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## STUDENT RESEARCH, PAPERS, AND CREATIVE WORKS

### Eating with the Seasons, Anishinaabeg, Great Lakes Region

[Derek Nicholas](#), *University of Minnesota - Morris*

#### Document Type

Book

#### Publication Date

2020

#### Abstract

Eating with the Seasons, Anishinaabeg, Great Lakes Region is a field guide to seasonal eating. With over 24 recipes, and with the addition of Anishinaabemowin language and cultural lessons the author, Derek Nicholas, hopes to share the knowledge he has accumulated.

#### Comments

This book was originally published on March 10, 2020 on [Blurb](#), and is available for free from that platform. This book was sponsored through the Tiwahe Foundation Oyate Leadership Project Grant.

#### Recommended Citation

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excluded. Simply put, adherents of this direction completely or partially refuse to eat meat, replacing it with plant products. For some, such a nutrition system is a reflection of the psychological rejection of violence against animals, for some - it. For the Anishinaabeg people, who span a vast geographic region from the Great Lakes to the Plains and beyond, stories are vessels of knowledge. They are bagijiganan, offerings of the possibilities within Anishinaabeg life. Existing along a broad narrative spectrum, from aadizookaanag (traditional or sacred narratives) to dibaajimowinan (histories and news)-as well as everything in between-storytelling is one of the central practices and methods of individual and community existence. Anishinaabeg stories are embedded in relationships and relationship-making practices—they institute them, explain them, and/or define them. Many see stories as the living strands (indeed, even living beings themselves) that constitute the relationships Great Lakes Region Blurb Book Seasons Field Guide Books Harvest Author Random Painting. Eating with the Seasons, Anishinaabeg, Great Lakes Region Ebook by Derek Nicholas | Blurb Books. Download Eating with the Seasons, Anishinaabeg, Great Lakes Region Ebook by Derek Nicholas. Eating with the Seasons, Anishinaabeg, Great Lakes Region Eating wit Violadiva. Violadiva is an oxymoron, a musician, a yogi, a Suzuki violin teacher, a late-night baker of sourdough breads, proud Mormon feminist, happy wife of Pianoman and lucky mother to three.