from Mars and or Mercury to Neptune), cheating (to avoid problems at home or punishment at school; again Mercury- Neptune challenging aspects or Mercury conjunct Neptune in the 11th house of friends or in the 4th or 8th house of parents and ancestors), theft, arson, truancy, substance abuse (this one is a long one and I will address the addiction part of psychopaths at the end), vandalism, and or precocious sexuality. The early need for sex usually is part of the addiction trait and copying someone at home. I will add that one's genes can throw back 300 years and people can choose spiritually to come into this life to break the criminal behaviour of an ancestor. Equally so ghosts of criminal or convict ancestors, those who have not gone to the light, may inhabit a child. I have seen this in people who have Mars-Jupiter in the 8th or 4th house and an Aries Moon square, quincunx or opposition to Pluto and a Mercury conjunct Neptune. They seem to be still in the grip of Viking or medieval or convict lives where they were violent.
14. Sociopath-psychopaths do not think they have a problem. They do not believe they have psychological or emotional problems, and they see no reason to change their behaviour to conform to societal standards they do not agree with. But they will argue vehemently that you have a problem if they perceive that you have crossed them.
15. They play the victim. Psychopaths often give the impression that it is they who are suffering and that the victims are to blame for their misery. And they will use that word. "I am suffering!" they will tell you. But beware, for like the victim of a vampire, you are without a doubt the intended victim, for your money, for sex, for the joy of hurting you and these types are the perpetrators of domestic violence, even if it is verbal abuse rather than physical abuse.
16. Pure psychopaths are overconfident. While you might lack self-confidence, psychopathic people have an abundance of confidence, along with a grandiose sense of self-worth. But stay with them too long they will rob you of confidence.
17. And last, but not least, they will never change. Do you, try to change the psychopath, if they are your sibling, co-worker, partner, or client, despite their shortcomings, and would you like to make them aware of the issue so they can take concrete steps to improve their personality? Well you need to wake up and realise that your good intentions to change them will not work. There is little likelihood that anything you do will produce fundamental, sustained changes in how they see themselves or others.
18. In my experience psychopaths will take revenge and this is a Pluto trait.

THE INNOCENT ARCHETYPE : SNOW WHITE & POLLYANNA VERSUS THE EVIL QUEEN (PSYCHPATH)

Snow White is the picture of innocence. An ingenue. She is a very good example of a classic archetype called "The Innocent". Pollyanna is another excellent example of this same archetype. Overly innocent Pollyanna may meet a predator or conman and be seriously hurt. Her shadow side is vulnerability to victimisation. Pollyanna Syndrome is an unrealistic optimism is described as having an excessive (and even harmful) belief that all things will have positive outcomes, no matter what. Although Snow White is very emotional, it mostly comes through as exuberant cheerfulness. She is so sweet-natured and gentle that even her emotional distress can be endearing, attracting assistance offered from the most unlikely of places. In the fairy-story, this takes the form of a group of miners, and a gruff huntsman turned kindly in her presence. The Huntsman has been ordered to kill the young princess, but can't go through with it after witnessing her rescue of a baby bird. It is her tender nature and cheerfulness that make her attractive and her nature also brings trouble. Innocence has its enemies. In real life her naïveté can be taken for gullibility and exploited. Has she had so much drama in her childhood that it becomes her shadow? Her innocent, caring nature can attract cruel bullies who enjoy invoking fear in the helpless, or who feel that she needs to be taught some tough lessons about "real life". (Whenever someone's motive is to "teach that girl a lesson!" you can bet they're in the wrong.) It can also attract deep jealousy, and that's where The Evil Queen comes in. Snow White sounds very Libran-Piscean. An "innocent" may have a Libran moon and a Pisces ascendant and a Sun square or opposition Neptune. A strong Neptune/Pisces can depict Pollyanna qualities. A challenged Jupiter at times (not always) may contribute to such

behaviour. A strong Saturn and or Mercury can definitely modify this tendency, as would make the individual more rational or analytical rather than operating on faith alone.

People who have sensitive, loving, responsive, attuned, consistent, available and accepting parents grow up with secure attachments where their parents are interested in their child's emotional, mental, creative, spiritual and physical well-being are used to coordinated or cooperative relationships. Securely attached children are able to express and experience negative emotions. These children and adults are able to behave openly and flexibly within all relationships. Securely attached children have high self-esteem and insecurely attached children or traumatised children generally have low self-esteem and will do anything to be loved including enduring abuse or endlessly being good or very bad. And this is what the "Innocent-Pollyanna" and the "Wicked Witch-Psychopath" have in common. People who as traumatised children; who grew up in highly dysfunctional homes, where they were beaten, screamed at, abandoned or are in constant danger for displaying strong feelings can release this fear if they have a "safe, consistent, predictable therapist" who takes his or her time with this person. People who grow up in secure homes where they are consistently loved and understood are those who have a strong internal representation of themselves as psychologically coherent and lovable people. They recognise, understand and regulate their emotions and are competent social people in the face of any adversity because they know who they are. They attract available and responsive partners who are not dysfunctional. Please see David Howe (2005) "Child Abuse and Neglect: Attachment, Development & Intervention."

So let's look at another form of the "psychopath."

THE EVIL QUEEN (or the Bitchy King)

The Evil Queen has to be the center of attention at all times, and is highly offended when she isn't. In real life, she's the person breaks into other people's conversations and switches the subject to herself. She may be a Juno person in negative aspect or a Pluto person with a negative aspect to her Moon, Jupiter and Mars. She disrupts the meeting with her grandstanding of usually off-topic opinions because, of course, her opinion is so very much more important than anyone else's. And if you try to steer things back again there's an explosion of high drama because you "never listen" and "don't respect" her.

An Evil Queen is completely judgmental of everything and everyone. It's an endless stream of bitter comments and put-downs about how bad someone's appearance is, how "stupid" they are, how tasteless this or that is. She may believe that judging everyone negatively will make her look better in comparison. She may even invite you into a conversation only to cut you down with bitter, hurtful comments and sarcastic jokes.

An Evil Queen is aloof, haughty and imperious. If you don't meet her impossible standards, she'll somehow take offense to everything you have to say, but won't tell you why. She's so egotistical that she thinks you should have to find out how you've displeased her. She's so self-important that she thinks you'll worry about this. Every time you open your mouth to speak, she'll react with shock and distaste.

An Evil Queen is very territorial, so if you have the misfortune to work or live with one, you won't be able to avoid friction with her. She's close kin with "The Drama Queen" and the "Petty Dictator", so you'll see some of those qualities in action as well. An Evil Queen is seething with jealousy, seeing everyone as a potential rival over which she must assert her dominance. And we see Pluto-Moon aspects again at their lowest vibration or even Moon in Scorpio or the 8th. If you are attractive or talented in any way, you are a special target for her abuse. So much as look in her general direction and she'll turn his face away with a pronounced gesture, as though you are the most repugnant thing she has ever seen in her life. If you're lucky, she'll pointedly ignore you, and actually think this will hurt your feelings, because she's just so special and wonderful, and is depriving you of her brilliance. The Evil Queen in your life actually does hurt everyone's feelings, at least until they figure her out. She may even incite their hatred. But somehow her own behaviour is never at fault, everyone is is "just a hater" who "doesn't appreciate" her. She is so special that most people can't even see it! She is a sociopath-psychopath.

An Evil Queen will quite often be a bully. She's every bit as threatened by perceived weakness as she is by strength. If Snow White's gentle nature elicits sympathy from those around her, it will draw wrath from The Evil Queen. Any attention paid to others is a threat to her need for total domination of her social environment.

THE MAGIC MIRROR

In terms of symbolism, the magic mirror is a hint about the true nature of these two archetypal characters: the Snow White and Evil Queen archetypes. They mirror each other. The reason The Evil Queen is so rigid and territorial is that she secretly feels vulnerable. If she were truly as great as she wants everyone to believe, the presence of meek little Snow White would be no threat to her. But if we go back to attachment disorders both will come from dysfunctional homes where parents are not available because of illness, substance abuse or poverty.

Snow White knows that it's okay to be vulnerable, and to ask for and accept help. Her soft-hearted tenderness is a kind of strength, because it draws support from the community around her. An Evil Queen hungers for that kind of support, but never seems to get it. "You don't support me!" is a common complaint made by Evil Queens. They never get the support they are asking for because they pretend not to need it. What an Evil Queen needs to learn is how to be vulnerable, or rather, how to show vulnerability in an open, fearless and honest way. She has to re-learn the trust of a child, the kind of trust that Snow White exhibits naturally.

For her part, Snow White's failing is that she can be very, very gullible, to the point of being stupid. She is not street-wise. In old versions of the story, the Queen comes to the cottage to kill her on three different occasions; and each time, Snow White opens the door to her! If she's tricked or exploited, a Snow White can fall into the state of another archetype "The Victim" or even "The Martyr". Her deep trust needs to be tempered with caution. What she can learn from The Evil Queen is how to effectively set social boundaries. While The Evil Queen's boundaries are far too broad and too rigid, she's far safer than Snow

White, who seems to have none at all. (It's interesting to note that modern retellings of the story feature Snow White preparing to battle the Queen by putting on armour, a potent symbol of the this need for self defense.)

WHITE, RED AND BLACK

A clue to the integration of these two archetypes is given at the very beginning of the story. Although the princess is given the name Snow White, it is only one of her physical characteristics. Snow white is described as having "Skin as white as snow, lips as red as blood, and hair as black as ebony."

White stands for purity and innocence, which Snow White embodies. She is "pure as the driven snow." But in her story there is darkness, embodied by The Evil Queen, who is always "in a black mood." In the tension between these two there is "life's-blood" vitality, energy, even rage. The Evil Queen grows livid at the sight of her; she "turns red." The interaction between these two will be bloody, but ultimately prove beneficial. It's in this "red zone" that these opposites meet and can potentially integrate in a person's psyche.

Snow White and The Evil Queen don't necessarily need to meet in real life. The Evil Queen's bid to always be "Fairest Of All" has to fail eventually. Eventually old age will come, and she will have no choice but to be vulnerable when she can no longer care for herself. Likewise with Snow White: eventually the harsher realities of life will wear her down, and she'll have no choice but to put up some defenses against it. But meeting each other's real-life counterparts can certainly speed up the process. Ultimately an Evil Queen must connect with something "Snow-White-ish" in herself, realize her own inner vulnerability and innocence and to express it honestly without fear. A Snow White must connect with her inner "Evil Queen" and learn to stand up for herself, to defend herself and define her own limits. She must learn to be just a little bit cautious and wary, yet still remain open.

They both need to find a balance between these extremes. An Evil Queen must allow her hard but fragile ego to be a little bit porous, to let in just a bit more of the light of the world. A Snow White must crystallize her ego a bit to protect it from life's difficulties. The pair are like a Yin-Yang symbol: They're complementary, each having a tiny seed of the other within. The challenge, then, is to become aware of these hidden "inner qualities" and make them manifest.

VANQUISHING THE WICKED WITCH OR EVIL QUEEN:

The light and the darkness must be fully integrated. If we are an "innocent" we need therapy and even past life healings or soul retrievals even hypnotherapy so we stop being the "gullible goody-two-shoes." This is not, of course, what happens in the story, but it does happen at Disneyland where all is forgiven and Snow White and The Evil Queen are now friends. Uneasy friends, surely, but friends nonetheless...

A CHALLENGING TRANSPUTO. Another form of lack of attachment in childhood is the Moon-Transpluto aspect and its relationship to maternal jealousy. Many astrologers may see this pattern of parent-child relationship to Moon-Mars (maternal competitiveness) or Moon-Pluto (the projection of maternal resentments and feeling out of control onto the child). While the behaviour of the critical, perfectionist mother is usually the projection of the mother's own fears, failures and shortcomings onto the Moon-Transpluto child, this behaviour can also be symptomatic of the mother's own frustrations and lack of emotional fulfilment. As the young female child begins to develop some autonomy, the mother uses criticisms to sabotage the child's efforts to be successful in any undertaking deemed threatening to the mother. If the child is successful, the mother can become both critical and angry which the child does not understand.

Mothers are supposed to be proud of the achievements of their children. She may even encourage the success of the child but, out of jealousy, attack the child at every turn. This gives rise to a fear of success in the child. In this case, it is not a fear of failure but a fear of rejection, recrimination and psychological retaliation from the mother that success would engender. Those with a strong Trans-Plutonian influence tend to have hypercritical parents, which leads to self-criticism and self-judgment and judgement of others later in life. They're often perfectionists, feeling nothing they accomplish is ever good enough. They desire full control and self-sufficiency as a means to avoid being criticized by others. They give and give and give, but do not wish to be on the receiving end of other people's charity, as that would mean relinquishing their autonomy and opening themselves up to the judgments of others. Used destructively, perfectionism never allows the individual to be content. Always dissatisfied and troubled by self-recriminations, the ego is diminished by a low self-esteem, an image unfairly projected by the parent. In anticipating failure, the individual painfully procrastinates or gives up before the efforts see fruition. In dodging failure (often found when there are many Mutable placements in the horoscope), the individual may take on an irresponsible attitude, drift from one job or relationship to another, and never really try anything. Such an attitude reinforces the belief that the perfectionist parent is correct, "I am a failure." It is common to find such extreme cases when the individual never experienced any approval from the perfectionist parent.

TransPluto people may be perfectionists, need to be self-sufficient and they often feel alienated and criticized. Because both Chiron and Transpluto both concern feelings of marginalisation and alienation one can imagine the obsessive self-critical thoughts a Chironic-Transpluto person may harbour: "I will never have any friends. No one loves me!" would be some.

CONCLUSION

I hope this article has shed some light on the spectrum of the two archetypes of Snow White and the Evil Queen or the Psychopath-Sociopath and Pollyanna as they both emerge from dysfunctional childhoods and their emotional, mental and spiritual frameworks of the world as not based on their own internal security. People with a high number of water planets are far more likely to have the "Innocent" archetype than those with a lot of earth planets because they are not very grounded and are very fearful. The psychopath types generally have a lot of fire planets and the fire planets are generally in water houses so

the fire puts the water or empathy and compassion out.

BEFORE I GO I WILL DO ONE PSYCHOPATH EXAMPLE.

I met this man as a client because his lady friend had been having problems with him. She told me, "He was very charming at first and took me lovely places, he picked endless arguments and then he blamed me for arguing. If I was not at his beck and call, day and night he threw a tantrum. He was very tense and after a while became very critical. Christmas day was a nightmare because we saw my family. He was so angry about that." This male came to see me once, but under duress.

One can see that with Chiron conjunct Vesta in his first house, his heart chakra is very wounded. He is wounded at core level. When the heart chakra is of a low vibration and closed there is a great deal of anger.

He has Mercury, Venus, Mars, Moon and Pluto all in fire and they all are in water houses so there is little empathy or compassion because all the fire burns away the water, therefore there is an emotional desert and no luxuriance or internal beauty. His seething, steaming, angry emotions are harsh and everything is for himself.

With an unsuspected Mercury in Aries his level of communication and thought processes are very primitive. Even though his Sun is in the 3rd house of communication, his Sun is in Pisces, so he has no boundaries as to what he says. His Sun squares his Sagittarian "puer eternus" Moon. So there is a lot of inner tension and his conscious mind and his unconscious are not in harmony. With his Moon in the 12th house his emotions are swept under the carpet and he told me, "I have to escape my wife, frequently, so I go on long motor bike rides when she gets angry." Ah!" I thought, a wife and a lady-friend.

"Are you still with your wife?" I asked.

"No, she lives separately to me, but she controls the purse strings. She doesn't listen to me. She doesn't trust me."

"Ah," I thought. "Chiron in Capricorn conjunct the Capricorn ascendant. Money issues and not being recognized, appreciated, acknowledged and heard are the key to the agony and anger." I suggested that if he spoke softly, instead of having angry tantrums people may give him more respect and listen to him. I also said that perhaps speaking up regularly in sincere communication, where he didn't stew or brew, where his fury boiled over into his very obvious facial expressions or body language would help. These were all Chiron in Capricorn and Chiron in the first house wounds.

He didn't answer.

"How long have you been married and has it always been like this," I asked.

"Forty years and seeing I do all the work on our houses and the garden I let her take over the finances. It's easier that way. But she blocks me, from money making schemes." He also revealed that whatever his father did he never made any money.

"Mmm," I thought quickly, "Money and control issues and where is Saturn, because it is the ruler of the ascendant? Libra, its in Libra in the tenth, conjunct Neptune and opposite Mars-Venus. Saturn is square Chiron, and opposite Mars and Mars is square Uranus."

I suggested that perhaps "keeping up with the Jones and only associating with other millionaires had kept him festering about his lacks." I suggested that perhaps love and real friends and a real relationship with his wife were more important than a constant need for status and accolades and that perhaps what he really needed to seek is to love oneself, to recognize, appreciate and respect oneself, just the way he was instead of constantly reflecting back on the poverty stricken little boy who was often hungry because his father drank all their money away. And perhaps his fragmented self, so full of pain and fury was a reflection of a fragmented consciousness which could be mended by sincere therapy where he reflected and came to appreciate himself and his wife.

He gave me a filthy look and shuffled his feet.

"Do you yell at your wife?"

"Yes, but she gets really angry and then I go off on one of my long trips, and it has never been resolved."

"Is this how your parents acted?"

"Yes!" he answered. "Only Mum left him when he beat her so hard she was hospitalized and then when I was twelve I went to live with Dad. He committed suicide when I was nineteen."

"How did you cope?" I asked.

"I shut down."

I guess he did as his Moon is in his 12th house.

He needs constant thrills with that Sagittarian Moon and enjoys bitchy gossip, if we include Juno conjuncting his Aries Mercury. His father which is represented by his Sun in Pisces in the 3rd and Mars in Aries opposite Saturn and Neptune, could not communicate normally and he was a perpetrator of domestic violence, because he had a totally ungoverned temper.

With Transpluto conjunct South Node in Leo in the 8th house the client is very susceptible to paranoia about perceived criticism and he is very jealous. He needs to be king of his castle and so he is a solitary creature where he has a subservient lady friend who will cater to his every whim. He is very abusive verbally to his lady friend, just as his father was to his mother, and yet with his Sun in the sociable third house he can seem publically charming and yet he is a home devil.

His virtual manic-depressive moods are evident with his Saturn conjunct Neptune in Libra in his 10th opposite his Mars and Venus conjunct in Aries in his 4th. His Vesta conjunct Chiron squares both his Mars-Venus and Saturn-Neptune. He was an angry father too. He rides his motor bike excessively fast and dangerously and frequently gets speeding fines for being 30 miles an hour over the speed limit. He has admitted he rides at other cars to frighten people. With his Chiron opposite his Uranus in the 7th. It seems obvious that he traumatises his lady friend so he can heal her and appear to be compassionate. In fact he enjoys being abusive. However, you may be wondering what has happened with transiting Uranus conjuncting his Venus. He has gone back to his wife, and even though he asked his lady friend to wait while he tried to get his share of his money back from his wife, she has just left. The last I heard was six months ago and he was furious.

I forgot to say that with his Moon in the 12th and his Sun in Pisces he should be very psychic and one wonders whether he is. One would never know because he is a compulsive liar. But unfortunately he went to an introductory shamanic weekend and learnt how to go into his Sacred Garden. He now has become a sorcerer who hurts people spiritually and physically if they cross him. He also has major addictions in the sexual realms as we can see with South Node and Pluto in his 8th and his Sun-Pluto aspect. His strong Neptune and Pisces suggest substance abuse and he was an alcoholic for years. His wife supplied the alcohol, he said and he drank two bottles of wine a night.

He has an insatiable need to be secure and be loved because his self-love is low. He has admitted that, like his father, he can't bear being alone because he cannot sleep at night. He is a chronic omfrt eater and is 15 kilograms overweight. This is revealed by his Venus-Neptune and Saturn-Venus and the insomnia is Neptunian, specifically his Pisces Sun squaring his 12th house Moon. His Jupiter-Hygeia square his Pluto suggests a pornographic addiction which he has.

Counselling is an ongoing process where the clients have self-realizations and with Uranus and Pluto setting off all his cardinal planets (Uranus, Saturn, Neptune, Mercury, Venus, Mars, Chiron and Vesta) his really should be having some degree of transformation. The goal that the Australian Federation of Australian Astrologers provides for counselling clients "is to provide insight into the potentials, challenges and nature of the client's chart whilst also providing hope and direction for future change. This may involve addressing psychological complexes, shadow issues, wounds and defenses that could be operating outside a client's current level of awareness. The goal is to empower the client to understand their experiences so as to encourage the client toward their optimal growth and development. The natal chart is a map of the psyche and as such should be approached with respect, compassion, care and patience. Remember "Do No Harm".

So regarding these goals, I asked the client whether he would like to come back. "No," he answered. "Too much money."

"What about mediation or relationship with your lady friend. I could provide that on a long term basis." And I read out the FAA aims.

He looked in the air and rolled his eyes. "Nope, I'm having mediation with my wife. We go to a cheap community organization. I need to get my share of my money back. Then I'll leave her. Then I'll be rich again." And he left.

Control, money, the need to be in charge and an unconscious need for the inner peace of an orderly consciousness, where he actually accepted and recognized his hard work were giant issues in his life. How far does one go for control when one has a challenging Capricorn Ascendant, Capricorn Chiron and a challenging Saturn? And the difficult Chiron in the first house. He needed to recognize his own self-worth and be self-disciplined with his body. He needed exercise to take off weight and overcome his insomnia. He needed persistence to submit to this exercise regime and a routine so his body would not fragment.

I also examined his Chiron T square where Mars was the apex. I suggested diplomatically that his blocked energy and motivation led to low or no energy and that feeling thwarted would show up in his life as hyper-reactions, depression and chronic fatigue and energy zapping viruses. He said he had never really recovered from chronic fatigue 12 years ago. I also suggested that if he did not attend to his wounds which I wrote down he would have constant violent explosions from the pressure cooker effect of Uranus-Mars-Chiron.

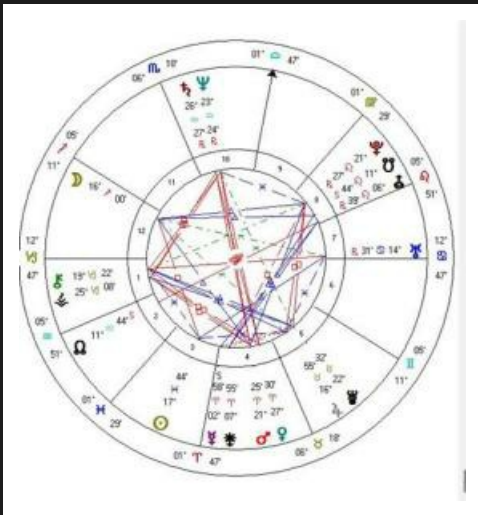
I added before I ended the session that with his Sun-Chiron aspect that he had the potential for healing if he attended consciously to his wounds and issues. I also suggested that his Sun Pluto aspect meant that this lifetime was the end of an old cycle and the beginning of a new one and that he could choose to elevate his consciousness up one octave. He had the potential to challenge and confront old wounds which I had talked about and release them. I did say that with the quincunx that if he failed to address this he would tend to take out his criticisms negativity, frustrations and irritation on others, especially his nearest and dearest. I told him that continual verbal abuse was a police matter. It was domestic violence. I suggested a hypnotherapist, acupuncturist, some yoga teachers and health resorts. This was all in 2016 and I have never heard from him again.

ON THAT NOTE

I will say farewell for the time-being. A psychologist friend of mine, years ago, wisely told me: "Apples have a core if you peel them, but onions make you cry if you peel back the layers. They have no core, just a black hole.

So all Pollyannas beware of trying to change people unless they really wish to change. It is useless taking clients who have been "forced to see you because someone near and dear wanted them to." People change when they are ready.

I hope all who read this article have a wonderful day.
Cheers and blessings from Hilary (StarCounsel).



A TOUR TO SACRED ORACULAR PLACES IN GREECE.

By Hilary Bond PhD. Copyright.

Posted on July 10, 2017 Standard 2

A TOUR TO SACRED ORACULAR PLACES IN GREECE. By Hilary Bond PhD. Copyright.

INTRODUCTION

I am taking a discovery tour to some sacred sites on the Apollo-Athena leyline as the pre-cursor to running a scared tour to the oracular sites of Dodona, Delphi, Delos and Athens next year. Besides checking out the visions and healing properties of each sacred site I am looking for the most pleasant, cheapest and accessible hotels or B & Bs for these places. I am also discovering the best way to go there ie, flying, driving, sailing. I hope you will consider coming with me as potential travellers with me. I have traversed the Michael-Mary leyline in 1995 and I now know the knowledge of "what to ask" these oracles and the ways to gain the most beneficial therapeutic effects. As a past life seer and healer and shaman I have experience going back to 1995 to gain the most benefit for going to these Neptunian-Jupiterian places. And I can chart these places into your horoscopes as favourable or not favourable places for you, So message me is you'd like to come with me on my spiritually evolutionary tour either this time or next year.

LEYLINES AND SACRED PLACES

Ley lines are lines of energy running over-ground in straight lines, often reflected in ancient trackway lines and alignments of prehistoric and historic sacred sites in the landscape. Ley lines are properly defined as straight over-ground energy lines that echo the sinuous paths of larger underground rivers. They carry Yang Qi relative to the Yin Qi of underground water, and are associated with Heavenly consciousness and human spiritual ceremonial sites. These straight (at least over dozens of miles)

spirit paths are found equally in China as elsewhere in the world, and frequently define the processional routes to major palaces, temples and cathedrals. Appropriate for sacred sites, these energy pathways are less comfortable for secular living, and houses built on them are generally a thoroughfare for all manner of spirits.

They can be compared and contrasted with the more yin underground water lines as a yang energy matrix associated with a more heavenly consciousness, and are frequently worked by human ceremonial practice at sacred sites designed and constructed at key points in the landscape along these lines.

The classic leyline as described by Alfred Watkins in his 1925 book 'The Old Straight Track'. These are overground lines of energy, straight over perhaps 60 miles with slight changes of path over longer distances, which echo the sinuous paths of underground rivers across the earth. These carry energy of various types and levels, and can be worked via key points either as part of a programme of regular maintenance for the spiritual hygiene of a land, or as a specific therapeutic action.

THE ARCHANGEL MICHAEL AND MOTHER MARY LINE

Perhaps the most famous Leyline is the 'Michael and Mary' line which runs across England from St. Michael's Mount in Cornwall to Hopton in Norfolk. Twin underground water currents, known as the Michael and Mary lines after the number of churches dedicated to either St. Michael and St. George, or St. Mary found upon them, run with a central overground Ley across England, oriented to Mayday sunrise. I went on this in 1995 and saw visions of Mother Mary at Glastonbury and Archangel Michael at many other of these sites as well as giant "Atlantean" men at some of the stone megaliths I went to. It is an amazing line of therapeutic energy.

THE APOLLO –ATHENA LINE.

The sacred geography of continents: the Archangel Michael/Mary – Apollo/Athena Line runs across Europe oriented 60°11' west of North. It passes through: Skellig Michael, St. Michael's Mount, Mont St. Michel, Mayenne, Le Mans, Tours, Blois, Issoudun, Bourges, Sancerre, Nevers, Moulins, Digois, Charolles, St. Vincent des Pres, Cluny, Macon, Perouges, Lyons, Vienne, St. Beron, Bozel, Sacra di San Michele (Turin), San Michele (Castiglione di Garfagnana), Perugia, Monte saint Angelo (Gargano), Dodona, Delos, Delphi, Athens, Rhodes & Mount Carmel. The major Apollonian oracle centres form the main axis of Greek sacred geography in a straight line: A. Kerkyras (Corfu) B. Delphi (Mount Parnassus) C. Athens D. Prasaias E. Delos F. Lindos (Rhodes).

Around Athens I intend to see the Athena Hygeia healing temple at the Acropolis, the Asclepius-Hygeia healing – incubatory temple at the Acropolis, the Asclepius-Hygeian healing temple at Epidaurus; the Apollo healing temples at Delos and Delphi; the most ancient Dione-Zeus healing incubatory temple at Dodona to check out the healing energy this year.

THE EARLIEST ORACULAR CENTRE

The earliest known oracle or sibyl was in the renowned temple of Per-Wadjet. This was an important site in the Predynastic era of Ancient Egypt, which includes the cultural developments of ten thousand years from the Paleolithic to 3,100 BC. The temple was dedicated to the worship of Wadjet and may have been the source for the oracular tradition that spread to Ancient Greece from Egypt. The Per-Wadjet tradition continued through the entire history of the Ancient Egyptian culture. The later Greeks called both the goddess and the city Buto.

THE TEMPLE OF DODONA

Dodona is near Ioannina in Epirus in northwestern Greece and it is the oldest Hellenic oracle, possibly dating to the second millennium BCE, according to Herodotus. The earliest accounts in Homer describe Dodona as an oracle of Zeus, but during classical antiquity (500 BC onwards), priestesses and priests in the sacred grove interpreted the rustling of the oak (or beech) leaves to determine the correct actions to be taken, but some suggest that the oracular sound originated from bronze objects hanging from oak branches and sounded with the wind blowing, similar to a wind chime. Dodona was an oracle in pre-historic times, devoted to a Mother Goddess (identified at other sites with Rhea or Gaia, but here called Dione) who was joined and partly supplanted in historical times by the Greek deity Zeus. Dodona is in a remote region away from the main Greek cities, but it was seen to be second only to the oracle of Delphi in prestige. Aristotle considered the region around Dodona to have been part of Hellas and the region where the Hellenes originated. Dodona was a vital religious sanctuary until the rise of Christianity during the Late Roman era.

Zeus was worshipped at Dodona as "Zeus Naios" or "Naos" (god of the spring below the oak in the temenos or sanctuary, a place of the Naiads) and as "Zeus Bouleus" (Counsellor). The earliest mention of Dodona is in Homer, and only Zeus is mentioned in this account. In the Iliad (circa 750 BCE), Achilles prays to "High Zeus, Lord of Dodona, Pelasgian (from Thessaly), living afar off, brooding over wintry Dodona" (thus demonstrating that Zeus also could be invoked from a distance). No buildings are mentioned, and the priests (called Selloi) slept on the ground with unwashed feet. No priestesses are mentioned in Homer.

The oracle also features in another passage involving Odysseus, giving a story of his visit to Dodona. Odysseus's words "bespeak a familiarity with Dodona, a realization of its importance, and an understanding that it was normal to consult Zeus there on a problem of personal conduct." Odysseus says to the swineherd Eumaeus that he (Odysseus) went to inquire of the oracle at Dodona whether he should return to Ithaca openly or in secret (as the disguised Odysseus is doing). Odysseus later repeats the same tale to Penelope, who may not yet have seen through his disguise.

Like the temples of Serapis; the temples of Isis and the Hygeian-Asclepius temples, the ancient and isolated temple Dodona was a therapeutic -incubation sanctuary temple, like Delphi, where clients slept to dream about the god or goddess and be

cured. Often people hoped to be healed by standing in the dirt under the sacred oak tree as well as sleeping in the sanctuary.

DELOS

Delos is also an Oracle Centre and was originally seen by Leto, Apollo's mother as a 'Floating Island' when Juno was trying to hunt her down and have her killed. Jupiter had fallen in love with this ancient Titaness, who was far older than him and Juno was jealous and enormously vengeful.

Delos is one of the most important mythological, historical and archaeological sites in Greece. Its location at the center of the Cyclades gives rise to the theory that the name of the Cyclades group of islands in the Aegean sea comes from the word, circle or 'kyklos' that form around the island of Delos. The island is famous as the birthplace of the twin gods Apollo and Artemis. As well as being an important archaeological site, Delos is connected geometrically with other important Greek sites and is a part of the 'oracle octave' as proposed by Livvio Stecchini.

Apollo's temple is the major religious site here, but Dionysius and Hermes also have temples here. I will write more about this in another post.

DELPHI

One hundred miles northwest of Athens, soaring high above the Gulf of Corinth, stands the holy mountain called Parnassus. Nestled amidst the pine forested slopes and rocky crags of the sacred peak are the beautiful and exceptionally well-preserved ruins of Delphi. A city of wondrous artistic achievements and grand athletic spectacles during the flowering of Greek culture in the first millennium BC (or 1000 years BCE), Delphi is best known, and supreme oracle site of the ancient Mediterranean world. I will see if this is true, because I think the healing power at Dodona is greater, because Dione (as in Dione Warwick) is a very ancient Earth Mother Goddess or personification of Gaia. Aphrodite, in one mythological version, was the child of Dione and Zeus-Jupiter. Thus Venus-Aphrodite is the epitome of abundance or fertility on every level.

According to the earliest legends the site was originally a sacred place of the earth goddess Gaia (also called Ge) and was guarded by her daughter, the serpent Python. Later legends state that the site was the center of the world as determined by the god Zeus. Two eagles (or ravens) had been released by Zeus from opposite ends of the earth and following great flights across the skies they finally met at Delphi. A still later legend relates that Apollo, the son of Zeus, came from his home atop Mt. Olympus to Mt. Parnassus to slay the great serpent Python. Fleeing from the peak, Python sought safety in the sanctuary of the Earth Mother at Delphi. Apollo relentlessly pursued Python, however, and claimed the site. Later repenting of his crime, Apollo purified himself (on the island of Crete) and, returning to Delphi, persuaded Pan (the goat-god of wild places and evocative music) to reveal to him the art of prophecy. Upon the site of his battle, Apollo erected his own oracular temple (orienting its axis to align with midsummer sunrise and midwinter sunset) and, at the exact place where he had 'speared' the serpent, an omphalos stone was set in the ground.

This omphalos stone (meaning 'center of the earth' to the ancient Greeks) later became the center of the inner sanctum of the shrine of the Delphic oracle. The site was originally called Pytho, after the guardian serpent. It was renamed Delphi after the dolphin (delphis in Greek), whose form Apollo took in order to bring Cretan sailors to Delphi so that they might become priests in his new temple. Regarding the omphalos, one legend tells that the original stone, now lost, was a large meteorite fallen from the sky in deepest antiquity, while another legend says it was the first physical object to emerge on dry land after the waters of the Deluge had settled. The omphalos stone currently on display in the Delphi museum, while very old and indeed from Delphi, is thus not the original sacred stone. It is interesting to inspect this exhibited stone however, for its conical form and sculptural designs derive from the old pillar and tree worship of the prehistoric goddess cults.

Archaeologically (as contrasted to the mythological discussion above) we know but little about the early beginnings of Delphi. Excavations have revealed the site was a Mycenaean village from 1500 to 1100 BC, during which time the primary religious emphasis was on an oracular cult of the Earth Goddess. Around 1000 BC the worship of Apollo became dominant when this new god was introduced by either the Dorians or other people from the northern region of Greece. The oracular use of the site continued during Apollo's occupation and, through the endeavors of politically astute priests, Delphi achieved Panhellenic fame as a major oracle shrine by the 7th century BC.

Women, who were considered more sensitive than men to the oracular powers of the site, would first bathe in the waters of the nearby sacred Castalian spring (said to have been created when the winged-horse Pegasus struck the ground with his hoof, and to be favored by the Muses). Next they would drink from the sacred Kassotis spring, inhale the fumes of burning laurel leaves and finally, sitting in meditation near the omphalos stone, would enter into a visionary trance state. Many archaic accounts of Delphi relate that the oracular priestesses, known as Pythia, sat upon a tripod-legged chair situated over a fissure in the earth from which emanated trance-inducing vapors. Plutarch (46 – 120 AD), a Greek philosopher who served as a priest at Delphi, and Strabo (64 BC – 25AD), an ancient geographer, each told of geologic fumes, known as pneuma, which caused the visionary trance states. Plutarch also commented that the gases had a sweet smell and that the oracular priestesses, after inhaling the gases, often behaved like runners after a race or dancers after ecstatic dancing. A traveler in the generation after Plutarch noted that the Kassotis spring, on the slope above the temple, disappeared underground and then emerged again in the adyton, this being the room inside the temple of Apollo where the oracular priestesses sat. It is interesting to note that the word pneuma, meaning gas, vapor and breath, gave rise to the English words pneumonia and pneumatic.

Until recently this matter was considered to be a fabrication from post-Delphic times. French archaeologists began excavating the ruins in 1892, digging down to the temple's foundations, but no evidence of a fissure or fumes was found. By 1904, a visiting English scholar, A. P. Oppé, declared that ancient beliefs in temple fumes were the result of myth, mistake or fraud. The Oxford Classical Dictionary in 1948 voiced the prevailing view: "Excavation has rendered improbable the postclassical

theory of a chasm with mephitic vapours.”

During the late 1990's however, a geologist, an archaeologist, a chemist and a toxicologist teamed up to produce a wealth of evidence suggesting that the ancient legends had in fact been accurate. The region's underlying rocks turn out to be composed of oily bituminous limestone fractured by two hidden faults that cross exactly under the ruined temple. Tectonic movements along the faults created friction that heated the limestone to a temperature at which the petrochemicals methane, ethane and ethylene vaporized. The two faults also created cracks through which underground spring water and the fumes could rise to the surface and help induce visions. In particular, the scientists found that the women communing with the oracle probably came under the influence of ethylene, - a sweet-smelling but psychoactively potent gas once used as an anesthetic. In light doses, ethylene produces feelings of disembodied euphoria and visionary insight. Concerning the effects of ethylene, some years ago an American anesthesiologist Isabella Herb discovered that a 20 percent mixture of ethylene produced unconsciousness but that lower concentrations induced trance states in which the patients remained conscious, were able to sit upright and respond to questions, and experienced out-of-body states and euphoria.

Earlier archaeologists studying the Temple of Apollo and its oracle chamber had noted several anomalous features of the temple's architecture. The adyton, the inner sanctum where the oracular priestesses had sat, was set two to four meters below the level of the surrounding floor; it was asymmetrical with a break in the internal colonnade having once accommodated a now vanished structure; and built into the foundations next to the recessed area were subterranean passages and a drain for spring water. Each of these features seems to indicate that the Temple of Apollo had been specifically designed to enclose a particular area of terrain where issued the oracular waters and vapors, rather than the temple having been created to house an image of a deity, such as was the primary purpose of other Greek temples.

Questions regarding the future would be asked of the oracular priestesses. The answers, interpreted by male priests and then spoken in verse, proved so accurate that the Delphic oracle came to exercise enormous political and social influence in the Greek empire for nearly a thousand years. Historical sources indicate that the Delphic oracle was open only one day per month during the nine months of the year when Apollo was considered to be resident at the site. For a variety of reasons the Delphic oracle was in decline by the 1st century AD and the last recorded oracle was in 362 AD. The Christian emperor Theodosius officially closed the vast temple in 393 AD, thereby signaling the end of the ancient tradition of Greek oracles and the ascendancy of the new god of Christianity. Delphi was abandoned to the elements and gradually fell into ruins.

Delphi is the place of an ancient goddess site being later taken over by a culture whose primary deity was a male god. The 'spearing' of the serpent may be interpreted as the marking of the energy beam point (a small area of concentrated energy at a power place) with a spear of stone and also the symbol of the masculine usurpation of a feminine deity shrine. The omphalos stone, and the earlier marker stone it replaced, were used to gather, concentrate and emanate the energies of the power place for the benefit of the local people. From earliest times the particular energy of the site, as well as the chemical vapors rising from deep within the earth, had been recognized to induce prophetic visions in people and as a consequence a quasi-religious cult had developed over time.

Here we have Tholos temple at the Sanctuary of Athena Pronaia, with sacred Mt. Parnassus in the background. Located roughly one-half mile from the main concentration of buildings at Delphi, Athena Pronaia was the gateway to Delphi. The site, having been occupied since the Neolithic Period (5000-3000 BC) and later by the Myceneans, may actually predate Delphi as a sacred place. Originally dedicated to the worship of an Earth Goddess, the shrine was eventually occupied by Olympian deities, Athena in particular. A guardian of wisdom and spiritual consciousness, Athena continued the ancient veneration of the feminine principle and brought devotion to the Earth Mother into the Classical Age of Greece. The Tholos temple, built in the early 4th century BC, has an unusual circular shape. This shape and the leaf-adorned capitals of its Corinthian columns are representations of the sacred forest groves of the old Earth Goddess religion. Writing in *The Earth, The Temple, and The Gods*, Vincent Skully comments that

“The omphalos, or navel, which was supposed to mark the center of the world, was kept in the sanctuary of Apollo's temple itself (in the center of nearby Delphi), but the Tholos of Athena's sanctuary more clearly seems to evoke the navel of the earth than does any other building there.”

Mt. Parnassus, in addition to its other mythological associations, holds a similar position in Greek legends as Mt. Ararat holds in the Old Testament. After the waters of a great flood receded, an ark-like boat carrying Deucalion and his wife Pyrrha landed on Mt. Parnassus. High upon the mountain, Deucalion sought advice from Themis, a resident earth goddess, regarding how to repopulate the earth with humans. Themis instructed Deucalion and Pyrrha to throw rocks over their shoulder, these being the “bones” of the Earth Mother, and that the stones would be transformed into the first human beings. Themis (who was another daughter of Gaia, by Uranus) also figures in an alternate legend of the Delphic oracle. In this account, Themis succeeded Gaia as the guardian of sacred Mt. Parnassus and later instructed Apollo in the arts of prophecy. In these myths, Apollo does not kill the serpent Python, but rather an evil dragoness known as Delphyne. Python then becomes the guardian of Apollo's oracular temple, while Themis continues to reside upon Mt. Parnassus. Mt. Parnassus is also the legendary home of the Muses (three or nine in number according to different legends), these being divine singers and musicians whose music enchanted the gods. The association of the Muses with the mountain has made it a source of poetic inspiration and the favoured pilgrimage destination of poets.

CONCLUSION

Please message me if you would like to come with me as a fellow traveller this year and as a member of my tour next year.

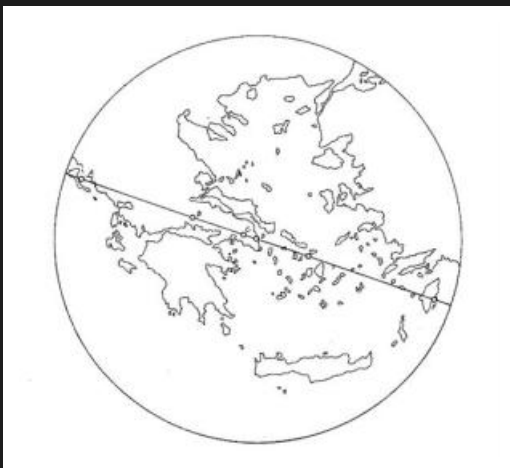
Advantages :

- I have visionary abilities to tell you what is happening at each sacred site, teaching, and shamanic experience to help

you see clairvoyantly and hear clairaudiently.

- I will be giving daily “talks” and instruction on grounding as these places can make you euphoric and ungrounded.
- I will be looking at the energies in your charts and teaching appropriate yoga poses and breathing so you will be grounded and helping you understand, before we go, about the energy and possible visions you may have at each site.
- I will also be giving advice on the ethics and protocol of giving back to the earth for allowing you to be there and be healed in any way.
- You may also have initiations at particular sites as the energy is so high and this will make you a more compassionate person with greater clairaudient, clairvoyant and clairsentient abilities. Note the word “may”. It is not guaranteed that you will evolve here, but certainly everyone who goes to these sacred healing temples reports the most wonderful feelings.
- For example, when I walked the Mary-Michael Leyline in southern England from Land’s End to Bury St Edmunds I certainly had a full scale initiation at Glastonbury, but I felt nothing at the Cheese ring stone circle. Everyone is different and in my case transiting Neptune and Uranus were conjuncting my Sun. At the moment transiting Chiron is transiting my first house.
- I will look at and discuss, particularly, your natal Hygeia, Jupiter, Zeus, Sun, Moon, Venus and probably Ceres and Vesta as we may visit Demeter and Hestia’s temples on the Acropolis. I will talk to you and our group about how relocating to these spots in Greece can effect you. Zeus is one of the Trans-Uranian planets.
- I will see what the costs and time is like this year to see if in the future I can include Mt Pelios- Chiron’s home and places like Cluny and Mont San Michele which are also on the Apollo-Athena line. I forgot to say previously that Athena, in Hellenistic times Athena took on the name Athena Hygeia as she became a healing goddess. Apollo was always the god of healing and he originally was Chiron’s teacher.

I am most probably going on my exploratory tour in September, 2017.
Thanks for being an armchair traveller with me as you read this article.
I send you joy and many blessings,
Hilary.



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